



ST. ANTHONY – SUPERIOR

March 5, 2023
SECOND SUNDAY OF LENT



Mass Intentions

Sunday, March 5, 2023

9:00 a.m. Mass—+John Machones by Dorothy Scott

Tuesday, March 7, 2023

8:00 a.m.—Adoration and Rosary

8:30 a.m. Mass—+James DeRosia Sr. by Carol Zowin

Sunday, March 12, 2023

9:00 a.m. Mass—Health and Welfare of Fr. Lee Flaherty by Guitar Group



Liturgical Ministers

Sunday, March 12th at 9:00 a.m.

Celebrant—Fr. Andrew

Sacristan—Dave Polaski

Reader—Dave Polaski

Musicians—Guitar Group

Ushers—Tom L and Tom B

Gift Bearers—Pat and Diane

RECENTLY DECEASED

*May their souls and all the souls
of the faithful departed, rest in peace...*

Robert LaPorte Sr. (12/28/22)

Betty Heytens (12/15/22)

Ruth Stewart (12/12/22)

Nicole Timmons (5/1/22)

Tony Jaros (4/13/22)

Kim Hart (3/26/22)

Barb Tomczak (1/22/22)

Sue Polaski (8/5/21)

CATHEDRAL SCHOOL ASSESSMENT



2022 – 2023 School Assessment
\$20,059.97

Monthly Payment: \$1,671.67

Balance Due: \$6,686.61

CATHOLIC SERVICES APPEAL



2022 – 2023 CSA

\$17,513.00

\$9,545.84 pledged

\$7,967.16 Remaining Balance

NEW TO OUR PARISH

If you would like to register as a member of our parish and receive contribution envelopes and other mailings, please contact the parish office at **715-398-3261** or go to <https://superiorcatholics.org> click on **Our parishes** then **Become a Member & Parish Census** and fill out the form for **St. Anthony – Superior**.

MASS ATTENDANCE

2/26/23	74
2/19/23	57
2/12/23	79
2/5/23	63
1/29/23	47
1/22/23	67
1/15/22	66
1/8/23	55

SUNDAY ENVELOPES

February 26, 2023

Regular Envelopes—\$1,867.00

Loose—\$40.00

Visitors—\$47.00

Candles—\$104.00

Utilities—\$20.00

Building Fund—\$35.00

Online Giving—\$896.96

Total—\$2,974.96



*Please
pray for*

Fr. Dean Buttrick, Fr. Lee Flaherty, Fr. Ron Olson, Fr. Ron Levra, Liz Anderson, Barb Hapy, Catherine Schleife, Cathy Kurtz, Peggy Siso and Jennifer Ross.

If you would like to be included in our prayer list or no longer wish to be on our prayer list, please contact the parish office.

SCRIP IS AVAILABLE

Scrip is available for Gas at Holiday, Krist and Kwik Trip. We also have Scrip available for Grizzly's and VIP. If you would like to purchase Scrip for any of these, please contact Tom Lozon at the 9:00 a.m. Sunday Mass or contact the parish office.

A percentage of the money that you spend on Scrip returns to our parish and assists in our yearly budget.

WEEKLY MEDITATION

Let's explore some of the themes we find in the Mass readings for the 2nd Sunday of Lent.

1st Reading – Genesis 12:1-4a

- God sends Abram forth from his kinsfolk to a new land.
- God promises that he will make Abram a blessing, and he will become the father of a great nation.

Psalm 33:4-5,18-20,22

- “Lord, let your mercy be on us, as we place our trust in you.”
- With hope in his kindness, we wait upon the Lord, who loves justice and right.

2nd Reading – 2nd Timothy 1:8b-10

- We bear our share of hardship for the Gospel with the strength that comes from God.
- God saves and calls us to a holy life, through the appearance of our savior, Christ Jesus.

Gospel – Matthew 17:1-9

- Jesus takes Peter, James and John up a high mountain where he is transfigured in glory.
- The disciples see the Lord conversing with Moses and Elijah.
- From a bright cloud they hear the Father's voice, “This is my beloved Son, with whom I am well pleased; listen to him.”

Fr. Andrew

Question for Children: Share about a time when you felt especially close to God or Jesus.

Question for Youth: Have you ever had a “mountain top” experience where you felt exceptionally close to God? How was your life changed by that experience?

Question for Adults: Perhaps this reading calls us, not to cling to the familiar, but to leave the comforts of the parish and reach out to the world around us. In your neighborhood or community, who is waiting to hear the Good News?

READINGS FOR THE WEEK OF MARCH 5, 2023

Sunday: Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22 (22)/

2 Tm 1:8b-10/Mt 17:1-9

Monday: Dn 9:4b-10/Ps 79:8, 9, 11 and 13/Lk 6:36-38

Tuesday: Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23/Mt 23:1-12

Wednesday: Jer 18:18-20/Ps 31:5-6, 14, 15-16/Mt 20:17-28

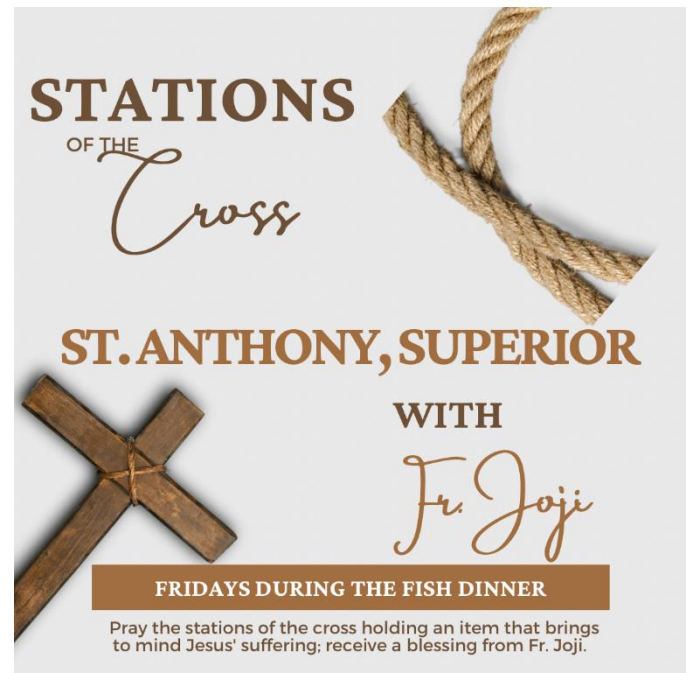
Thursday: Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31

Friday: Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19, 20-21/Mt 21:33-43, 45-46

Saturday: Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 15:1-3, 11-32

Next Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

A LENTEN SPIRITUAL EXPERIENCE



STATIONS
OF THE
*Cr*oss

ST. ANTHONY, SUPERIOR

WITH
Fr. Joji

FRIDAYS DURING THE FISH DINNER

Pray the stations of the cross holding an item that brings to mind Jesus' suffering; receive a blessing from Fr. Joji.

Each Friday during the Lenten Season at St. Anthony Church, 4315 E 3rd St., Superior Fr. Joji will conduct a Lenten experience in the upper church during our Annual Fish Dinners.

Date	Experience
1 st Friday of Lent Feb. 24 th	Rope
2 nd Friday of Lent March 3 rd	Crown of Thorns
3 rd Friday of Lent March 10 th	Cross
4 th Friday of Lent March 17 th	Veronica's cloth
5 th Friday of Lent March 24 th	Nails
6 th Friday of Lent March 31 st	Spear
Good Friday April 7 th	Silent veneration of the cross. – Last seven words and confession

SOCIETY OF ST. VINCENT DE PAUL



ALMSGIVING

Opportunities this Lenten Season:

Participate in the 40 Cans for Lent drive.
Offer a donation to assist those in need: SVDP P.O. Box 98
Superior, WI 54880
Contribute to Operation Rice Bowl supporting international
and local efforts to serve the poor.
Join the Society to assist us in providing for the basic needs
of our brothers in sisters in our community.

To receive assistance or for more information, leave a
message for us at **715-398-4039**

Have a Blessed Lent!



PRAYER GROUP MEETING

Monday, March 6th
6:30 p.m. Cathedral Kress Hall

All are welcome!

Any questions please call **Anna Marie ~ 715-392-1673**
(Meets every 1st and 3rd Mondays of the month)

BOOK CLUB

The Cathedral Book Club welcomes new and returning
members who enjoy discussing a wide variety of
books. We meet on the following Wednesdays, at
6:30 p.m. in the Cathedral Parish Office.



03-08-2023 – “Blondes of Wisconsin” by Anthony Bukoski.
(RESCHEDULED)

04-12-2023 – “A Prayer for Owen Meany” by John Irving

05-10-2023 – “A Note Through The Wire” Doug Gold

YOUTH GROUP NEWS

Youth Group Volunteer Opportunities

St Anthony - Superior

Friday Night Fish Fry Dinners

Each Friday during lent, 3-4 volunteers would be needed to
help clear tables during and clean the dining hall at the end
of the meal.

Knights of Columbus

Lenten Retreat

Sat March 18, 2023 9:30am - 5pm (whatever hours you can)

St. Francis

Roast Beef Dinner - as many volunteers as possible

Sat Apr 1, 2023 from 9am - 11am

Sun Apr 2, 2023 from 8am - 5pm (whatever hours you can)

St Vincent de Paul

Knights of Columbus 40 Cans for Lent Food Drive

Mon Apr 10, 2023 – sorting, boxing, and moving food
donations

Annual Community Breakfast

Sat Apr 15, 2023 – setting up and kitchen prep

Sat Apr 16, 2023 – serving tables and other help as needed

Cathedral - Kress Hall

Chicken Dinner

Sat, April 29th - help is needed in the morning

Sun, April 30th (whatever hours you can)

**Please RSVP for events and volunteer opportunities to
Virginia at 952.300.1671 or
virginiak@superiorcatholics.org.**

KNIGHTS OF COLUMBUS #499



Knights of Columbus Bike Barn

Knights of Columbus Council 499 is looking
for a donated space to be used as a volunteer
run, no cost bike shop in Superior. We would
welcome all skill levels and strive to provide a safe space for
people to repair or build a bicycle. There will be no monetary
charge for any bikes or bike parts. We hope to be able to
accept donated bikes, bike parts, tools, or cash donated to
the Knights of Columbus to buy supplies for the shop once
we have a space. We would like something the size of a
single stall garage which is secure to start this project. If you
have a space you could donate for our use or have questions,
please send an e-mail to Ken at marypet@iw.net or call his
cell phone at **507-350-9660**.

CATHEDRAL SCHOOL NEWS



- March 10th – Middle School Retreat
- March 13th-17th – No School – Spring Break
- March 23rd – STEAM Night
- April 6th-10th – No School – Easter Break
- April 21st – Reader's Theater

Registration is Open!

Preschool: Cathedral Preschool offers a 3-and 4-year-old
program. Cathedral School is also a site for Superior
Community Preschool. If you have any questions regarding
any of our programs, or to register for Cathedral Preschool
please contact Kristen Revering **715-392-2976**.

Kindergarten-8th grade

Registration begins February 1st for the 2023-2024 school
year. If you or someone you know is interested in enrolling or
receiving registration information, please contact the school
at **715-392-2976**.

RCIA

The Rite of Christian Initiation of Adults – RCIA – is a process of the Catholic Church designed to help adults to become fully initiated, practicing Catholics.

Any questions contact RCIA coordinator Kathy Drinkwine at 715-394-3005 or Kathy.RCIA@gmail.com

The next meeting is on Thursday, March 2nd from 6:30 to 8:30 p.m. in Kress Hall.

RELIGIOUS EDUCATION

RELIGIOUS EDUCATION CLASSES



Wednesday, March 8th
in Kress Hall
5:30-6:30 p.m. for grades K-6 and
7:00-8:00 p.m. for grades 7-11

MASSES AT ST. MARY HOSPITAL, SUPERIOR

Masses at St. Mary's Hospital, Superior, are held on Wednesdays at 11:15 a.m.

Watch Mass live on the myParish app!

Look for the Mass Videos button to watch Mass live right from the myParish app. The app has lots of great features. You can set a prayer reminder, walk through the Examination of Conscience prior to confession, read the readings of the day, or listen to homilies. The myParish app can be downloaded free on your mobile device in the iTunes or Google Play Store.

CLUSTER NEWS

COME HOLY SPIRIT

Thursdays during Lent from 5:00 p.m. - 6:00 p.m., join Fr. Andrew for the Stations of the Cross and a weekly reflection. Followed by a Soup Supper provided by the Knights of Columbus Christ the King Council #16691

FR. LEE FLAHERTY'S ADDRESS

Fr. Lee Flaherty C.P.P.S.
St. Charles Center
2860 US Route 127
Apt. 113
Celina, OH 45822-9533

Eucharistic Adoration in our Cluster:

St. Anthony, Superior. – 1st Tuesday from 8 – 8:30 a.m.
Cathedral – every Thursday from 1 – 3 p.m.
St. Anthony, L.N – every Thursday from 9 – 10 a.m.
St. William – 1st Saturday from 5:30 – 6 p.m.
Holy Assumption – 1st Friday from 7:30 – 8 a.m.

Upcoming Catholic Daughters (CDA) meetings:

Monday, March 13, 2023 at St. Anthony-Superior (4315 E. 3rd. St.) at 11:00 a.m. The speaker will be Father Joji. A light lunch will be served. - Cleaning supplies for the Society of St. Vincent de Paul will be collected.

PHOTO DIRECTORY

It's time for our new Photo Directory! Our photo directory will not be complete without you. Schedule your professional photography session at the back of church or online (Monday-Friday). Everyone who is photographed will receive a complimentary 8x10 portrait and directory. Set your appointment today!

Simply go to <https://ucdir.com> Then, click on "Photography Scheduling Login." The "Church Codes" are as follows: Cathedral: wi227a St. William: wi227b St. Anthony Superior: wi227c Holy Assumption: wi227d St. Anthony Lake Nebagamon: wi227e The "password" is **photos** for all. You can have your portrait taken in any church, regardless of where you are a parishioner.

OTHER NEWS

SANCTUS MUSIC SERIES

Dr. Steven Siegel Brass Quintet
March 11, 2023
7:00 p.m.
Cathedral of Christ the King

Dr. Steven Siegel leads the Brass Quintet ensemble in a program that will include music from the Baroque and Classical eras initially used in sacred spaces. Antiphonal effects and various sonorities from the ensemble will captivate the audience. Works will include famous brass composers such as Samuel Scheidt, Giovanni Gabrielli and many others

ST FRANCIS ROAST BEEF DINNER

St. Francis Xavier Church is holding their Annual Roast Beef Dinner on Palm Sunday, April 2nd, from 11 a.m. - 4 p.m. in the church hall at 2316 E 4th Street in Superior. The meal includes Roast Beef w/gravy, mashed potatoes, green beans, coleslaw, dinner roll and dessert. Ticket prices are \$10 for adults, \$5 for children ages 6-12 and under 6 are free. Bring a canned food item for a chance to win a SuperOne gift card!

LENTEN HOLY HOUR

with Fr. Andrew Ricci

COME HOLY SPIRIT

- Who is the Holy Spirit?
- What does the Holy Spirit do?
- How do I call upon the Holy Spirit?
- How do we cooperate with the Holy Spirit?
- What are the Fruits of the Holy Spirit?
- What are the Gifts of the Holy Spirit?

THURSDAYS DURING LENT
5:00 PM CATHEDRAL OF CHRIST THE KING
SOUP SUPPER TO FOLLOW PROVIDED BY KNIGHTS OF
COLUMBUS CHRIST THE KING COUNCIL #16691

THURSDAYS
DURING
LENT

THE MASS OF CHRISM

Tuesday, March 28, 2023 – 12:00 Noon

You are invited to join in the celebration of the Mass of Chrism here at Cathedral on Tuesday, March 28th at 12:00 noon. During the Mass, the Oils of Catechumens, of the Sick and of Chrism will be blessed in preparation for Easter Sacraments and those of the coming year. It is a very special event, open to all Catholics. There will be NO other scheduled Masses in the City of Superior on the day of the Chrism Mass. It is an important diocesan celebration and we at Cathedral are privileged to act as hosts. We hope that many of you will be able to attend and extend a warm "Cathedral" welcome to visitors from throughout the diocese. There will be a luncheon served immediately following in Kress Hall. **If you plan to attend the luncheon, we ask that you purchase your ticket in advance at the Parish Office. The cost of the ticket is \$15.00.** Reservations for the luncheon are required, as the caterer will need an accurate count for food preparation. **Deadline to purchase your ticket is Friday, March 17th, 2023.**

ST. MARY STAR OF THE SEA EASTER HAM BINGO

Sunday, March 26th at 1:00 pm
Sloppy Joe & Hot Dog lunch served at 11:30 a.m.. Silent auction, Easter basket raffle for children, Prize raffle
Plenty of parking and handicapped accessible.

CATHEDRAL'S

60th ANNUAL CHICKEN DINNER

Fun, Fellowship & Food!

Cathedral's Annual Chicken Dinner

Will be held in Kress Hall

Sunday, April 30th, 2023 - 11:30 AM to 3:00 PM or sold out

So come early & dine in or take out

Call 715-392-1661 Sunday, April 30th by 2 PM for delivery within city limits

Chicken, mashed potatoes & gravy, corn, coleslaw,

Cranberries, dinner roll, & dessert

Dinner Price: Adults & Take-outs \$12.00; age 12 & under \$8.00

Purchase Tickets at the Door

BENEFIT FOR VALERIE SWEENEY

Sunday, March 5th at the Billings Park Civic Center, 3903 N. 18th St, Superior, WI from 12 Noon - 3:00 pm. Raffle drawing to follow. Food provided by Kurtz Catering, 50/50 Drawing, Bake Sale, Raffle Items, Handmade Craft Items made by Val. Val was diagnosed in July of 2022 with breast cancer. While undergoing extensive treatment, Val is still working full time since that is her only source of income. She has been a loyal employee at Walmart for 32 years. She has worn many hats and is currently your go-to-gal in the Vision Center. Please come and join us for a great time while we raise money to help Val with her fight. All proceeds will aid in Val's medical cost and loss income. Please contact Kathy Willoughby at willow10@charter.net or 218-428-7051 for more information

ANNUAL SDCCW PAX CHRISTI AWARD

PAX CHRISTI NOMINATIONS can be submitted starting January 1, 2023. All NOMINATIONS are Due by March 15th, 2023. This award has the endorsement of Bishop Powers, encompasses all parishes in the Diocese of Superior and is a way your parish community can recognize and honor the devout, hardworking Christian women within your parishes. Nominees may be either lay or religious, single, or married women. Each parish is encouraged to nominate one woman for this award annually. **Please check the Superior Diocesan Council of Catholic Women's website: <https://sdccw-wisconsin.weebly.com/> for information on the Guidelines and Nomination Form.** For more information or questions please contact **SDCCW Pax Christi Co-Chairs Jane Schiszik janeschis@hotmail.com or call 715-748-5240 and/or Rosalie Bryan at rosalie4519thrp@aol.com or call 281-923-6124**

I, Bishops James P. Powers, announce a special dispensation for Catholics from adhering to the law of abstinence for Friday, March 17, 2023. This Lenten dispensation allows the faithful of the Diocese of Superior and any visitors or travelers who may be present within the diocese to celebrate the Feast of St. Patrick without adhering to the obligation of abstinence from meat. In observance of this Friday of Lent, I encourage those who utilize the dispensation to perform another act of penance (self-denial, charity, prayer, etc.) on some other day of the second week of Lent.



Most Rev. James P. Powers
Bishop of Superior

SECOND SUNDAY OF LENT



Then Peter said to Jesus in reply, "Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah." While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." — Mt 17:4-5

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



PLEASE VISIT OUR SUPERIOR CLUSTER WEBSITE AT:
<https://superiorcatholics.org>



PLEASE LIKE ST. ANTHONY – SUPERIOR ON FACEBOOK

<https://www.facebook.com/StAnthonySuperior>



©LPI

Note: Daylight Savings Time starts next weekend. Remember to set your clocks ahead next Saturday evening.

LENTEN FISH DINNERS

Each year during Lent our St. Anthony parish community holds seven weekly Friday – Fish Dinners to assist in paying our Cathedral School Assessment. Much time and effort go into these events.

Not all of our parishioners are able to contribute time to assist in making these events possible. If you would like to “sponsor” an item, or part of an item needed for the dinners, please contact the parish office or place your monetary contribution in the collection basket at the weekend Mass, marked “**Fish Dinner**”.

The following is a list of some items that are used throughout the duration of these events. Prices reflect approximate total cost of each item used.

Thank you for your support!

Item	Cost	Donor
Fish	\$6200.00	Tom & Pat Lozon \$200 Ron & Liz Gaynor \$200 Anonymous \$1,500 Carol Zowin \$165 Butch & Nancy Venne \$50 Anonymous \$100
Fish Sticks	\$272.00	Jerry & Brenda Wiisanen \$272
Potato Baker	\$395.00	
Potato Flakes	\$436.00	Anonymous \$500
Butter	\$271.00	Mike & Karen Kraft \$271
Green Beans	\$816.00	
Milk	\$63.00	Sandy Gunski \$63
Fruit Punch	\$65.00	Sandy Gunski \$65
Coleslaw.	\$701.00	
Shortening	\$880.00	
Flour	\$151.00	
Coffee	\$278.00	Anita McFarlane \$272.00
Bisquick	\$151.00	
Tartar Sauce	\$214.00	
Sour Cream	\$178.00	Jame Moe \$178
Lemon Juice	\$95.00	Butch & Cheryl Liebaert \$100
Foil	\$22.00	Carol Zowin \$22
Seasoning	\$98.00	Barb VanHolbeck \$100
Sterno	\$48.00	Jeanne Kuhn \$48
Buns	\$591.00	
Paper Products	\$275.00	Dorothy Scott \$100
Pickled Beets	\$500.00	

Please consider assisting us in preparing our Friday Fish dinners and/or preparing desserts during this Lenten season. ‘Many hands make light work’. Please sign up on the sheets that are located in the entrance of our church.

Week One: - Adults 291, Students 14



Dine-in or Take-out Lenten Fish Dinner

**Each Friday during Lent,
February 24th through April. 7th, 2023**

Serving from 4:00 — 6:30 p.m.

**St. Anthony Catholic Church
4315 E. 3rd. St. Superior, WI**

Handicapped accessible. Local deliveries are available by calling 715-398-3261 Monday through Thursday. If no answer please leave a message, including name, address and phone number. Take-out orders will be available downstairs in the Parish Hall.

Menu	Cost
Fried or Baked Fish, Mashed or Baked Potato, Cole Slaw, Vegetable, Pickled Beets, Roll, Dessert, and Beverage.	Adults \$13.00 Students (12 & under) \$6.00 Pre-school (5 & under) Free



Serving great
Lenten
Fish Dinners
since 1991

Cathedral Photo Dates

Tuesday	April 11	2:00-8:30 PM
Wednesday	April 12	2:00-8:30 PM
Thursday	April 13	2:00-8:30 PM
Friday	April 14	2:00-8:30 PM
Saturday	April 15	10:30-5:00 PM

St. William Photo Date

Tuesday	May 2	2:00-8:30 PM
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St. Anthony Superior Photo Dates

Wednesday	May 3	2:00-8:30 PM
Thursday	May 4	2:00-8:30 PM

Holy Assumption Photo Dates

Friday	May 5	2:00-8:30 PM
Saturday	May 6	10:30-5:00 PM

St. Anthony Lake Nebagamon Photo Dates

Tuesday	May 30	2:00-8:30 PM
Wednesday	May 31	2:00-8:30 PM

You can be photographed at any location if necessary.

NOTE: We also have photography June 1—3 at the Cathedral
We will open those dates as the current ones fill up. Please use
the dates above if possible to allow time for others in June.

For online scheduling go to www.ucdir.com

Then, click on:

"Photography Appointment Scheduling Login"

Enter the Church Code from the list below (lower case)

Choose the location that works best for you

Cathedral: wi227a

St. William: wi227b St. Anthony Superior: wi227c

Holy Assumption: wi227d St. Anthony L.N: wi227e

Password for All: photos

**Online Scheduling may be unavailable on Saturday & Sunday
So we can have paper sign-ups at Mass on selected weekends**



Have you ever thought of pursuing or discerning a vocation as a Permanent Deacon?

**Attention MEN in the Diocese of Superior
Between the ages of 30 and 60 years Old**

**If you believe the Lord is calling you to help serve
the Church and you're not sure how?**

**We invite you to come to this information session to
learn more about the Permanent Diaconate.**

Date: March 19, 2023

Time: 2:30pm—4:30pm

Location: St. Bridget Catholic Church

211 E. Division St.

River Falls, WI 54022

Hosted by: Fr. Joe Stefancin St. Bridget's, River Falls

Deacon Robin Major, St. Anne's, Somerset

and members of the Permanent Diaconate

Office for the Diocese of Superior.

God does not call the qualified. He qualifies those he calls.



Sanctus Series
Sacred Music in a Holy Space



Dr. Steven Siegel Brass Quintet

March 11, 2023

7:00 pm

Cathedral of Christ the King

Dr. Steven Siegel leads the Brass Quintet ensemble in a program that will include music from the Baroque and Classical eras initially used in sacred spaces. Antiphonal effects and various sonorities from the ensemble will captivate the audience. Works will include famous brass composers such as Samuel Scheidt, Giovanni Gabrielli and many others.



Knights of Columbus
Council No.499

40 CANS FOR LENT[®]

ITEMS NEEDED

Cereal
Beef Ravioli
Pancake Mix and syrup
Beef Stew
Chili
Applesauce
Hearty Soups
Canned Fruit
Spaghetti and Meatballs
SpaghettiOs
Coffee

Protein
Hot Cocoa Packages
Canned Chicken
Juice Boxes
Peanut Butter (and Jelly!)
Powdered Milk
Spam
Cheese and Crackers
Instant Potatoes
Crackers
Macaroni and Cheese

Healthy Cereal Bars
Pork and Beans
Ramen Noodles
Gravy in a can
Miscellaneous
Rice
Bagged Easter Candy
Scalloped Potatoes
Spaghetti Sauce
Stove Top Stuffing



During Lent bring your non-perishable food items to:

St. Anthony - Superior
4315 N 3rd Avenue East

St. Anthony - Lake Nebagamon
Highway B

St. Francis Xavier - Superior
2316 East 4th Street

Begins Ash Wednesday, February 22nd and ends on Easter Sunday, April 8th
Donations for St. Vincent de Paul, Rural Care & Share, or St. Francis Food Shelves.

ETERNAL REST™

THE ART OF DYING WELL



A Lenten Retreat

Sponsored by the
Knights of Columbus
District 91 Councils
499, 7106, 12738, 16691

Cathedral Christ the King
Kress Hall

1111 Baxter Avenue
Superior, Wisconsin

Saturday, March 18, 2023

9:30 a.m. — 5:00 p.m.

We all have very real questions about death:

- What happens when we die?
- What does Scripture teach about death?
- How do we prepare for the life to come? —

“Eternal Rest” examines the origin of death, the afterlife, and the powerful reality around the sacrament that ushers us into eternal life.

“Eternal Rest” presents the Catholic Church’s teaching about death and God’s response to it with wisdom and truth, gentleness and compassion, so we can think about and prepare for death in the light of Jesus Christ, the Author of life.

As part of the Knight’s “Faith in Action” program, the councils of District 91 are sponsoring a Lenten Retreat open to the Diocese of Superior and beyond.

All are Welcome!

Agenda (subject to change)

- 9:30 a.m. Registration, Meet & Greet · Coffee and Pastry
- 10:00 a.m. Episode 1 · The Story of Death
- 10:30 a.m. Morning Break · Coffee, Tea, etc.
- 11:00 a.m. Episode 2 · The Afterlife
- 11:30 p.m. Luncheon · Salad & Sandwich Bar
- 12:30 p.m. Episode 3 · The Hour of Our Death
- 1:00 p.m. Afternoon Break · Coffee and Cookies
- 1:30 p.m. Episode 4 · The Faithful Departed
- 2:00 p.m. Q & A with Priests (Bishop if schedule allows)
- 3:00 p.m. Adoration, Rosary & Confession
- 4:00 p.m. Vigil Mass

Required
Pre-Registration
by March 11, 2023

Scan QR Code:



or sign up at:
[https://forms.gle/
FZeNU3kVAeXb7T326](https://forms.gle/FZeNU3kVAeXb7T326)

or call Karen:
218-626-5593