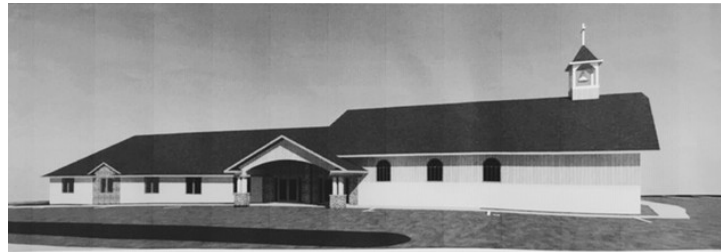


St. Anthony—Lake Nebagamon

Twenty-third Sunday in Ordinary Time

September 4 2022



Mass Intentions—September

4	+Carol Moss by Craig & Denise Mutchler
8	Priscilla Wilburt by Rick & Renee Khalar
11	+Luke Voigt
15	
18	+
22	
25	Our parish family
29	

Ministry September 2022	4	11	18	25
Sacristan	Rosalie	Ann	Cathy	Judy
Reader	Cathy	Ann	Becky	Greg
Greeters/ushers	Dan & Jerry	Fu-dallys	Muss-mans	Philip-s e k s
Eucharistic Ministers	Judy	Ann	Jay	Cathy
Servers	V	O	UN	T

Thursday Ministers September

Date	Reader	Sacristan
1	Ann	Ann
8	Cathy	Cathy
15	Communion Service	
22	Rosalie	Judy
29	Renee	Ann

Sundays at SALN

1st Sunday of the month—birthday Sunday
2nd Sunday of the month Anointing of the Sick (can be received more than once)

Eucharistic Adoration in our cluster:

Cathedral – every Thursday from 1-3pm
 St. Anthony, L.N – every Thursday from 9-10am
 St. William – 1st Saturday from 5:30-6pm
 Holy Assumption – 1st Friday from 7:30-8:00am

Thursday May 8 we celebrate



The Nativity of the Virgin Mary at our 8:30 Mass

Fr, Joji has special songs and prayers planned.

Feel free to bring flowers for Our Blessed Mother

Remember in Prayer

,Fr. Flaherty, Fr. Buttrick, , Bonnie Harvey, Patty Burgraff, JaneDolter, , Fr. Ron Levra, Kathy Mock, Loretta Severson, , Fr. Michael O' Connor, Donovan Khalar. , Tristan Gunnel

Recently Deceased RIP

Dorothy Brunner Peterson—January 18, 2021

Donald (Bob) Berube, Jr—March 6, 2021

Leo Tepoel—June 6, 2021

Roger Johnson July 20, 2021

Kip Fudally 08/22/21

Brian Fudally 10/23/21

Willard Kiefer

Mary Lundberg 05/8/22

Blandina Williams 06/21/22

The Knights of Columbus, Superior Council 499 will hold a Pasty Sale on Friday & Saturday, Sep 30 & Oct 01. The cost is \$5.00 for a 12 oz. pasty (filling: beef, potatoes, carrots, onions & rutabagas). Pasties will be available for pick-up between 12:00 Noon & 4:00 PM on Friday & 12:00 Noon & 2:00 PM on Saturday at St. Anthony Church in Superior. Pre-ordered pasties not picked up by 2:00 PM will be sold on a first come/first serve basis until 4:00 PM. On-line orders will be accepted through Sunday, Sep 25, at the address below. After that point in time, orders can be made only by calling as follows: Darryl at 218-349-9165, Tom at 715-392-2061, or Al at 715-364-2664. Leave a message if you get no answer. **Pasties can also be picked-up after the 11:00 AM Mass on Sunday, Oct 02 in Lake Nebagamon if you sign-up on the sheet outside the church office.**

Thursday Morning Bible Study and Rosary All are welcome to join in discussion on the upcoming Sunday readings. The group meets every Thursday at 9:30 to pray the rosary and 10 AM for Bible study in the Angel Room! See Tammy B. for more Information.

Attendance

02/06/22	88
02/13/22	99
02/20/22	88
02/27/22	128
03/06/22	55
03/13/22	66
03/20/22	75
03/27/22	112
04/03/22	108
04/10/22	107
04/17/22	157
05/1/22	206
05/08/22	84
05/15/22	104
05/22/22	92

05/29/22	97
06/05/22	90
06/12/22	12
06/19/22	138
07/03/22	88
07/10/22	133
07/17/22	105
07/24/22	122
07/31/22	141
08/14/22	123
08/21/22	110
8/28/22	104

Contributions	08/28/22
Regular Collection	\$1465.00
Cathedral School	
Hall rental	\$427.50
Electronic	\$540.14
Total	\$2432.64

<https://superiorcatholics.org>. This is the website for our cluster. You can give online through this page—just make sure you click on St. Anthony Lake Nebagamon. Bulletins for all the cluster are available on this page

Spiritual Direction:

Are you interested in finding out more about Spiritual Direction? Tammy Brown is trained as a Spritual Companion with a certificate from UWGreenBay and is currently continuing her study for a Spiritual Direction Certificate from St John's University. Tammy is ready to meet with anyone interested in learning more about Spiritual direction and is eager to talk with you! Contact her today-tbrowncre@gmail.com or 218-590-0757. Confidential In Person and Online options with flexible times and days that are convenient for you.

Summer isn't too early to start thinking about religious education classes this fall! Have you ever considered sharing your talents with our young people as a class teacher or aide? Easy and fun! Contact Tammy Brown, Coordinator of Religious Education to offer your help this fall. Both Sunday morning and Wednesday evening classes are in need of your assistance.

Books

Check out the featured library materials located by the water fountain in the parish hall. Books for all ages and a special emphasis on Eucharist. There are plenty more books to borrow in the parish library.

Teachers needed!

Religious education at St Anthony has been a strong program for many years due to the dedication and support of many volunteers who give of their time and talent to teach our young people. Prayerfully consider how you can help this year as catechists (those who teach the faith) and substitutes are needed to continue the tradition of a great religious ed program. Classes start September 18th, contact Tammy B for more information tbrowncre@gmail.com 218-590-0757

Fabulous Prizes

Zucchini Bake Off Challenge

September 11th after Mass Fellowship

Contestants needed to prepare a recipe that uses zucchini either as a main dish, side dish or sweet treat. Parishioners will be given a card to choose their favorite in each category and the winners will receive honors of best cook! (and perhaps a small prize too) Enter today- see Tammy Brown for more details.

Grammas, grampas, uncles, aunts,

Each month we will ask parishioners to bring a dish with a special theme. October will be apple themed so start researching you favorite apple dishes

The course will begin Sept 11 not the 4th

ALPHA COURSE

Our cluster will be running two different Alpha Courses, beginning in September!

St. Anthony, Lake Nebagamon – beginning Sunday, September 4th at 6pm

Cathedral (Kress Hall) – beginning Thursday, September 8th at 6pm

What is an Alpha Course? Alpha is a series of sessions exploring the Christian faith, typically run over eleven weeks. Each session looks at a different question around faith and designed to create conversation. Alpha is run all around the globe, and everyone is welcome!

What happens at an Alpha Course?

Food – Food brings us together, whether it's a group of friends gathered around a kitchen table or catching up over a cup of coffee. It's no different at an Alpha Course. We start with food, because it's a great way to encourage community and get to know each other.

Presentation – The talks are designed to engage and inspire conversation. About 30 minutes long, they explore some of the big issues around the Christian faith and unpack the basics, addressing questions such as "Who is Jesus?" and "How can we have Faith?"

Conversation – This is a crucial part of the Alpha Course, offering everyone a chance to share thoughts and ideas on the topic, while discussing it in a small group. There's no obligation to say anything and there's nothing you can't say. It's an opportunity to hear from others and contribute your own perspective in an honest, friendly and open environment

How long does each session last?

Two hours. Our two courses begin with a 30-minute block of time for food and fellowship, followed by a 30-minute presentation and then an hour for conversation. We know that people are all busy, and we respect your obligations.

Is there a fee?

There is no cost.

Who can attend?

Anyone! The Alpha Course is for people who want to meet people and discuss some of the big questions of faith and life in a warm and welcoming environment. You don't have to be Catholic (or even Christian) to attend; in fact, it's better when a wide range of backgrounds are present...it makes the discussion richer.

How do I sign up to attend?

Please call the parish office and leave the names of those who are planning to attend.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 11am - Mass	29	30	31	1 8:30am - Mass 9am - Adoration 9:30am - Rosary (LN) @ 10am - Bible Study (LN)	2 (No title)	3
4 11am - Mass	5	6	7	8 8:30am - Mass 9am - Adoration 9:30am - Rosary (LN) @ 10am - Bible Study (LN)	9	10 4pm - Behlings Baptism
11 11am - Mass 6pm - Alpha Course	12	13	14 7pm - Religious Ed	15 8:30am - Mass 9am - Adoration 9:30am - Rosary (LN) @ 10am - Bible Study (LN)	16	17 9am - McGrath Baptism
18 Catechetical Sunday 9:30am - Religious Ed 11am - Mass 6pm - Alpha Course	19	20	21	22 8:30am - Mass 9am - Adoration 9:30am - Rosary (LN) @ 10am - Bible Study (LN)	23	24
25 9:30am - Religious Ed 11am - Mass 6pm - Alpha Course	26	27	28 7pm - Religious Ed	29 8:30am - Mass 9am - Adoration 9:30am - Rosary (LN) @ 10am - Bible Study (LN)	30	1

WEEKLY MEDITATION

Let's take a look at some of the themes in the readings for the 23rd Sunday of the Year.

1st Reading - Wisdom 9:13-18b

- Our limitations often prevent us from knowing what the Lord intends.
- God does, however, give us wisdom and the Holy Spirit to instruct us.

Psalm - 90:3-6,12-17

- "In every age, O Lord, you have been our refuge." We recognize our limitations and we call upon the Lord for help.

2nd Reading - Philemon 1:9-10,12-17

- Paul, now an old man, urges the proper care of Onesimus, a runaway slave.

Gospel - Luke 14:25-33

- Whoever does not carry his own cross and come after Jesus cannot be his disciple. We renounce the power of possessions in our lives as we follow the Lord.

Fr. Andrew

Question for Children: Jesus says that in order to be one of his followers, we must be close to him. When do you feel closest to Jesus?

Question for Youth: Jesus tells his disciples that they must renounce their possessions in order to be His disciple. If you had to, could you leave everything behind to be with God? What would hold you back? How much of a struggle would it be?

Question for Adults: Today's Gospel is demanding. How do you as a modern man or woman "denounce your possessions?" What does this mean for you?

Readings for the week of September 4, 2022

Sunday: Wis 9:13-18b/Ps 90:3-4,5-6, 12-13, 14-17
Phlm 9-10, 12-17/Lk 14:25-33
Monday: 1 Cor 5:1-8/Ps 5:5-6, 7, 12/Lk 6:6-11
Tuesday: 1 Cor 6:1-11/Ps 149:1b-2,3-4,5-6a and 9b
Lk 6:12-19
Wednesday: 1 Cor 7:25-31/Ps 45:11-12, 14-15, 16-17
Lk 6:20-26
Thursday: Mi 5:1-4a or Rom 8:28-30/Ps 13:6ab, 6c
Mt 1:1-16, 18-23 or 1:18-23
Friday: 1 Cor 9:16-19, 22b-27/Ps 84:3, 4, 5-6, 12
Lk 6:39-42

Saturday: 1 Cor 10:14-22/Ps 116:12-13, 17-18
Lk 6:43-49

Next Sunday: Ex 32:7-11, 13-14/Ps 51:3-4,12-13,17, 19
1 Tm 1:12-17/Lk 15:1-32 or 15:1-10

CLUSTER NEWS

MASSES AT ST. MARY HOSPITAL SUPERIOR

Masses are celebrated at St. Mary's Hospital, Su-

Eucharistic Adoration in our cluster:

Cathedral – every Thursday from 1-3pm
St. Anthony, L.N – every Thursday from 9-10am
St. William – 1st Saturday from 5:30-6pm
Holy Assumption – 1st Friday from 7:30-8:00am
St. Anthony, Sup. – 1st Tuesday from 8-8:30am

KISA MISSION GROUP

The Kisa Mission Group would like to thank all those who support us. We have been able to provide food, clothing, and hygienic supplies for orphans, medical supplies and equipment for the clinic, teaching material, desks, and supplies for the schools, solar lights, and most of all, wa-

HAM & MEATLOAF DINNER

St. William Parish, Pattison Park, will hold its annual Ham & Meatloaf dinner on Sunday, September 11, from 11:30 am to 4:00 pm. The menu will include ham, meatloaf, potatoes & gravy, buttered carrots, coleslaw, pickles, rolls, coffee and dessert. Price

PRAYER GROUP MEETING

Monday, September 19th
6:30 PM Cathedral Kress Hall

All are welcome!

Any questions please call Anna Marie ~ 715-392-1673
(Meets every 1st and 3rd Mondays of the month)
(No Prayer Group Meeting on September 5th)

Watch Mass live on the myParish app!

Look for the Mass Videos button to watch Mass live right from the myParish app. The app has lots of great features. You can set a prayer reminder, walk through the Examination of Conscience prior to confession, read the readings of the day, or listen to homilies. The myParish app can be downloaded free on your mobile device in the iTunes or Google Play Store.

BOOK CLUB

The Cathedral Book Club welcomes new and returning members who enjoy discussing a wide variety of books. We meet on the following Wednesdays, at 6:30 pm in the Cathedral Parish Office.

- 9-14-2022 "Never" Ken Follett
11-16-2022 "The Grapes of Wrath" John Steinbeck
12-14-2022 "Blondes Of Wisconsin" Anthony Bukowski
01-11-2023 "The Night Watchman" Louise Erdrich
02-08-2023 "Franklin And Winston" John Meacham
03-08-2023 "Canticle For Leibowitz" William M. Miller Jr.

RELIGIOUS EDUCATION

Registration is now open for the 2022/23 Wednesday Night Religious Education Program at Cathedral!
Registration is open to all families within the cluster.

Classes begin Wednesday, September 21 at 5:30-6:30 for grades K-6 and 7:00-8:00 for grades 7-11

Please register your child(ren) via our Google document at <https://forms.gle/iGJU9DY8GKj7i8a98>
Or by scanning this QR code with your phone's camera.

We look forward to growing in faith with your family this year.

YOUTH GROUP NEWS

Superior Catholics Youth Group (SCYG) Update

All the Youth in the Cluster are invited to join the Youth Group this year. We have some new events planned, 2 great retreats coming up, and several community volunteering projects available for you. You can find information on our social media sites, as well as flyers hung around the church.

Up and Coming!!!

- September 10th 9am - Noon will be the 2nd annual Car Wash in the parking lot of Cathedral School - right on

Belknap. This is one of our few fundraisers to help kids afford Extreme Faith Camp the following summer. SCYG is looking for both volunteers, as well as parishioners who need their cars washed!

- September 20th - 22nd we will roll Cheeseballs in Kress Hall starting at 6pm. Please RSVP with Virginia to volunteer.
- Cheeseballs will be sold after the 10:30 mass on September 25th and October 2nd in Kress Hall. October 3rd we will meet at World of Wheels for their Christian Music Night roller skating. Elementary grades are also welcome!!!

We are looking forward to an exciting year! NEW CONTACT INFO - Virginia Kovaleski has a new email address - virginiak@superiorcatholics.org. But her phone number is still the same, 952.300.1671.

SOCIETY OF ST. VINCENT DE PAUL

Are you looking for ways to experience God?

Members of the Society of St. Vincent de Paul invite you to share in their ministry of experiencing God in serving people living in poverty. We see Christ in our friends in need and, when we see Christ, we experience God.

We will be speaking to you at our parish Masses in the upcoming weeks - inviting you to serve with us.

Please mark your calendar for an INVITATION TO LEARN more about serving with the Society - Sunday, September 25th, 12:00 - 1:00 p.m. in the Parish Hall at St. Anthony Church in Superior. Join us for conversation and a light lunch!

To contact our Society please leave a message at **715-398-4039**.

CATHEDRAL SCHOOL NEWS

Enrollment News

Cathedral School teaches the Catholic faith in an academically rich learning environment where students can develop their full potential academically, socially, and spiritually. Please call us at 715.392.2976 to learn more about joining our school family.

OPPORTUNITIES FOR TEACHERS & STAFF

Early Childhood, and Middle School Social Studies ~ The ideal candidate will be a self-motivated, enthusiastic, faith-filled teacher. Interested candidates should be knowledgeable in instructional best practices and able to differentiate instruction to meet a variety of learning styles. To apply please visit <https://>

Help your Cathedral School Community

Please remember that the school still collects Box Tops for Education, Coke Rewards, and pop tabs for Ronald McDonald House of Duluth and Superior. You are now also able to support Cathedral School through Amazon Smile.

OTHER NEWS

ST. FRANCIS XAVIER PARISH
2316 E 4th STREET – SUPERIOR
IS HOSTING THE ANNUAL
“THIS N’ THAT” SALE
ON SEPTEMBER 9th AND 10th
FROM 8:00 AM TO 2:00 PM EACH DAY

PLAN TO COME AND MAKE A FREE-WILL OFFERING

THEOLOGY UNCAPPED

Theology Uncapped is excited to announce our next event, Thursday, September 22, 2022, featuring Father Richard Kunst and Pastor Rollie Bockbrader. This event topic is: “Marriage” and is being held at St. Benedict Catholic Church, 1419 St. Benedict Street, Duluth MN. The cost is \$25 which includes a catered meal from Famous Dave’s, beer, wine, pop and coffee. Seat-