

1410 Baxter Avenue, Superior, WI 54880

Office (715) 392-8511 Fax (715) 392-3457

*www.superiorcathedral.org*

Fr. Andrew’s Summer Challenge!

Part III – Now what do I do? Here are some ideas…

-exercise -go to a jazz jam session  
-call a friend -visit a cemetery and read the gravestones  
-study, do your homework -study your favorite religious book  
-write a handwritten letter to friends or family -write a letter  
-talk to a family member in your home -write a poem  
-catch up on needed sleep -write a story, play, song or script  
-read something related to a hobby -send a thank you card  
-telephone a relative - see what grandma is up to. -make and fly a kite  
-clean your room -play in a band  
-start a home improvement project -go to a café and study  
-practice an instrument -go to a café and visit a friend  
-go to a museum -road trip!  
-go to a sporting event -observe an up-and-coming artist  
-go for a bike ride -take an adventure trip  
-tell mom you love her; ask about her childhood -go for a walk  
-rent or check out from the library a foreign film -Pray  
-look at your baby pictures; get your folks to tell stories -call your Mother (Dad won’t mind either)  
-make a movie -Play some games with kids  
-help a family member with homework -Clean a room  
-help your parents -Learn a song  
-go skiing -Pray  
-go mountain biking -Sing together   
-work on a yard or house project -Bake something new  
-study a foreign language -Catch up on projects  
-prepare a tasty meal -Memorize Scripture  
-volunteer at a local institution i.e. hospital -Read a book  
-go to a quiet field and count stars -Paint a picture  
-ask a question of your parents -Color  
-work in the garden -Read some more books  
-listen to a great radio station -Listen to a new piece of music  
-read the newspaper -Refinish a piece of furniture  
-do a triathlon -Make paper airplanes  
-go to the library -Research your family history  
-visit an historical society -Cook, then invite people to the house  
-explore a new neighborhood -Order pizza, then invite people to the house  
-spend time w/your pet -Make a date with someone – special!  
-help a friend -Listen, truly listen, to someone in need  
-tell your brother or sister that you love him or her -Pray some more

1 - Talk to someone. Your spouse or kids is a good place to start. Also, you might consider catching up with a friend or family member.  
  
2 - Read. Magazines, newspaper, books, etc. It's all good, and good for you.  
  
3 - Go for a walk. With someone or alone. It's healthy, plus you'll get a chance to talk with someone one on one if you take them with you.  
  
4 - Take up a hobby. Guitar, woodworking etc. The thing doesn't matter. It's the doing that does. You can do it at home or sign up for a class. It's not that difficult and you might just have some fun.  
  
5 - Go for a drive. Preferably somewhere you enjoy.  
  
6 - Do a puzzle. Crossword, jigsaw, etc.  
  
7 - Clean up the place. The house, the garage, your computer. There's always something that needs either cleaning or tidying up.  
  
8 - Play with your kids. Enough said.  
  
9 - Repair something. There's always something broken, why not go fix it.  
  
10 - Learn something. Either at home, or away at a class or in a course. Learn a new language, get a degree. It's all possible.  
  
11 - Write. Novels, short stories, poems, songs or letters, e-mail. Your choice.  
  
12 - Play a sport. Basketball, volleyball, football, baseball. There's a ton of them to choose from, all good for your physical health, plus the social aspect will help keep your mood light.  
  
13 - Do some landscaping. Yard work. It's all out there waiting.

14 - Go out for a long dinner. Preferably with someone you like.  
  
15 - Plan an event. Family, work, friends. Family reunion? Class reunion? A local dance?  
  
16 - Visit a friend. Or an enemy. Someone. Anyone.  
  
17 - Workout. At home or at a gym. Or go swimming or play tennis. Or golf.  
  
18 - Play games. Board games, social games, any kind of game. Most of them are fun.  
  
19 - Socialize with others. Shoot pool. Throw a party.  
  
20 - Make a fancy meal. What sounds good?  
  
21 - Go somewhere you've never been. How about rowing a boat across a lake? Or go sit on a bench outside of a store at a strip mall and watch the people come and go.  
  
22 - Go to a sporting or entertainment event. A ball game, or a play, concert or comedy club. Whatever you like.  
  
23 - Go dancing. Regular or country. Both are pretty fun.  
  
24 - Join a club. Computer, chess, dancing etc.  
  
25 - Start a business. At home or with a parner. Whatever kind you like. You'll probably have some fun while doing it.  
  
26 - Dream about what you would like to change in your life.  Imagine new possibilities for yourself.  Now take the time to make them come true.  
  
27 - Pray.  Set aside a few minutes each day to check in with the Lord.  Listen to the Scriptures.

https://mail.google.com/mail/images/cleardot.gif