

JUNE 19, 2022 THE MOST HOLY BODY & BLOOD OF CHRIST

Parish Web Site - www.superiorcatholics.org
 Superior Diocese Web Site - www.catholicdos.org
 In the event of an **Emergency after Business Hours**
 Call Fr. Andrew at 715-392-8511

DAILY MASS INTENTIONS



TUESDAY, JUNE 21, 2022
 8:30 A.M. – Steve Jarchow-M
 Rita LaVenture & Family

WEDNESDAY, JUNE 22, 2022
 8:30 A.M. –Diane Sullivan Koch-M
 Muriel Freeman

THURSDAY, JUNE 23, 2022
 8:30 A.M. – Bill Rae-M
 Margie Lisak

FRIDAY, JUNE 24, 2022
 8:30 A.M. – Frances Cadigan Day-M
 Mary Cadigan Murdoch

WEEKEND INTENTIONS

SATURDAY, JUNE 25, 2022
 4:00 P.M. – The Spiritual and Temporal Welfare of
 Cathedral Parishioners

SUNDAY, JUNE 26, 2022
 7:30 A.M. – Paul & Vi Wachter-M
 Renee Wachter

10:30 A.M. – Ron Roubal-M
 Patricia Olson

WEDDING BANNS:

III *Sean O'Neil and Gabrielle Heytens*

IN LOVING MEMORY OF...Walter Felten, *Antonio Lao & Thomas Pearson*. May they be granted eternal rest and may the Lord's peace and comfort be with their families and loved ones.

VOCATIONS...*Do this in remembrance of me.*

Feed the hungry; proclaim the good news of everlasting life. (Luke 9: 11-17)



EUCCHARISTIC ADORATION

Eucharistic Adoration will be on Thursdays at Cathedral from 1:00-3:00pm. *Come when you can; leave when you must.*

Cathedral Church Calendar

Monday, June 20	6:30 pm – Prayer Group Meeting In Kress Hall
Thursday, June 23	1:00-3:00 pm - Adoration
Friday, June 24	Parish Office Closed

Notice: MINISTERS OF HOLY COMMUNION, and READERS...We will be scheduling for the **months of August, September, & October**. If you know of dates you cannot volunteer please call the parish office (715-392-8511) no later than Monday, July 11th. Thank you!

LITURGICAL ROLES for JUNE 25&26

READERS:

4:00 Eric Williams
 7:30 Greg Leszcynski
 10:30 Pam Tafelski



EUCCHARISTIC MINISTERS:

4:00 Dean Hansen (F) & David Dusek (B)
 7:30 Louise Pope (F) & Renee Wachter (B)
 10:30 Sandy Henning (F) & Tom Henning (B)



PRAYER MINISTRY –



There are people in the parish willing to share your needs and prayers. Please call **218-341-2606** if you or a loved one is in need.

STEWARDSHIP OF TREASURE

In today's Gospel, the disciples suggest that Jesus disperse the crowd so that they might *individually* seek food and lodging. The miracle of the feeding of the five thousand is Jesus' powerful reminder that when we *share* our gifts in His name there is always more than enough!

	<u>June 11 & 12</u>	<u>Last Year</u>
Envelopes:	102	105
Collection:	\$ 7,281.00	\$ 6,666.00
On-Line Giving (52)	\$ 3,615.00	\$ 3,076.00
Loose Collection:	\$ 334.00	\$ 485.00



Thank you for your generosity!

**MASSES AT ST. MARY HOSPITAL,
SUPERIOR**

Masses have begun again at St. Mary's Hospital, Superior, on Wednesdays at 11:15 A.M.

PRAYER GROUP MEETING

Monday, June 20th
 6:30 PM Cathedral Kress Hall
 All are welcome!

Any questions please call Anna Marie ~ 715-392-1673
 (Meets every 1st and 3rd Mondays of the month)



WEEKLY MEDITATION

Here are some of the central themes that we find in the readings for the Most Holy Body and Blood of Christ.

1st Reading - Genesis 14:18-20

- Melchizedek the king of Salem offers a blessing to Abram along with a gift of bread and wine.
- Abram gives a tenth of his possessions to the king.

Psalm - 110:1-4

- "You are a priest forever, in the line of Melchizedek."
- The Lord reveals his power and appoints his priest.

2nd Reading - 1st Corinthians 11:23-26

- Paul recounts the Last Supper to the people at Corinth as it was told to him.
- Whenever we eat this bread and drink this cup we proclaim the Lord's death until he comes.

Gospel - Luke 9:11b-17

- After healing and teaching the crowd, Jesus feeds the 5000.
- The words - Take, Bless, Break, Give - are identical to the format of the Last Supper.

Fr. Andrew



Question for Children: How can you share what you have received from Jesus with others this week?

Question for Youth: Each week, when we celebrate the Holy Eucharist we are asked to "do this in remembrance of me". How else do you acknowledge the importance of Jesus in your life? Through prayer? Through the ways that you treat others?

Question for Adults: How can you prepare yourself to be nourished by Jesus in the Eucharist this week?

Readings for the week of June 19, 2022

Sunday:	Gn 14:18-20/Ps 110:1, 2, 3, 4 [4b] 1 Cor 11:23-26/Lk 9:11b-17
Monday:	2 Kgs 17:5-8, 13-15a, 18 Ps 60:3, 4-5, 12-13/Mt 7:1-5
Tuesday:	2 Kgs 19:9b-11, 14-21, 31-35a, 36 Ps 48:2-3ab, 3cd-4, 10-11 Mt 7:6, 12-14
Wednesday:	2 Kgs 22:8-13; 23:1-3/Ps 119:33, 34, 35, 36, 37, 40/Mt 7:15-20
Thursday:	Is 49:1-6/Ps 139:1b-3, 13-14ab, 14c-15 Acts 13:22-26/Lk 1:57-66, 80
Friday:	Ez 34:11-16/Ps 23:1-3a, 3b-4, 5, 6 [1] Rom 5:5b-11/Lk 15:3-7
Saturday:	Lam 2:2, 10-14, 18-19/Ps 74:1b-2, 3-5, 6-7, 20-21/Lk 2:41-51
Next Sunday:	1 Kgs 19:16b, 19-21/Ps 16:1-2, 5, 7-8, 9-10, 11/Gal 5:1, 13-18/Lk 9:51-62

CATHEDRAL NEWS

Watch Mass live on the myParish app!

Look for the Mass Videos button to watch Mass live right from the myParish app. The app has lots of great features. You can set a prayer reminder, walk through the Examination of Conscience prior to confession, read the readings of the day, or listen to homilies. The myParish app can be downloaded free on your mobile device in the iTunes or Google Play Store.

CATHEDRAL GARDEN CLUB NEWS

The Cathedral Garden Club will be meeting to weed the gardens on Monday's, June 20th, July 5th (Tuesday), July 18th, August 1st, August 15th, & August 29th



SUMMER OFFICE HOURS

June - August

Monday – Thursday

8:00 AM to 4:00 PM

Friday - Office is closed

Thank you!



CLUSTER NEWS

HOLY ROWERS - The Holy Rowers Dragon Boat Team are back and excited to row again after 3 years of not rowing! More details as the time gets closer to [August 27th](#). Please mark your calendars, for our Annual BBQ and Silent Auction to be held on [Saturday, July 23rd](#) after the 6:00 p.m. Mass. Please, we need your support to help get our boat paid for, all money raised this year will be given to the area Veterans! Thank you for your support! For any questions please call Joanie at 715-399-2743.

SOCIETY OF ST. VINCENT DE PAUL



SUMMER CLOTHING~ currently we have an abundance of summer clothing in most sizes. If you or someone you know is in need, please have them contact us. We also can deliver household items and food. We are blessed with the generosity of so many who support us financially, supply us with goods and give of themselves with their talents and time.

To obtain assistance or to join our mission of charity, leave us a message at 715-398-4039.

YOUTH GROUP

Welcome to Summer 2022! As our year comes to a close, the Youth Group would like to thank all our Parishioners for their support; through donations, volunteering, participation, and your prayers!

Our next year 2022-2023 will offer an exciting event structure, with a new variety of activities, additional retreat opportunities for high schoolers, and expanding our age groups. But don't worry! We're still holding our 2nd ever Annual Car Wash later this summer - details to follow.

ALPHA COURSE VOLUNTEERS

Fr. Andrew is looking for parishioners interested in organizing and running an Alpha Course in their parish. The Alpha Course runs for 11 weeks and includes a one day retreat. The Alpha Course has been around for over 30 years and has helped millions of people around the world who have a warm and inviting experience where they can learn more about Jesus and grow deeper in their faith.

If you would like to know more, please come to the informational meeting on Tuesday, July 19th from 6-8pm at the Cathedral. Sign up by calling the Cathedral parish office at 715-392-8511.

CATHEDRAL SCHOOL NEWS



Enrollment News

Cathedral School teaches the Catholic faith in an academically rich learning environment where students can develop their full potential academically, socially, and spiritually. Please call us at 715.392.2976 to learn more about joining our school family.

Help your Cathedral School Community

Please remember that the school still collects Box Tops for Education, Coke Rewards, and pop tabs for Ronald McDonald House of Duluth and Superior. You are now also able to support Cathedral School through Amazon Smile.

OTHER NEWS

SDCCW Convention June 28 and June 29, 2022

Women of the Diocese of Superior, attend the 72nd SDCCW (Superior Diocesan Council of Catholic Women's) Annual Convention June 28th and June 29th, 2022 at Heartwoods Resort & Conference Center, Trego, Wis. 2 convention days packed with **spirituality, education, camaraderie, and fun!** Registration forms with more convention information are available <https://sdccw-wisconsin.weebly.com>. The deadline for Registration is June 21st!

Vatican Unveiled: An Exploration of Legacies is an exhibit showcasing the largest collection of Papal Artifacts outside of Rome.

The exhibit will be open August 19-21, 2022 in Duluth, MN at the DECC - Duluth Entertainment Convention Center.

The exhibit will feature over 150 items:

- Cross from Mother Teresa's Habit
- Relics of the True Cross owned by Pope Clement XI
- Many items from Saint Pope John Paul II
- A relic from the original chair of St. Peter himself
- Swiss Guard Uniforms



Early bird tickets are on sale now, including senior and family discounts as well as group discounts.

Get Tickets: <https://vaticanunveiled.com/tickets/>

Proceeds go to Stella Maris Academy and Star of the North Maternity Home.

School of Servant Leadership 2022-2023 Starts This August

Christine Newkirk, Director of Ecclesial Ministries & Diocesan Consultation for the Diocese of Superior, will once again offer the School of Servant Leadership program for 2022-2023. This program brings together people who aspire to leadership positions in community, church, and business who seriously embrace their vocation to serve the world and the church.

The program is a college level systematic educational, formational and transformational learning process; taught by quality Professors from Viterbo University, from La Crosse, WI and in conjunction with Diocesan Educators. Register here <https://www.catholicdos.org/school-of-servant-leadership>

SPIRITUAL DIRECTION PREPARATION PROGRAM

Do you wish to help others discover a personal, intimate relationship with God? Are you interested in preparing for retreat ministry or training to become a spiritual director? Are you looking to hone your deep, compassionate, nonjudgmental listening skills?

We invite you to consider the Spiritual Direction Preparation Program (SDPP) presented by the Franciscan Spirituality Center.

Since 1985, we have trained more than 600 people in the practice of spiritual direction. This innovative training program provides a mix of workshops and real-life experiences to prepare individuals to share their compassionate listening skills as trained spiritual directors in their communities.

Spiritual directors are compassionate, nonjudgmental listeners who accompany people on their spiritual journeys. Spiritual directors come from all walks of life and do not offer counseling, advice or problem-solving but rather serve as trusted guides to help others discover their inner wisdom.

For more information see our website or contact our director, Steve Spilde at (608) 791-5297.

The next cohort will begin in September 2022. Application deadline is August 1, 2022. Check out the Franciscan Spirituality Center website for more information: www.fscenter.org



A Father's Day Blessing

God, our Father

Bless these men,

that they may find strength as fathers.

Let the example of their faith and love
shine forth.

Grant that we, their sons and daughters,
may honor them always

with a spirit of profound respect.

- *Author Unknown*

"...IN THIS WORLD I CANNOT SEE
THE MOST HIGH SON OF GOD WITH
MY OWN EYES, EXCEPT FOR HIS
MOST HOLY BODY AND BLOOD."

ST. FRANCIS OF ASSISI

