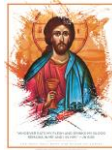


JUNE 14, 2020 THE MOST HOLY BODY AND BLOOD OF CHRIST



Parish Web Site - www.superiorcatholics.org
 Superior Diocese Web Site - www.catholicdos.org
 In the event of an **Emergency after Business Hours**
 Call Fr. Andrew at 715-392-8511

FINANCIAL CONTRIBUTIONS

	<u>June 6/7</u>	<u>Last Year</u>
Envelopes:	114	143
Collection:	\$7,828.50	\$6,609.00
On-Line Giving (68)	\$4,839.00	\$2,476.00
Loose Collection	\$ 217.00	\$ 866.00

Thank you for your generosity!

MASS INTENTIONS

TUESDAY, JUNE 16, 2020

8:30 A.M. – Milt & Jean Schroeder-M
 Marilyn Magnuson

WEDNESDAY, JUNE 17, 2020

8:30 A.M. – Health & Welfare of Jean Kioski
 Connie & Dennis Pratt

THURSDAY, JUNE 18, 2020

8:30 A.M. – Dom & Pat Moselle-M
 Mike & Susan Collins

FRIDAY, JUNE 19, 2020

8:30 A.M. – Laurel Koehler-M
 Jim & Laura Kremer



WEEKEND MASS SCHEDULE

SATURDAY, JUNE 20, 2020

4:00 P.M. – Spiritual and Temporal Welfare of
 Cathedral Parishioners

SUNDAY, JUNE 21, 2020

7:30 A.M. – Tony Depta, Sr.-M
 His Family

10:30 A.M. – Fr. Peter Mary Rookey, OSM-M
 Barb Roubal



In Loving Memory of... Linda Carter. May she be granted eternal rest and may the Lord's peace and comfort be with her family and loved ones.

VOCATIONS... Pay attention to the nourishment you receive from the Bread of Life. Share it with another. (Deuteronomy 8:2-3,14-16)

CATHEDRAL CHURCH CALENDAR

**ALL EVENTS HAVE BEEN CANCELLED UNTIL
 FURTHER NOTICE**

MINISTRIES

PRAYER MINISTRY – There are people in the parish willing to share your needs and prayers. Please call 715-394-4927 if you or a loved one is in need.



STEWARDSHIP OF TREASURE

The Scriptures today remind us that “we, many though we are, are one body for we all partake of the one loaf.” How are we using our gifts of time and talent to build up the body of Christ?

FROM THE RECTOR'S DESK

As we transition back to in person Masses, all hymnals and worship aids have been removed from the church. For those who like to follow along with the worship aid, you can find it in the myParish app. You are encouraged to use your smart phone or tablet during Mass if you would like to follow along.

To access the myParish app on your smart phone or tablet:

1. Search myParish on the Google Play or the App Store
2. Download the app
3. Enter 54880 as the ZIP Code
4. Allow all notifications

Our parish websites have merged into one Superior Catholics website for our cluster. Go to www.superiorcatholics.org for bulletins, parish news, online giving, and so much more!

Your weekly offering can be left at Mass, put in the mail, put it through the mail slot in our front door, or choose to give online at www.superiorcatholics.org. Thank you for your support!



SUMMER/COVID OFFICE HOURS

**Monday – Thursday
 9:00 AM to Noon**

Closed on Fridays

**If possible, please conduct all parish business
 through mail, phone calls or email.
 Thank you!**

CATHEDRAL NEWS

CATHEDRAL GARDEN CLUB NEWS

The Cathedral Garden Club will be meeting to weed the gardens on Monday, June 15, June 29, July 13, July 27, August 10, August 24, and September 14 at 6:00pm. Please join us ~ no weeding experience needed.

WEEKLY MEDITATION

The celebration of the Eucharist is the highest form of Christian prayer. Jesus defines the bread and wine and his body and blood, and then he commands his disciples to “take and eat...take and drink” in his memory. Besides the readings we will hear at Mass, some other crucial Scripture passages testify to this essential element of our faith:

- Matthew 26:26-29
- Mark 14:22-26
- Luke 22:14-23
- John 6:51-58
- 1 Corinthians 11:23-26

What happens when we go to Mass? What do we encounter when we open our hearts to this hour long prayer? Here are few key points:

- We hear a good selection of the Word of God
- We receive Jesus Christ in Holy Communion
- We unite in prayer with others
- We pray for the sick, those who have died, and our special needs
- We have a few moments for silence and reflection

Of course in our fast paced, *entertain-me-so-I-won't-be-bored* world, we can look upon the central prayer of the Church and wonder why the Mass doesn't “get modern.” The reality is that the Mass continues to adapt to the culture and times. The real question is this: Do I come to the Mass with an open heart to encounter the Lord and his disciples? Do I come with a focus to offer my life to be renewed by Christ?

Here are seven ideas for getting the most out of Mass:

1. **Read the Sunday Scriptures ahead of time.** This way you can get a sense of the key themes and be better prepared to follow the homily.
2. **Come prepared to pray.** This seems obvious, but many people often don't come with their “list” of intentions and needs. Take some time before Mass to consider who or what in your life could use a prayer.
3. **Pray before Mass starts.** Sometimes we can rush into church, drop into a pew, and try to follow along with the Mass. Give yourself 5-10 minutes to reflect on the past week, look to the next, and ask the Lord for guidance and strength. It really helps!
4. **Receive Holy Communion with heightened awareness.** This is Jesus Christ who offered his life on a Cross for the salvation of our souls. It's his blood that was poured out for the forgiveness of our sins. Make that moment of receiving Him intentional and reverent; let the “Amen” come from your heart!
5. **Pray after receiving Holy Communion.** You have just received the Lord Jesus into your body – you have become a living Tabernacle – there is no better time to offer the deepest, most important issues on your plate to the one who loves you.

6. **Consider one takeaway that you experienced from every Mass.** Name one thing (just one is perfectly fine) that struck you at every Mass. Perhaps it was a point in the homily, a line from a hymn, someone you prayed for, something you experienced, or an insight that came to you in silence. By naming one takeaway you actively participate in the prayer and engage your faith as you live your life.
7. **Use a resource to get the most out of Mass.** Some people like a devotional, missal, or prayer booklet – something that can be used both in and out of church. Others prefer an online resource where they can follow up at a website, video, or podcast. Still others favor their smartphones for handheld resources that they can take anywhere. Find what works for you...the only true measure is the resource that helps you engage your faith each and every day.

Jesus Christ gives us the gift of himself in every Mass. He defines what we do and commanded us to do it. Every time we come to Mass we encounter the Lord and allow his grace to transform our lives. May his Body strengthen our bodies; may his Blood flow through our veins.

After all, as his disciples, we have his work to do.

Fr. Andrew



Question for Children: How does receiving Holy Communion change how you treat those around you?

Question for Youth: Jesus tells us that through the Eucharist we will remain in him and he is us. How does the Eucharist keep you in relationship with Jesus?

Question for Adults: Share one way that the Eucharist connects us as “one body” – how does it change the way we relate to each other?

Readings for the week of June 14, 2020

Sunday: Dt 8:2-3,14b-16a/Ps 147:12-13,14-15,19-20[12]/1 Cor 10:16-17
Jn 6:51-58
Monday: 1 Kgs 21:1-16/Ps 5:2-3ab, 4b-6a, 6b-7 [2b]/Mt 5:38-42
Tuesday: 1 Kgs 21:17-29/Ps 51:3-4, 5-6ab, 11 and 16 [cf. 3a]/Mt 5:43-48
Wednesday: 2 Kgs 2:1, 6-14/Ps 31:20, 21, 24 [25]/Mt 6:1-6, 16-18
Thursday: Sir 48:1-14/Ps 97:1-2, 3-4, 5-6, 7 [12a]/Mt 6:7-15
Friday: Dt 7:6-11/Ps 103:1-2,3-4,6-7,8,10 [cf. 17]/1 Jn 4:7-16/Mt 11:25-30
Saturday: 2 Chr 24:17-25/Ps 1 Sm 2:1, 4-5, 6-7, 8abcd [cf. 1]/Lk 2:41-51
Next Sunday: Jer 20:10-13/Ps 69:8-10, 14, 17, 33-35 [14c]/Rom 5:12-15
Mt 10:26-33

SOCIETY OF ST. VINCENT DE PAUL

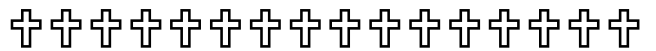
Summer Weather is Here!

We have summer clothing available for those in need as well as emergency food and household goods. If you or anyone you know is in need please have them contact us at 715-398-4039. At this time we are still unable to take donations of goods. We will make people aware through these bulletin announcements if there is any change. Financial donations can be mailed to SVDP ~ 1416 Cumming Avenue, Superior. We are grateful for your support!

OTHER INFORMATION

We urge you to use our parish cluster resources for your spiritual enrichment:

- Our website for weekly bulletins and undated information: superiorcatholics.org
- Use the myParish app (instructions to download below)
- Online at Formed.org (instructions to download below)
- Facebook pages: Cathedral of Christ the King, Cathedral School, St. Anthony-Superior, Holy Assumption, St. Anthony-Lake Nebagamon, St. William
- Fr. Andrew's daily homilies and presentations: studyprayserve.com
- And for those of you who do not use online resources: read your Bible, pray the Rosary, use the devotionals that were mailed to your home, or read any of the books handed out at Christmas and Easter
- During this time I will be offering a Mass that will be livestreamed on Facebook Tuesday through Friday, at 8:30am and Sundays at 7:30am. It will be shared on all of our parish FB pages, and you will be able to view it any time after 9am.
- **Directions for downloading myParish app on a phone or tablet:**
 - 1. Search myParish on the Google Play or the App Store
 - 2. Download the app
 - 3. Enter 54880 as the ZIP Code
 - 4. Allow all notifications
- **Directions for Formed.org**
 - 1. Go to <https://formed.org/>
 - 2. Click Sign Up
 - 3. Click I Belong to a Parish or Organization
 - 4. Enter 54880
 - 5. Click on Cathedral of Christ the King



“I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world...”

“For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him.” — Jn 6:51, 55-56

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



