

### ST. ANTHONY - SUPERIOR

March 12, 2023 THIRD SUNDAY OF LENT





#### **Sunday, March 12, 2023**

9:00 a.m. Mass—Health and Welfare of Fr. Lee Flaherty by Guitar Group

#### Tuesday, March 14, 2023

8:10 a.m.—Rosary

8:30 a.m. Mass—+Bertha Porter by Ron and Liz Gaynor

#### **Sunday, March 19, 2023**

9:00 a.m. Mass-+Violet Graden by Bruce and Delores Graden



#### Sunday, March 19th at 9:00 a.m.

Celebrant—Fr. Andrew Sacristan—Delores Reader— Delores Musicians—Guitar Group Ushers—Bruce and Dennis Gift Bearers—Dorothy and Lorraine

#### RECENTLY DECEASED

May their souls and all the souls of the faithful departed, rest in peace...

> Robert LaPorte Sr. (12/28/22) Betty Heytens (12/15/22) Ruth Stewart (12/12/22) Nicole Timmons (5/1/22) Tony Jaros (4/13/22) Kim Hart (3/26/22) Barb Tomczak (1/22/22) Sue Polaski (8/5/21)

#### **CATHEDRAL SCHOOL ASSESSMENT**



2022 - 2023 School Assessment \$20,059.97

Monthly Payment: \$1,671.67 Balance Due: \$5,014.94

#### **CATHOLIC SERVICES APPEAL**



2022 - 2023 CSA \$17,513.00 \$9,781.12 pledged \$7,731.88 Remaining Balance

#### **NEW TO OUR PARISH**

If you would like to register as a member of our parish and receive contribution envelopes and other mailings, please contact the parish office at 715-398-3261 or go to https://superiorcatholics.org click on Our parishes then Become a Member & Parish Census and fill out the form for St. Anthony - Superior.

MASS ATTENDANCE		
3/5/23	64	
2/26/23	74	
2/19/23	57	
2/12/23	79	
2/5/23	63	
1/29/23	47	
1/22/23	67	
1/15/22	66	

#### SUNDAY ENVELOPES

#### March 5, 2023

Regular Envelopes—\$870.00 Loose-\$98.00 Cathedral School—\$10.00 Utilities-\$20.00 Catholic Herald—\$20.00 Initial Offering—\$20.00 Online Giving—\$718.94

Total—\$1,756.94



Fr. Dean Buttrick, Fr. Lee Flaherty, Fr. Ron Olson, Fr. Ron Levra, Liz Anderson, pray for Barb Hapy, Catherine Schleife, Cathy

Kurtz, Peggy Sislo and Jennifer Ross.

If you would like to be included in our prayer list or no longer wish to be on our prayer list, please contact the parish office.

#### **WINTER SAFETY**

Winter is here, and while we try to keep the sidewalks and steps free from snow/ice as best we can, Mother Nature doesn't always follow our schedule!

Please be careful when attending events by sticking to the main walk ways. If the weather changes quickly, there are shovels and salt/grit bins at every entrance.

#### **WEEKLY MEDITATION**

Here are some of the themes that we find in the Mass readings for the 3rd Sunday of Lent.

#### 1st Reading – Exodus 17:3-7

- In their thirst for water, the people grumble against Moses.
- At the Lord's command, Moses takes his staff and strikes a rock, from which water flows and the people are able to drink.

#### Psalm - 95:1-2,6-9

- "If today you hear his voice, harden not your hearts."
- Unlike the Israelites who grumbled, we are exhorted to come before the Lord in joyful worship with thanksgiving.

#### 2<sup>nd</sup> Reading – Romans 5:1-2,5-8

- Having been justified by faith, we have peace with God through our Lord Jesus Christ.
- God proves his love for us in that while we were still sinners Christ died for us.

#### Gospel – John 4:5-42

- Jesus, sitting at a well in the town of Sychar in Samaria, encounters a woman and converses with her.
- Jesus announces that he is the Christ, and the woman tells others about Jesus...and they come to believe that he is the savior of the world.

## Fr. Andrew

#### READINGS FOR THE WEEK OF MARCH 12, 2023

Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/

Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

**Monday:** 2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4/Lk 4:24-30 **Tuesday:** Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/

Mt 18:21-35

Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/

Mt 5:17-19

**Thursday:** Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23 **Friday:** Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17/ Mk 12:28-34

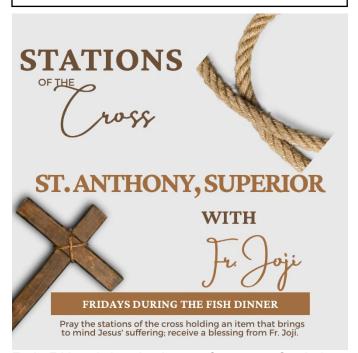
**Saturday:** Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14 **Next Sunday:** 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6 (1)/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

**Question for Children:** How do you experience Jesus helping and loving you?

**Question for Youth:** Jesus revealed himself to an outcast of society. How can you be "living water" to the outcasts of your school? Society? The world?

Question for Adults: When you are tempted to try to satisfy your "thirst for meaning" through some other means, what keeps you coming back to the living water of intimacy with Christ? Through what means do you experience Christ's power in your life: Sacraments? Scripture? Prayer? Others?

#### A LENTEN SPIRITUAL EXPERIENCE



Each Friday during the Lenten Season at St. Anthony Church, 4315 E 3<sup>rd</sup> St., Superior Fr. Joji will conduct a Lenten experience in the upper church during our Annual Fish Dinners.

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Date	Experience
1st Friday of Lent Feb. 24th	Rope
2 <sup>nd</sup> Friday of Lent March 3 <sup>rd</sup>	Crown of Thorns
3rd Friday of Lent March 10th	Cross
4th Friday of Lent March 17th	Veronica's cloth
5th Friday of Lent March 24th	Nails
6th Friday of Lent March 31st	Spear
Good Friday April 7th	Silent veneration of the
-	cross Last seven words
	and confession

#### **SOCIETY OF ST. VINCENT DE PAUL**

#### **EASTER CANDY DONATIONS**

Would you help us by donating Easter candy for children we serve? As has been our tradition,

we will provide Easter hams, foods, and Easter baskets to families we have served who would be uplifted by a special Easter celebration. Donations of individually wrapped candy can be dropped off in the entryway of the Cathedral at weekend Mass times through Sunday April 2<sup>nd</sup>.

Join us at our next meeting on Tuesday, March 14<sup>th</sup> at 6:00 p.m. For information about joining us or if you or someone you know is in need of assistance, please leave a message for us at **715-398-4039**.



#### **PRAYER GROUP MEETING**

Monday, March 20<sup>th</sup> 6:30 p.m. Cathedral Kress Hall All are welcome!

Any questions please call **Anna Marie** ~ **715-392-1673** (Meets every 1<sup>st</sup> and 3<sup>rd</sup> Mondays of the month)

#### **BOOK CLUB**

The Cathedral Book Club welcomes new and returning members who enjoy discussing a wide variety of books. We meet on the following Wednesdays, at 6:30 p.m. in the Cathedral Parish Office.

04-12-2023 – "A Prayer for Owen Meany" by John Irving 05-10-2023 – "A Note Through The Wire" Doug Gold

#### **YOUTH GROUP NEWS**

<u>Thank you!</u> The Youth Group fundraising we kicked off last weekend for Extreme Faith Camp was a HUGE success. And we can't do that without our Parishioners. THANK YOU for supporting us.

**Bagging Groceries** again this year at the SuperOne in East End, Superior on March 24<sup>th</sup> from 4-7pm and March 25<sup>th</sup> from 11am - 5pm. Stop by and say hi to our Youth Groupers in Action!

#### **Volunteer Opportunities**

St Anthony - Superior

Friday Night Fish Fry Dinners

Each Friday during lent, 3-4 volunteers would be needed to help clear tables during and clean the dining hall at the end of the meal.

#### **Knights of Columbus**

Lenten Retreat

Sat March 18, 2023 9:30am - 5pm (whatever hours you can)

#### St. Francis

Roast Beef Dinner - as many volunteers as possible Sat Apr 1, 2023 from 9am - 11am Sun Apr 2, 2023 from 8am - 5pm (whatever hours you can)

#### St Vincent de Paul

Knights of Columbus 40 Cans for Lent Food Drive Mon Apr 10, 2023 – sorting, boxing, and moving food donations

#### **Annual Community Breakfast**

Sat Apr 15, 2023 – setting up and kitchen prep

Sat Apr 16, 2023 – serving tables and other help as needed

#### Cathedral - Kress Hall

Chicken Dinner

Sat, April 29<sup>th</sup> - help is needed in the morning Sun, April 30<sup>th</sup> (whatever hours you can)

#### St Anthony - Superior

Annual Tea Party

Sat, May  $13^{\text{th}}$  - servers are needed from 11am - 2pm and clean up starting at 2pm

Please RSVP for events and volunteer opportunities to Virginia at 952.300.1671 or

virginiak@superiorcatholics.org.

#### **KNIGHTS OF COLUMBUS COUNCIL 499**



#### **Knights of Columbus Bike Barn**

Knights of Columbus Council 499 is looking for a donated space to be used as a volunteer run, no cost bike shop in Superior. We would

welcome all skill levels and strive to provide a safe space for people to repair or build a bicycle. There will be no monetary charge for any bikes or bike parts. We hope to be able to accept donated bikes, bike parts, tools, or cash donated to the Knights of Columbus to buy supplies for the shop once we have a space. We would like something the size of a single stall garage which is secure to start this project. If you have a space you could donate for our use or have questions, please send an e-mail to Ken at <a href="marypet@iw.net">marypet@iw.net</a> or call his cell phone at 507-350-9660.

#### **CATHEDRAL SCHOOL NEWS**



- March 13<sup>th</sup>-17<sup>th</sup> No School Spring Break
- March 23<sup>rd</sup> STEAM Night
- April 6<sup>th</sup>-10<sup>th</sup> No School Easter Break
- April 21st Reader's Theater

#### Registration is Open!

**Preschool:** Cathedral Preschool offers a 3-and 4-year-old program. Cathedral School is also a site for Superior Community Preschool. If you have any questions regarding any of our programs, or to register for Cathedral Preschool please contact Kristen Revering **715-392-2976**.

#### Kindergarten-8th grade

Registration begins February 1<sup>st</sup> for the 2023-2024 school year. If you or someone you know is interested in enrolling or receiving registration information, please contact the school at **715-392-2976**.

#### MASSES AT ST. MARY HOSPITAL, SUPERIOR

Masses at St. Mary's Hospital, Superior, are held on Wednesdays at 11:15 a.m.

#### **RCIA**

The Rite of Christian Initiation of Adults – RCIA – is a process of the Catholic Church designed to help adults to become fully initiated, practicing Catholics.

Any questions contact RCIA coordinator Kathy Drinkwine at 715-394-3005 or Kathy.RCIA@gmail.com

The next meeting is on Thursday, March 2<sup>nd</sup> from 6:30 to 8:30 p.m. in Kress Hall.

#### **RELIGIOUS EDUCATION**



#### **RELIGIOUS EDUCATION CLASSES**

Wednesday, March 15<sup>th</sup> NO RELIGIOUS ED.

#### Watch Mass live on the myParish app!

Look for the Mass Videos button to watch Mass live right from the myParish app. The app has lots of great features. You can set a prayer reminder, walk through the Examination of Conscience prior to confession, read the readings of the day, or listen to homilies. The myParish app can be downloaded free on your mobile device in the iTunes or Google Play Store.

#### **CLUSTER NEWS**

#### **COME HOLY SPIRIT**

Thursdays during Lent from 5:00 p.m. - 6:00 p.m., join Fr. Andrew for the Stations of the Cross and a weekly reflection. Followed by a Soup Supper provided by the Knights of Columbus Christ the King Council #16691

#### **FATHER LEE FLAHERTY**

Fr. Lee Flaherty would like his friends in Superior to know that his laptop died and he lost all of his email contacts. Please send him an email at <a href="mailto:leonflhrt@gmail.com">leonflhrt@gmail.com</a> to stay in touch. He is doing well and sends peace, prayers, and blessings to all of the parishioners.

#### FR. LEE FLAHERTY'S ADDRESS

Fr. Lee Flaherty C.PP.S.

St. Charles Center 2860 US Route 127 Apt. 113

Celina, OH 45822-9533

#### **Eucharistic Adoration in our Cluster:**

**St. Anthony, Superior**. -1st Tuesday from 8-8:30 a.m.

**Cathedral** – every Thursday from 1 – 3 p.m.

**St. Anthony, L.N** – every Thursday from 9 – 10 a.m.

St. William – 1st Saturday from 5:30 – 6 p.m.

**Holy Assumption** – 1st Friday from 7:30 – 8 a.m.

#### **Upcoming Catholic Daughters (CDA) meetings:**

Monday, March 13, 2023 at St. Anthony-Superior (4315 E. 3rd St.) at 11:00 am. The speaker will be Father Joji. A light lunch will be served. - Cleaning supplies for the Society of St. Vincent de Paul will be collected.

Monday, April 10, 2023 at 11:30 am at St. William Church (3095 E. Cty Trk B). A light lunch will be served. Paper products and ready-to-eat foods will be collected. - Wis. CDA State Convention: Items will be collected for the 'Baskets of Delights' to be auctioned off. Money will be collected for the convention project. State raffle tickets will be available to purchase at the meeting.

#### **OTHER NEWS**

#### PHOTO DIRECTORY

It's time for our new Photo Directory! Our photo directory will not be complete without you. Schedule your professional photography session at the back of church or online (Monday-Friday). Everyone who is photographed will receive a complimentary 8x10 portrait and directory. Set your appointment today!

Simply go to <a href="https://ucdir.com">https://ucdir.com</a> Then, click on "Photography Scheduling Login." The "Church Codes" are as follows: Cathedral: wi227a St. William: wi227b St. Anthony Superior: wi227c Holy Assumption: wi227d St. Anthony Lake Nebagamon: wi227e The "password" is **photos** for all. You can have your portrait taken in any church, regardless of where you are a parishioner.

#### ST FRANCIS ROAST BEEF DINNER

St. Francis Xavier Church is holding their Annual Roast Beef Dinner on Palm Sunday, April 2<sup>nd</sup>, from 11 a.m. - 4 p.m. in the church hall at 2316 E 4<sup>th</sup> Street in Superior. The meal includes Roast Beef w/gravy, mashed potatoes, green beans, coleslaw, dinner roll and dessert. Ticket prices are \$10 for adults, \$5 for children ages 6-12 and under 6 are free. Bring a canned food item for a chance to win a SuperOne gift card!

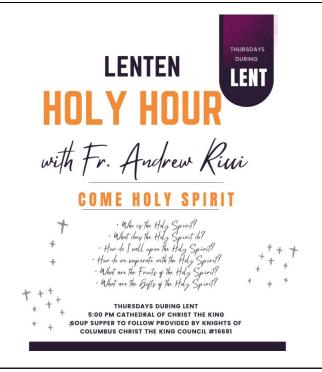
# ST. MARY STAR OF THE SEA EASTER HAM BINGO

Sunday, March 26th at 1:00 pm Sloppy Joe & Hot Dog lunch served at 11:30 a.m.. Silent auction, Easter basket raffle for children, Prize raffle Plenty of parking and handicapped accessible.

#### CATHEDRAL'S - 60th ANNUAL CHICKEN DINNER

Fun, Fellowship & Food!
Cathedral's Annual Chicken Dinner
Will be held in Kress Hall
Sunday, April 30th, 2023 - 11:30 AM to 3:00 PM or sold out
So come early & dine in or take out
Call 715-392-1661 Sunday, April 30th by 2 PM for delivery
within city limits
Chicken, mashed potatoes & gravy, corn, coleslaw,
Cranberries, dinner roll, & dessert
Dinner Price: Adults & Take-outs \$12.00; age 12 & under

\$8.00
Purchase Tickets at the Door



#### THE MASS OF CHRISM

#### Tuesday, March 28, 2023 - 12:00 Noon

You are invited to join in the celebration of the Mass of Chrism here at Cathedral on Tuesday, March 28th at 12:00 noon. During the Mass, the Oils of Catechumens, of the Sick and of Chrism will be blessed in preparation for Easter Sacraments and those of the coming year. It is a very special event, open to all Catholics. There will be NO other scheduled Masses in the City of Superior on the day of the Chrism Mass. It is an important diocesan celebration and we at Cathedral are privileged to act as hosts. We hope that many of you will be able to attend and extend a warm "Cathedral" welcome to visitors from throughout the diocese. There will be a luncheon served immediately following in Kress Hall. If you plan to attend the luncheon, we ask that you purchase vour ticket in advance at the Parish Office. The cost of the ticket is \$15.00. Reservations for the luncheon are required, as the caterer will need an accurate count for food

preparation. <u>Deadline to purchase your ticket is Friday</u>, March 17<sup>th</sup>, 2023.

ANNUAL SDCCW PAX CHRISTI AWARD

PAX CHRISTI NOMINATIONS can be submitted starting January 1, 2023. All NOMINATIONS are Due by March 15th, 2023. This award has the endorsement of Bishop Powers, encompasses all parishes in the Diocese of Superior and is a way your parish community can recognize and honor the devout, hardworking Christian women within your parishes. Nominees may be either lay or religious, single, or married women. Each parish is encouraged to nominate one woman for this award annually. Please check the Superior Diocesan Council of Catholic Women's website: https://sdccw-wisconsin.weebly.com/ for information on the Guidelines and Nomination Form. For more information or questions please contact SDCCW Pax Christi Co-Chairs Jane Schiszik janeschis@hotmail.com or call 715-748-5240 and/or Rosalie Bryan at rosalie4519thrp@aol.com or call 281-923-6124

# SPECIAL BULLETIN ANNOUNCEMENT FROM THE DIOCESE OF SUPERIOR

After many months of research, deliberation, and prayer, Bishop James P. Powers authorized the release of the names of clergy with substantiated allegations of abuse of a minor in the Diocese of Superior. This information is available on the Diocesan website <a href="www.catholicdos.org">www.catholicdos.org</a> and was published in the November 24, 2022 edition of the Catholic Herald. The majority of names on this list are deceased and pose no further danger. Those who are living have been removed from all priestly ministry.

Bishop Powers and his staff are aware that the publication of these names may move additional victims to come forward. The Diocese of Superior is open to receiving these calls. To make a report, please contact Coordinator of Assistance Kathy Drinkwine as shown below:

Office (during work hours): 715-394-0216

Cell (evenings and weekends): 715-718-1110

Email: kdrinkwine@catholicdos.org

Victims are also advised to contact local law enforcement.

**AT ALL TIMES**, if there is imminent danger to a child call **911**.

I, Bishops James P. Powers, announce a special dispensation for Catholics from adhering to the law of abstinence for Friday, March 17, 2023. This Lenten dispensation allows the faithful of the Diocese of Superior and any visitors or travelers who may be present within the diocese to celebrate the Feast of St. Patrick without adhering to the obligation of abstinence from meat. In observance of this Friday of Lent, I encourage those who utilize the dispensation to perform another act of penance (self-denial, charity, prayer, etc.) on some other day of the second week of Lent.

Mot Rev James P. Power

Most Rev. James P. Powers

Bishop of Superior

#### THIRD SUNDAY OF LENT



The Samaritan woman said to him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?" Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water."

— J n 4:9 a , I 0
Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

#### NATIONAL EUCHARISTIC REVIVAL



Adoration of the Blessed Sacrament will be held at St. Anthony, Superior on Friday, April 5<sup>th</sup> at 6:00 p.m.

Our Lord is hidden there in the Blessed Sacrament, waiting for us to come and visit Him, and make our requests to Him.

St, John Vianney



PLEASE VISIT OUR SUPERIOR CLUSTER WEBSITE AT: https://superiorcatholics.org-



PLEASE LIKE ST. ANTHONY - SUPERIOR ON FACEBOOK

https://www.facebook.com/StAnthonySuperior



#### **LENTEN FISH DINNERS**

Each year during Lent our St. Anthony parish community holds seven weekly Friday – Fish Dinners to assist in paying our Cathedral School Assessment and our yearly budget. Much time and effort go into these events.

Not all of our parishioners are able to contribute time to assist in making these events possible. If you would like to "sponsor" an item, or part of an item needed for the dinners, please contact the parish office or place your monetary contribution in the collection basket at the weekend Mass, marked "Fish Dinner".

Please consider assisting us in preparing our Friday Fish dinners and/or preparing desserts during this Lenten season. 'Many hands make light work'. Please sign up on the sheets that are located in the entrance of our church.

Week One: Adults 291, Students 14 Week Two: Adults 335. Students 12



The following is a list of some items that are used throughout the duration of these events. Prices reflect approximate total cost of each item used.

Thank you for your support!

i nank you for your support!		
Item	Cost	Donor
Fish	\$6200.00	Tom & Pat Lozon \$200 Ron & Liz Gaynor \$200 Anonymous \$1,500 Carol Zowin \$165 Butch & Nancy Venne \$50 Anonymous \$100 Anonymous \$50 Tom & Phyllis Flaherty \$100
Fish Sticks	\$272.00	Jerry & Brenda Wiisanen \$272
Potato Baker	\$395.00	
Potato Flakes	\$436.00	Anonymous \$500
Butter	\$271.00	Mike & Karen Kraft \$271
Green Beans	\$816.00	Anonymous \$200
Milk	\$63.00	Sandy Gunski \$63
Fruit Punch	\$65.00	Sandy Gunski \$65
Coleslaw.	\$701.00	
Shortening	\$880.00	
Flour	\$151.00	
Coffee	\$278.00	Anita McFarlane \$272
Bisquick	\$151.00	
Tartar Sauce	\$214.00	Kevin & Lori Feind \$214
Sour Cream	\$178.00	Jame Moe \$178
Lemon Juice	\$95.00	Butch & Cheryl Liebaert \$100
Foil	\$22.00	Carol Zowin \$22
Seasoning	\$98.00	Barb VanHolbeck \$100
Sterno	\$48.00	Jeanne Kuhn \$48
Buns	\$591.00	
Paper Products	\$275.00	Dorothy Scott \$100
Pickled Beets	\$500.00	

We are so excited to announce Cathedral School's 13<sup>th</sup> Annual



# Lumen Christi Award Dinner

In Honor of

# Fr. Dean Buttrick

Friday, May 26, 2023 UWS YellowJacket Union Great Room

Social Hour begins at 5:30pm
Formal Dinner at 7:00pm
Dessert and Award Presentation to follow at 8:00pm

This award is presented to a member of our community who lives the values that our School strives to instill in our students. The award is called "Lumen Christi" which means "the Light of Christ," and it refers to Christ as the source of truth, faith, knowledge, and character.

Fr. Dean clearly shines with the Light of Christ to so many and is very deserving of the award.

His full bio will be forthcoming.

If you would like to attend this event, please complete and return the form below marked "Lumen Christi Award Dinner" to the School Office with your payment before May 16th.

(You may place it in the offertory box or drop it off at the rectory office, also.)

Name(s)	
	Will attend (\$100 per person is enclosed)
Address	Cannot attend, but please accept this donation
	All proceeds directly benefit Cathedral School.

## Past Honorees of the Lumen Christi Award

2010

Steve Bachand

2011

Frank Giesen

2012

Arlene Nordeen

2013

Msgr. Philip J. Heslin

2014

Phil Milroy

2015

Fr. Leon J. Flaherty, C.PP.S

2016

Fr. Ronald Olson, OFM Conv.

2017

Marge & Jim Tracy

2018

Tom & Sandy Henning

2019

George Peterson

2020/2021

Eugene McGillis

2022

John & Kathy Berchild

## <u>Past Honorees of the Bishop Annabring</u> <u>Lifetime Achievement Award</u>

2012

Msgr. Ed Meulemans

2020/2021

Andy Lisak



# DIOCESE OF SUPERIOR INVITATION TO THE MASS OF CHRISM

## To the Faithful of the Diocese of Superior

As Diocesan Bishop, I cordially invite you to join me and the entire presbyterate in the blessing of the Oil of Catechumens, in the blessing of the Oil of the Sick, and in the consecration of Chrism at the celebration of the MASS OF CHRISM on Tuesday, the 28th day of March 2023, at 12:00 noon, at Cathedral of Christ the King, Superior, Wisconsin.

If you cannot be present for this celebration. I invite you to be with us in prayer as we bless these Oils and pray for those who will receive them.

Most Reverend James P. Powers

**Bishop of Superior** 



# 40 CANS FOR LENT®

Cereal

Beef Ravioli

Pancake Mix and syrup

**Beef Stew** 

Chili

**Applesauce** 

**Hearty Soups** 

Canned Fruit

Spaghetti and Meatballs

**SpaghettiOs** 

Coffee

Protein

**Hot Cocoa Packages** 

Canned Chicken

Juice Boxes

Peanut Butter (and Jelly!)

Powdered Milk

Spam

Cheese and Crackers

**Instant Potatoes** 

Crackers

Macaroni and Cheese

**Healthy Cereal Bars** 

Pork and Beans

Ramen Noodles

Gravy in a can

Miscellaneous

Rice

Bagged Easter Candy

Scalloped Potatoes

Spaghetti Sauce

Stove Top Stuffing



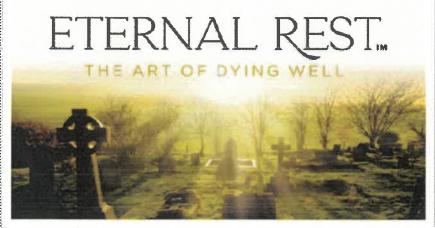
# During Lent bring your non-perishable food items to:

4315 N 3rd Avenue East Highway B

St. Anthony - Superior St. Anthony - Lake Nebagamon

St. Francis Xavier - Superior 2316 East 4th Street

Begins Ash Wednesday, February 22nd and ends on Easter Sunday, April 8th Donations for St. Vincent de Paul, Rural Care & Share, or St. Francis Food Shelves.



#### A Lenten Retreat

Sponsored by the Knights of Columbus District 91 Councils 499, 7106, 12738, 16691

Cathedral Christ the King Kress Hall

1111 Baxter Avenue Superior, Wisconsin

Saturday, March 18, 2023 9:30 a.m. — 5:00 p.m.

We all have very real questions about death:

- . What happens when we die?
- . What does Scripture teach about death?
- . How do we prepare for the life to come?

"Eternal Rest" examines the origin of death, the afterlife, and the powerful reality around the sacrament that ushers us into eternal life.

"Eternal Rest" presents the Catholic Church's teaching about death and God's response to it with wisdom and truth, gentleness and compassion, so we can think about and prepare for death in the light of Jesus Christ, the Author of life.

As part of the Knight's "Faith in Action" program, the councils of District 91 are sponsoring a Lenten Retreat open to the Diocese of Superior and beyond.

## All are Welcome!

#### Agenda (subject to change)

9:30 a.m. Registration, Meet & Greet · Coffee and Pastry

10:00 a.m. Episode 1 · The Story of Death

10:30 a.m. Morning Break · Coffee, Tea, etc.

11:00 a.m. Episode 2 · The Afterlife

11:30 p.m. Luncheon · Salad & Sandwich Bar

12:30 p.m. Episode 3 · The Hour of Our Death

1:00 p.m. Afternoon Break · Coffee and Cookies

1:30 p.m. Episode 4 · The Faithful Departed

2:00 p.m. Q & A with Priests (Bishop if schedule allows)

3:00 p.m. Adoration, Rosary & Confession

4:00 p.m. Vigil Mass

Required Pre-Registration by March 11, 2023

Scan QR Code:



or sign up at: https://forms.gle/ FZeNU3kVAeXb/T326

> or call Karen: 218-626-5593