

MAY 1, 2022 THIRD SUNDAY OF EASTER

Parish Web Site - www.superiorcatholics.org
 Superior Diocese Web Site - www.catholicdos.org
 In the event of an **Emergency after Business Hours**
 Call Fr. Andrew at 715-392-8511

DAILY MASS INTENTIONS

TUESDAY, MAY 3, 2022
 8:30 A.M. – Monserat Penalosa-M
 The Lao Family

WEDNESDAY, MAY 4, 2022
 8:30 A.M. – Alice Stack-M
 Catholic Daughters of the Americas Court #1190
 Superior

THURSDAY, MAY 5, 2022
 8:30 A.M. – The Deceased Members of the Edge,
 Pitzen, Kontrim, & Ketchum Families-M
 Doug and Mary Jo Edge

FRIDAY, MAY 6, 2022
 8:30 A.M. – Nick Doyle-M
 Greg & Vickie Owens

WEEKEND INTENTIONS



SATURDAY, MAY 7
 4:00 P.M. – Kathy Dusek-M
 David Dusek

SUNDAY, MAY 8
 7:30 A.M. – Edmund Frances & Eddie Guenard, Jr.-M
 Greg & Barb Guenard
 10:30 A.M. – The Spiritual and Temporal Welfare of
 Cathedral Parishioners

THE SANCTUARY CANDLE for the week of May 1st
 Will burn In Memory of Kathy Dusek

By David Dusek

IN LOVING MEMORY OF...Mike Reed and Herb
 Bergson... May they be granted eternal rest and may the
 Lord's peace and comfort be with their families and loved
 ones.

VOCATIONS... How am I being called to feed the
 lambs of Jesus?
 (John 21:1-19)



EUCCHARISTIC ADORATION

Eucharistic Adoration will be on Thursdays at
 Cathedral from 1:00-3:00pm. *Come when you can;
 leave when you must.*

Cathedral Church Calendar

Sunday, May 1	2:00 pm – First Communion
Monday, May 2	6:45 am – Rosary (livestream only)
	6:30 pm – Prayer Group Meeting (Kress Hall)
Tuesday, May 3	6:00 pm – Society of St. Vincent de Paul (Kress Hall)
	6:00 pm – K of C Exemplification
	7:00 pm – K of C Meeting (Kress Hall)
Wednesday, May 4	7:00 pm – Confirmation Practice
Thursday, May 5	1-3:00 pm – Adoration
Friday, May 6	1:00 pm – Poetry Cafe (Kress Hall)
	7:00 pm – Confirmation at Cathedral

LITURGICAL ROLES for MAY 7/8

READERS:

4:00 Pat Wildenberg
 7:30 Greg Leszcynski
 10:30 Scarlett Austreng



EUCCHARISTIC MINISTERS:

4:00 James Johnson (F) & Pat Wildenberg (B)
 7:30 Sandra Frazier (F) & Susan Collins (B)
 10:30 Thomas Sitek (F) & David Dusek (B)



PRAYER MINISTRY –



There are people in the parish willing to share your
 needs and prayers. Please call **715-392-3031** if you
 or a loved one is in need.

STEWARDSHIP OF TREASURE

In today's Gospel, Jesus tells Peter again and again,
 "If you love Me, feed my sheep." He says the same
 to each of us, "If you love Me, use the gifts I have
 given you to serve your brothers and sisters."

	<u>May 1/2</u>	<u>Last Year</u>
Envelopes:	85	95
Collection:	\$3,465.00	\$6,108.00
On-Line Giving (53)	\$3,790.00	\$2,106.00
Loose Collection:	\$ 573.00	\$ 443.00

Thank you for your generosity!



FROM THE RECTOR'S DESK

WEEKLY MEDITATION

Here are some of the key themes that surface in the readings for the 3rd Sunday of Easter.

1st Reading - Acts 5:27-32, 40b-41

- The Apostles stand before the Sanhedrin, stating that they must obey God rather than men.
- The Apostles rejoice that they were found worthy to suffer dishonor for the sake of the name of Jesus.

Psalm - 30:2,4-6,11-13

- "I will praise you, Lord, for you have rescued me."
- God offers help in times of testing and trial.

2nd Reading - Revelation 5:11-14

- John sees the heavenly host of angels praising the Lamb of God.
- All present cry out, "Amen!" and worship the Lord.

Gospel - John 21:1-19

- A group of disciples recognize the Risen Lord while fishing.
- Peter responds three times to Jesus' question, "Do you love me?"

Fr. Andrew

Question for Children: Jesus asks Peter three times if Peter loves Jesus. What one thing can you do this week to show Jesus your love?

Question for Youth: Jesus asked Peter three times to "feed my sheep." Who are you being called to help in your life right now?

Question for Adults: Christ continues to feed us as his disciples, even after his death and resurrection. How does the Eucharist feed your faith?

MASSES AT ST. MARY HOSPITAL, SUPERIOR

Masses have begun again at St. Mary's Hospital, Superior, on Wednesdays at 11:15 A.M.

Readings for the week of May 1, 2022

Sunday:	Acts 5:27-32, 40b-41/Ps 30:2, 4, 5-6, 11-12, 13 [2a]/Rv 5:11-14/ Jn 21:1-19 or 21:1-14
Monday:	Acts 6:8-15/Ps 119:23-24, 26-27, 29-30/Jn 6:22-29
Tuesday:	1 Cor 15:1-8/Ps 19:2-3, 4-5/Jn 14:6-14
Wednesday:	Acts 8:1b-8/Ps 66:1-3a, 4-5, 6-7a/Jn 6:35-40
Thursday:	Acts 8:26-40/Ps 66:8-9, 16-17, 20/Jn 6:44-51
Friday:	Acts 9:1-20/Ps 117:1bc, 2/Jn 6:52-59
Saturday:	Acts 9:31-42/Ps 116:12-13, 14-15, 16-17/Jn 6:60-69
Next Sunday:	Acts 13:14, 43-52/Ps 100:1-2, 3, 5 [3c]/Rv 7:9, 14b-17/Jn 10:27-30

CATHEDRAL NEWS

BOOK CLUB

May 12th Cider House Rules - John Irving 

The Cathedral Book Club will meet at 6:30 pm in the Cathedral Parish Office Meeting Room for a one-hour conversation. All are welcome to join us.

Watch Mass live on the myParish app!

Look for the Mass Videos button to watch Mass live right from the myParish app. The app has lots of great features. You can set a prayer reminder, walk through the Examination of Conscience prior to confession, read the readings of the day, or listen to homilies. The myParish app can be downloaded free on your mobile device in the iTunes or Google Play store.

PRAYER GROUP MEETING



Monday, May 2
6:30 PM Cathedral Kress Hall
All are welcome!



Any questions please call Anna Marie ~
715-392-1673
(Meets every 1st and 3rd Mondays of the month)

YOUTH GROUP

Youth Group Update

The Superior Catholics Youth Group is extremely grateful to all the Parishioners in our Cluster who generously donated this year. By purchasing Cheeseballs, private donations, supporting our community volunteering, preparing and sponsoring meals, you have shown how much you care for our Ministry. Earlier this month, so many of you contributed and gave enough funding that all our campers can attend Extreme Faith Camp with ease! THANK YOU!!! Your kindness is greatly appreciated!

Please remember the Youth Group will be holding a year-end celebration at St. Williams on May 21, 2022. All families and parishioners from the Cluster are invited! We'll be having a picnic, hiking at Pattison Park, nerf guns, and finish with 6pm Mass.

Please RSVP to Virginia Kovaleski at 952.300.1671 or vrkovy@gmail.com. God Bless!

CLUSTER NEWS

SOCIETY OF ST. VINCENT DE PAUL

SPRING AND SUMMER CLOTHING!

We WILL have warmer weather and so we are prepared to distribute seasonal clothing to our brothers and sisters in need. We were blessed with a crew of volunteers from NBC bank who helped us last week with our seasonal transition. We are grateful!

If you or someone you know is in need of clothing, household goods, or furniture, please call and leave a message for us. If you have donations, you can leave a message for us and we can accept items we have in short supply. Currently we have an abundance of women's clothing (except in XXXL and larger sizes).

Thank you for your donations and support! God bless you. 715-398-4039.

CATHEDRAL SCHOOL NEWS



Upcoming School Events

- May 4 Crowning of Mary at School Mass
- May 6 1:30 pm - 2nd Grade Poetry Café (Kress Hall & Livestream)
- May 11 Sacramental Mass
- May 19 MS & 5th Grade Band Concert (School Gym)

Enrollment News

Cathedral school teaches the Catholic faith in an academically rich learning environment where students can develop their full potential academically, socially, and spiritually. Please call us at 715.392.2976 to learn more about joining our school family.

Help your Cathedral School Community

Please remember that the school still collects Box Tops for Education, Coke Rewards, and pop tabs for Ronald McDonald House of Duluth and Superior. You are now also able to support Cathedral School through Amazon Smile.

ST. ANTHONY SPRING TEA LUNCHEON



St. Anthony Church, 4315 E. 3rd Street, Superior, will hold their Spring Tea Luncheon on Saturday, May 14 at 12:00 Noon. Tickets are \$20.00 per person and advanced reservations and payment are required. To reserve your spot please email: stanthonyspringtea@gmail.com.

The event is for men & women alike! Don't miss this elaborate, five-course luncheon. Follow us on our Facebook page, St. Anthony Spring Tea Luncheon for news and updates.

OTHER NEWS

FIESTA de MAYO TACO DINNER

Holy Assumption Church

5601 Tower Ave.

Wednesday, May 11, 2022

4:30 – 6:30 pm

Menu includes 3 hard shell or 2 eight inch soft shell tacos with all the fixings, Mexican rice, refried beans, chips and salsa, beverage, and cookies.

All for \$8.00 10 & under \$5.00 Additional tacos \$2.00 each

Take outs available 715-394-7919
Handicap Accessible

Catholic Daughters (CDA) Spring Banquet:

Monday, May 16, 2022 – Dreamland Supper Club, 4368 S. County Trk E, South Range, WI 54874.

Social hour: 5:00 pm.
Dinner: 6:00 pm.

Please contact Carol Schiesser with your reservations by Friday, May 6th. *People are willing to give rides for those who wish to get a ride.*

CHICKEN DINNER THANK YOU

We want to recognize and thank all who helped to make the chicken dinner a success! Thank you to all the VOLUNTEERS – adults, students, chicken dinner regulars & first timers - who gave their “time & talent”. Thank you to the SPONSORS who gave their “treasure” to defray dinner expenses. Once again, all expenses were covered! Thank you to the OFFICE & MAINTENANCE STAFF for their valuable behind the scenes support & to FR ANDREW for tirelessly promoting the event.

And to our GUESTS...THANK YOU for your long-time support of the Cathedral Chicken Dinner!

Your Chicken Dinner Committee

CALLED TO DISCERN A VOCATION TO THE PERMANENT DIOCONATE

The Diocese of Superior, Office of Permanent Diaconate, in collaboration with Our Lady of the Lakes Cluster, Ashland and Our Lady of the Holy Rosary Cluster, Medford, is hosting two separate *Inquiry Days* for men ages 35-60 in initial stages of discernment of a vocation to the Permanent Diaconate.

You (and your spouse if applicable), are invited to attend one of these Inquire Days:

Thursday, April 28, 2022, at Our Lady of the Lake Parish in Ashland from 6:00 p.m. – 8:00 p.m.

Or

Thursday, May 5, 2022, at Our Lady of the Holy Rosary Parish in Medford from 6:00 p.m. – 8:00 p.m.



FIRST LUTHERAN CHURCH, THE ARROWHEAD AMERICAN GUILD OF ORGANISTS & FRIENDS OF THE FELGEMAKER ANNOUNCE:

A NORDIC EXPERIENCE OF CONCERTS AND WORKSHOPS Three Days and Three Ways to Celebrate Nordic Organ Music

FRIDAY, MAY 13 7:00 PM - FIRST LUTHERAN CHURCH, DULUTH

- James D. Hicks, concert organist, performs a solo recital
- Free will donation to event
- Public is invited

SATURDAY, MAY 14 10:00 AM (9:30 CHECK-IN) - FIRST LUTHERAN CHURCH, DULUTH

- James D. Hicks leads a workshop on accessible Nordic organ music
- Free event, \$10 for lunch (register for lunch at info@arrowheadago.com)
- Public is invited

SUNDAY, MAY 15 3:00 PM - SACRED HEART MUSIC CENTER, DULUTH

- James D. Hicks, organ, Melanie Ohnstad, organ, Kristina Lantz, violin, Erika Lantz, vocalist, Arna Rennan, folk musician & the historic Felgemaker Pipe Organ
- Suggested donation of \$20
- Public is invited

* Notice: Masks Required at all 3 events

** Proof of COVID 19 vaccination at Sunday event

SDCCW Convention June 28th and June 29, 2022

Women of the Diocese of Superior, attend the 72nd SDCCW (Superior Diocesan Council of Catholic Women’s) Annual Convention June 28th and June 29th, 2022 at Heartwoods Resort & Conference Center, Trego, Wis. 2 convention days packed with ***spirituality, education, camaraderie, and fun!*** Registration forms with more convention information are available <https://sdccw-wisconsin.weebly.com>. The deadline for Registration is June 21st!



CATHEDRAL OF CHRIST THE KING

1410 Baxter Avenue, Superior, WI 54880

Office (715) 392-8511 Fax (715) 392-3457

www.superiorcathedral.org

Father Andrew's Summer Challenge!

This is an excerpt from an article published by Eyesafe Nielsen Estimates...

Recent reports from Nielsen suggest that media consumption has increased 60% due to COVID-19 and home confinement during March, 2020. Given already high screen time hours, this increase is significant. Eyesafe analyzed the current Nielsen Audience Report numbers to develop the "Screen Time Report" which excludes Radio, to understand the actual amount of time the population is in front of devices on a daily basis.

Nielsen has found that in previous times of crisis requiring forced time spent home can lead to a 60% increase in media use. Additional surveying from Nielsen has found that working from home results in increased screen time with worker in the office spending more than 21 hours per week, and workers from home spending 25 hours per week, on work devices.

With a 60% increase in TV and Game Console Media use, and 14% increase in Mobile and Work-Related Device Use, Eyesafe estimates U.S. screen time per person 18+ has increased to 13:28 hours per day in March 2020, up from 10:09 hours per day in Q3 2019.

The Eyesafe estimated per day use of screens for March 2020 in the U.S. includes:

- Live TV: **5:31**
- Time-Shifted TV: **:46**
- Game Console: **:20**
- Internet Connected Device: **:43**
- Internet on a Computer: **:36**
- App/Web on a Smartphone: **4:31**
- App/Web on a Tablet: **:59**
- Total Screen Time Per Day: **13:28**

This shift in screen time is resulting in increased high-energy blue light exposure, concerning for children and adults. Further analysis will review this continued trend in screen time consumption globally and exposure to high-energy blue light in our new reality.

Source: <https://eyesafe.com/covid-19-screen-time-spike-to-over-13-hours-per-day/>
Date Verified: March 28, 2021

"We unite our hearts to Jesus Christ through study, prayer, and service."

I look at these statistics and I believe that we can do better!

Now while I admit that there is good programming on television and on the web, I suggest that at times it is difficult to find. **Therefore, I propose a challenge: Take time during the month of May to talk about the role of television, internet, and video games in your house, and consider one of the following for the three great summer months of June, July, and August:**

1. Cold Turkey. That's right! Dump the screens and fill your life with 1001 activities that are good for your mind and your body. Unplug the set(s), stop the video games, and shut down the internet wherever possible. Take back your life and CHOOSE for yourself what kind and type of entertainment and recreation is good for you. And if you need "screen time" by all means take it... but only when YOU CHOOSE what and when you watch. If you can't handle this.....

2. Cut the time. The average American now watches 38+ hours of television a week (that's 5 hours and 31 minutes a day). Decide for yourselves what you choose to watch and set a goal for each person in the house to watch no more than 10 hours a week (about 1 ½ hours a day). If this is still too much for your electronic addiction then.....

3. Have a household discussion. Sit down and discuss what you are watching and come up with a plan. How much TV is too much? What kind of programming is being viewed? How much "surfing" on the web is really useful? What are some alternatives to the mind-numbing effects of the tube? Set limits for yourself.

Talk about the challenge and decide if you would be willing to follow through for 3 months. Some people think that I am crazy to even suggest this, but do we really want our lives completely wrapped around a screen? Do we really want to open our minds and hearts to programming, images, and ideas that are contrary to the Gospel?

This can be an incredible opportunity for all of us to rediscover the beauty and power of summer. In the coming weeks I will suggest different activities and ideas.

Now, if you want to really do your homework and learn more (I warn you it will make you rethink the role of TV/internet in your life!) the web does offer a wealth of information in seconds. If you are looking for some solid sources for information about television and movies there is hope!

Common Sense Media

<https://www.common sense media.org/>

Parents Television and Media Council

<https://www.parentstv.org/>

US Conference of Catholic Bishops
(Catholic News Service)

<https://www.catholicnews.com/movie-reviews/>

REMEMBER: while we didn't have a choice about COVID-19, we do have a choice how we respond.

“We unite our hearts to Jesus Christ through study, prayer, and service.”