

MARCH 16, 2025
2nd SUNDAY OF LENT



Parish Web Site - www.superiorcatholics.org
 Superior Diocese Web Site - www.catholicdos.org
 In the event of an **Emergency after Business Hours**
 Call Fr. Andrew at 715-392-8511

DAILY MASS INTENTIONS

TUESDAY, MARCH 18, 2025

8:30 A.M. – David Hooymann-M
 Bill & Pat Wildenberg

WEDNESDAY, MARCH 19, 2025

8:30 A.M. – Jim Parmeter-M
 David & Kay Winek

THURSDAY, MARCH 20, 2025

8:30 A.M. – Regina Gronski-M
 Gronski & Martineau Families

FRIDAY, MARCH 21, 2025

8:30 A.M. – Healing for Margie O’Neil Maloney
 Pattie Pitoscia



WEEKEND INTENTIONS

SATURDAY, MARCH 22, 2025

4:00 P.M. – Mary Hinaus-M
 Rick & Sharon Hoch

SUNDAY, MARCH 23, 2025

7:30 A.M. – Philip Birch-M
 Michael & Christine Sabyan

10:30 A.M. – The Spiritual & Temporal Welfare
 of Cathedral Parishioners



VOCATIONS... *This is my beloved Son, hear him.* Take
 some time to hear the beloved Son speaking to you. What
 does he say? (Luke 9:28-36)

Cathedral Church Calendar

Tues. Mar. 18 – 4-8:00pm Cathedral Leadership Mtgs.
 Wed. Mar. 19 – 5:30-6:30pm – Religious Ed. – Gr. K-6
 7:00-8:00pm – Religious Ed. - Gr. 7-11
 Thur. Mar. 20 – 1:00-3:00pm – Adoration
 5:00pm – Holy Hour
 6:00pm – Soup Supper
 Sun. Mar. 23 – 12:00-3:00pm – 1st Communion Retreat



PRAYER MINISTRY – There are people in the parish
 willing to share your needs and prayers. Please call
 Mary Jo **218-341-2606** if you or a loved one is in need.



**Notice: ALL MINISTERS OF HOLY COMMUNION,
 READERS, SERVERS, USHERS & GREETERS...**We will
 be scheduling for the **months of May, June & July.** If
 you know of dates you cannot volunteer, please call the
 parish office (715-392-8511) no later than Friday, April 4th.
 Thank you!

LITURGICAL ROLES for Mar. 22 & 23

READERS:

4:00 Tom Unterberger
7:30 Sara Fouts
10:30 Tom Henning & Kendra Schmidt



EUCCHARISTIC MINISTERS:

4:00 Tom Unterberger (F) & Jill Unterberger (B)
Need 2 Ministers for Communion Cup
7:30 Justin Fouts (F) & Brendan Fouts (B)
Need 2 Ministers for Communion Cup
10:30 Sean Tenerelli (F) & Anne Sims (B)
Cup: Sandy Henning & Tom Henning



SERVERS:

4:00 Lucy & Penelope Canfield
7:30 Caleb, Damien, & Seth Fouts
10:30 Lily & Lauren Milliken



USHERS:

4:00 Eric Williams (Lead)
 Irene Peterson
 Need 2
7:30 Bob Ahlborg (Lead)
 Jim Crawford
 Steve DeVinck
 Rose Kidd
10:30 Walt Tafelski (Lead)
 John Berchild
 Bonnie Thom
 Need 1



GREETERS:

4:00
7:30 Mavis Moran
10:30 Bonnie Thom



STEWARDSHIP OF TREASURE

Peter, James, and John wanted to build a “booth” for
 Jesus and just stay on the mountain where His
 transfiguration took place. But the Son of God, the
 Chosen One, knew that He must instead keep moving
 toward His Crucifixion. We, too, must rise from worship
 and do what we can to hasten the coming of the Kingdom.

	Mar. 8/9	Last Year
Envelopes:	106	131
Collection:	\$8,506.00	\$8,885.00
On-Line Giving (65)	\$5,507.00	\$3,969.00
Loose:	\$ 512.00	\$ 472.00



Black & Indian Mission Collection: \$2,366.00

Thank you for your generosity!

WEEKLY MEDITATION

Here are some of the themes that we discover in the Mass
 readings for the 2nd Sunday of Lent.

1st Reading - Genesis 15:5-12,17-18

- God promises Abram that his descendants will be as numerous as the stars in the sky.
- God enters into a covenant with Abram and promises to give his descendants land from the Wadi of Egypt to the Euphrates River.

Psalms - 27:1,7-9,13-14

- "The Lord is my light and my salvation."
- With the Lord as our refuge, we have courage to face our fears.

2nd Reading - Philippians 3:17-4:1

- Paul exhorts the people to imitate his example in following the cross of Christ.

- Our citizenship is in heaven, and from there we await the savior who will change our lowly body to conform to his glorified body.

Gospel - Luke 9:28b-36

- Jesus takes Peter, John, and James up a mountain where he is transfigured in glory.
- Christ is speaking with Moses and Elijah, and they are discussing the "exodus" that he will accomplish in Jerusalem.
- The Father's voice speaks from a cloud, saying, "This is my chosen Son; listen to him."

Fr. Andrew

Question for Children: Jesus invites you to be close to him, to see him with clear eyes. What is Jesus like as a friend?

Question for Youth: What do you most want God to help you with?

Question for Adults: Sometimes we can see Christ with clear eyes, as the disciples did on that mountain. Share about such a time in your own life.

Readings for the week of March 16, 2025

Sunday:	Gn 15:5-12, 17-18/Ps 27:1, 7-8, 8-9, 13-14 Phil 3:17—4:1 or 3:20—4:1/Lk 9:28b-36
Monday:	Dn 9:4b-10/Ps 79:8,9,11 and 13/Lk 6:36-38
Tuesday:	Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23 Mt 23:1-12
Wednesday:	2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27 and 29/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a or Lk 2:41-51a
Thursday:	Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31
Friday:	Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19, 20-21/Mt 21:33-43, 45-46
Saturday:	Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 15:1-3, 11-32
Next Sunday:	Ex 3:1-8a, 13-15/Ps 103:1-2, 3-4, 6-7, 8, 11 (8a)/1 Cor 10:1-6, 10-12/Lk 13:1-9
Scrutiny:	Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

CATHEDRAL NEWS

LENTEN HOLY HOUR with Fr. Andrew Ricci

5:00pm ~ Thursdays during Lent at Cathedral Stations of the Cross & a six-part series entitled "Carry Your Cross"

Soup Supper to follow provided by the Knights of Columbus Christ the King Council #16691

BLANKET MINISTRY

The Blanket Ministry will be tying blankets after the 8:30am Mass on Tuesday, March 18th. We will meet in Kress Hall in Room 2. All are welcome to join us!

TOURS OF THE CATHEDRAL

Tours are being offered at the Cathedral after all of the Masses on the weekend of March 22nd & 23rd. Tour guides will be available in the back of the church after each of the Masses.

CATHOLIC MEN'S GROUP MEETING

The Catholic Men's Group will meet on Monday, March 24th at 7:00pm in Kress Hall. We invite men to join us for Catholic fellowship and discussion.



BOOK CLUB

The Cathedral Book Club is open to all interested readers in our area, regardless of which parish you call home. Each month we have a lively and interesting discussion. We meet at 6:30pm in the large meeting room at Cathedral Parish Office.



April 2nd
May 7th

The Bully Pulpit
Left To Tell

by Doris Kerns Goodwin
by Immaculee Ilibagiza

**CATHEDRAL
62nd ANNUAL CHICKEN DINNER
APRIL 27, 2025**



Hello to all from the Chicken Dinner Committee! Preparations for our 62nd Annual Chicken Dinner are once again underway. If you would like to sponsor or simply contribute to help cover the cost of any items needed for the dinner, please contact the parish office (715-392-8511) or place your contribution in the collection box at a weekend mass, marked "Chicken Dinner" indicating what item(s) you would like your much appreciated contribution to be applied towards. Please consider sponsoring any items listed below. Once again – thank you in advance for your consideration and generosity.

Chicken	\$1,800
Stuffing (SPONSORED)	\$00
Cabbage (SPONSORED)	\$00
Pickles	\$60
Cranberry sauce (SPONSORED)	\$00
Vegetables	\$300
Potatoes	\$250
Milk, Butter, Lemonade, Coffee	\$200
Coleslaw dressing (SPONSORED)	\$00
Gravy (\$100 SPONSORED)	\$ 25
Dinner Rolls	\$250
Seasoning for chicken (SPONSORED)	\$00
S.S.H.S.F charge for cooking chicken	\$480
Carryout containers	\$70
Desserts & Plates	\$300
Beverage cups	\$40
Dinner plates	\$40
Napkins, placemats	\$40
Angel Tickets	\$13 EACH

Purchasing "Angel Tickets" at (\$13 each) is also an opportunity to make meals available for those who are in need. This may be done in the same way as a sponsorship of expenses. Please simply include a note to apply to your donation that specifies "Angel Tickets".

Formed QR



Hallow QR



RELIGIOUS EDUCATION

RELIGIOUS EDUCATION CLASSES

Wednesday, March 19th ~ in Kress Hall
5:30-6:30pm for grades K-6 and
7:00-8:00pm for grades 7-11



FIRST COMMUNION RETREAT

Sunday, March 23rd
12:00pm -3:00pm
At Cathedral



YOUTH'S CORNER

Religious Education

Religious Education classes resume this Wednesday, March 19th. We will be providing dinner and adoration upon request. Please reach out to Virginia (952.300.1671 or vrkovy@gmail.com) to reserve your adoration time.

Extreme Faith Camp

Bagging for Groceries will take place again this year as we fundraise to send our kids to Extreme Faith Camp. Our campers, high school leaders and chaperones will attend the week of June 15-20th this summer for a week of fellowship, challenges, sacraments, and time with our Lord.

Volunteers will be stationed at the East End SuperOne on Harbor Drive in Superior on **Friday, March 21st from 4-7pm and again Saturday, March 22nd from 10am - 4pm.** Please consider shopping at SuperOne during these times and visit with our EFC patrons. They are excited to explain what EFC means to them and all donations received helps to send the 15 going.

Speaking of volunteers, if you are attending EFC this summer please RSVP to Virginia (952.300.1671 or vrkovy@gmail.com) for at least 1 of the following time slots:

- Friday March 21st from 4pm - 7pm
- Saturday March 22nd from 10am - 1pm
- Saturday March 22nd from 1pm - 4pm

SOCIETY OF ST. VINCENT DE PAUL

WORKS OF MERCY

The works of mercy are charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities. Instructing, advising, consoling, comforting are spiritual works of mercy.... The corporal works of mercy consist especially in feeding the hungry, sheltering the homeless, clothing the naked, visiting the sick and imprisoned, and burying the dead. Among all these, giving alms to the poor is one of the chief witnesses to fraternal charity: it is also a work of justice pleasing to God. - Catechism of the Catholic Church.

Consider works of mercy this Lent.

Voicemail: 715-398-4039



Mailing Address: SVDP P.O. Box 98 Superior, WI 54880 (Monetary donations can be sent to this address. 95 cents out of every dollar goes directly to serve basic needs of those in our community).

CATHEDRAL SCHOOL NEWS



Preschool Registration Information

Cathedral School continues our tradition of 3 year-old and 4 year-old Preschool, and enrollment has begun for the 2025-2026 school year. Preschool classes are 5 days a week with half-day or full day options available. Before and After school care is available for Preschool students through our Extended Care program. For more information, please contact us at 715.392.2976.

PK-8th Grade Information

PK-8th grade registration for the 2025-2026 school year has begun for the 2025-2026 school year. For more information, please contact us at 715.392.2976.

CLUSTER NEWS

MASSES AT ST. MARY HOSPITAL-SUPERIOR

Masses are celebrated at St. Mary's Hospital, Superior, on Wednesdays at 11:15 A.M.

EUCCHARISTIC ADORATION IN OUR CLUSTER:

Cathedral – every Thursday from 1-3pm
St. Anthony, L.N. – every Thursday from 9-10am
St. William – 1st Saturday from 5:30-6pm
Holy Assumption – 1st Friday from 7:30-8:00am
St. Anthony, Sup. – 1st Tuesday from 8-8:30am



FISH FRY

St. Anthony Church, 4315 E. 3rd. St. in Superior, will be serving our Annual Lenten Fish Dinner each Friday during Lent starting March 7th and continuing through April 18th from 4:00 – 6:30 p.m. The dinner will be dine-in or take-out.

Meal includes: Fried or Baked Fish, Mashed or Baked Potato, Coleslaw, Vegetable, Pickled Beets, Roll, and Dessert (Beverage for dine-in). Adults – \$15.00, Students (12 and under) – \$7.00 and Preschool – Free.



We are handicapped accessible. Local deliveries will be available by calling **715-398-3261** Monday through Thursday each week. If there is no answer, please leave a message including name, address and phone number.

PURIFIED AND GENDER AND THE THEOLOGY OF THE BODY

Have you noticed that we live in a culture where relationships have become more confusing than ever? If you're looking for straight answers to tough questions about love according to God's designs, then don't miss the upcoming event at Our Lady of the Lake in Ashland, Wednesday, March 26th, 6-9:15pm: **Purified + Gender and the Theology of the Body**, with Jason Evert, with music by Aly Aleigha. This life-changing night featuring renowned speaker Jason Evert is for all ages, 13 and up (or younger at parents' discretion). So, bring the family and please consider inviting a friend, especially someone who doesn't usually come to events at Church. You'll be amazed at the impact this event will have on them! Don't wait! Tickets are selling fast! Get your ticket by going to <https://chastity.com/events/jason-evert-double-feature-49/>

THE MASS OF CHRISM

Tuesday, April 8, 2025 – 12:00 Noon

You are invited to join in the celebration of the Mass of Chrism here at Cathedral on Tuesday, April 8th at 12:00 noon. During the Mass, the Oils of Catechumens, of the Sick, and of Chrism will be blessed in preparation for Easter Sacraments and those of the coming year. It is a very special event, open to all Catholics. There will be NO other scheduled Masses in the City of Superior on the day of the Chrism Mass. It is an important diocesan celebration and we at Cathedral are privileged to act as hosts. We hope that many of you will be able to attend. There will be a luncheon served immediately following in Kress Hall. **If you plan to attend the luncheon, we ask that you purchase your ticket in advance at the Parish Office. The cost of the ticket is \$15.00.** Reservations for the luncheon are required, as the caterer will need an accurate count for food preparation. **Deadline to purchase your luncheon ticket is Tuesday, March 25th, 2025**



"24 Hours for the Lord" 2025 Schedule

Wednesday, March 26th

8:30am	School Mass -Fr. Andrew
9:00am	Eucharistic Adoration Begins
9:30am	Rosary
9:30-Noon	Confessions
11:30am	Rosary
12:05pm	Mass -Fr. Andrew
12:30pm	Eucharistic Adoration resumes immediately after Mass
2:00pm	Stations of the Cross
2:30-4:00pm	Confessions
3:00pm	Chaplet of the Divine Mercy
5:00pm	Rosary
5:30-8:00	Confessions
8:00pm	Mass - Fr. Andrew
8:30pm	Resume Eucharistic Adoration through the night

Thursday, March 27th

Midnight	Rosary
6:30am	Rosary - on "The Rosary Channel" with David Dusek
8:00am	Stations of the Cross
8:30am	Mass-Fr. Andrew

"We unite our hearts to Jesus Christ through study,
prayer, and service."

24

HOURS

for the Lord!

MARCH
26-27,
2025

YOU ARE MY HOPE

WEDNESDAY, MARCH 26TH

8:30 AM MASS

9:00 AM EUCHARISTIC ADORATION BEGINS

9:30 AM ROSARY

9:30-NOON CONFESSIONS

11:30 AM ROSARY

12:05 PM MASS

12:30 PM EUCHARISTIC ADORATION RESUMES

2:00 PM STATIONS OF THE CROSS

2:30-4:00 PM CONFESSIONS

3:00 PM CHAPLET OF THE DIVINE MERCY

5:00 PM ROSARY

5:30-8:00 PM CONFESSIONS

8:00 PM MASS

8:30 PM EUCHARISTIC ADORATION THROUGH THE NIGHT

THURSDAY, MARCH 27TH

MIDNIGHT ROSARY

6:30 AM ROSARY WITH LIVESTREAM

8:00 AM STATIONS OF THE CROSS

8:30 AM MASS



DIOCESE OF SUPERIOR

INVITATION TO THE MASS OF CHRISM

To the Faithful of the Diocese of Superior

As Diocesan Bishop, I cordially invite you
to join me and the entire presbyterate
in the blessing of the Oil of Catechumens,
in the blessing of the Oil of the Sick,
and in the consecration of Chrism
at the celebration of the MASS OF CHRISM
on Tuesday, the 8th day of April, 2025, at 12:00 noon,
at Cathedral of Christ the King, Superior, Wisconsin.

If you cannot be present for this celebration,
I invite you to be with us in prayer as we bless
these Oils and pray for those who will receive them.

A handwritten signature in black ink, reading "Most Reverend James P. Powers". The signature is written in a cursive, flowing style.

Most Reverend James P. Powers
Bishop of Superior



**Christ the King Council 16691
Superior WI
Knights of Columbus**

40 Cans for Lent 2025

Our Christ the King Council 16691 of the Knights of Columbus is again helping the St. Vincent de Paul food shelf with this year's 40 Cans for Lent. Can you help us? As much as you are able, please consider 40 cans (or boxes or packages) for Lent. Here is a list of items requested by our St. Vincent de Paul food shelf for the 2025 Cathedral collection. Their needs are very great this year. This list is somewhat different than last year's list.

Please do not purchase or donate items in glass jars, as they could break and cause a big mess. Plastic jars (such as plastic peanut butter jars) are fine. Please do not provide fresh foods (such as bread and fresh vegetables and fruits) and items requiring refrigeration, and please do not donate expired or opened items. PLEASE: The Food Shelf DOES NOT NEED plain canned beans (like lima beans, pinto beans, garbanzo beans, etc.). Thank you!

Donations can be brought to Cathedral between now and Holy Thursday. We anticipate that items will be on display on the steps to the stage in Kress Hall. **THANK YOU FOR YOUR GENEROUS DONATION! VIVAT JESUS!**

Breakfast Foods

- Cereal
- Pancake Mix and syrup

Fruit and Vegetables

- Canned fruit
- Canned Vegetables

Beverages

- Coffee
- Hot Cocoa Packages
- Powdered milk
- Shelf stable milk

Ready-to-Eat Foods

- Cheese and Crackers
- Crackers (all kinds)
- Healthy Bars (such as granola or cereal bars)
- Jell-O or pudding cups

Miscellaneous

- Easy Snacks for kids

Easy Meals in a Box or a Can and Protein

- Baked Beans (like Bush's, etc.)
- Beef Ravioli
- Beef stew
- Canned meats (chicken, ham, salmon, Spam, tuna)
- Chili (Hormel with pop-top lids)
- Chili in a Bag
- Ground Beef (canned)
- Hearty Soups (not creamed soups) chunky, hearty (such as Progresso, etc.)
- Peanut Butter (and Jelly!)
- Spaghetti and meatballs
- Spaghetti-O's

Carbohydrates

- Instant potatoes
- Macaroni and Cheese bowls
- Ramen Noodles
- Scalloped Potatoes
- Spaghetti Sauce
- Stove Top Stuffing



Dine-in or Take-out Lenten Fish Dinner

Each Friday during Lent,
March 7th through April 18th, 2025

Serving from 4:00 — 6:30 p.m.

St. Anthony Catholic Church
4315 E. 3rd. St. Superior, WI

*Handicapped accessible. Local deliveries are available by calling
715-398-3261 Monday through Thursday. If no answer please leave a
message, including name, address and phone number.
Take-out orders will be available downstairs in the Parish Hall.*

Menu

Fried or Baked Fish,
Mashed or Baked Potato,
Cole Slaw, Vegetable,
Pickled Beets, Roll, Dessert,
and Beverage.

Cost

Adults \$15.00
Students (12 & under) \$7.00
Pre-school (5 & under) Free



Serving great
Lenten
Fish Dinners
since 1991

LENT PRAY40 GUIDE 2025

INRI

HALLOW

PRAY40



THE WAY

LENT

ST. JOSEMARÍA ESCRIVÁ
TAKASHI NAGAI

Drawing on the incredible writings of St. Josemaría Escrivá, author of *The Way*, we'll follow Jesus into deeper faith every day this Lent. To help bring Escrivá's advice to life, we'll follow the story of Servant of God Takashi Nagai, a Japanese physician who survived the atomic bombing of Nagasaki in 1945. He survived, but his life was not without difficulty, heartbreak, and, ultimately, conversion.

This Lent, as we meditate on the lives of those who follow Christ, we'll see that despite the noise and distraction of today, Jesus died on the cross so that we might experience His love, His peace, and, ultimately, eternal life.

We need only to follow **His Way**.

"If our desire for holiness is sincere, if we are docile enough to place ourselves in God's hands, everything will go well. For He is always ready to give us his grace, especially at a time like this — grace for a new conversion, a step forward in our lives as Christians.

We cannot regard this Lent as just another liturgical season which has simply happened to come around again...

Jesus is passing by and He hopes that we will take a great step forward — today, now."



PRAY40 BOOKS

THE WAY

DAY 1	ASH WEDNESDAY	01
DAY 2	ASHES	01
DAY 3	FASTING FRIDAY	02
DAY 4	SILENT SATURDAY	03
DAY 5	SUNDAY HOMILY	03

THE WAY OF PRAYER

DAY 6	"26"	04
DAY 7	CHRISTMAS EVE	04
DAY 8	SWEETHEART	05
DAY 9	STORY OF FAITH	06
DAY 10	FASTING FRIDAY	06
DAY 11	SILENT SATURDAY	07
DAY 12	SUNDAY HOMILY	07

THE WAY OF LOVE

DAY 13	GONE	08
DAY 14	RETURN	08
DAY 15	ORDINARY	09
DAY 16	STORY OF FAITH	10
DAY 17	FASTING FRIDAY	10
DAY 18	SILENT SATURDAY	11
DAY 19	SUNDAY HOMILY	11

THE WAY OF SUFFERING

DAY 20	THE CROSS	12
DAY 21	THE BOMB	12
DAY 22	MIDORI	13
DAY 23	STORY OF FAITH	14
DAY 24	FASTING FRIDAY	14
DAY 25	SILENT SATURDAY	15
DAY 26	SUNDAY HOMILY	15

THE WAY OF PRAYER

DAY 27	KOLBE	16
DAY 28	SPEECH	16
DAY 29	MEANING	17
DAY 30	STORY OF FAITH	18
DAY 31	FASTING FRIDAY	18
DAY 32	SILENT SATURDAY	19
DAY 33	SUNDAY HOMILY	19

THE WAY OF RESURRECTION

DAY 34	BELLS	20
DAY 35	VISITORS	20
DAY 36	FUNERAL	20
DAY 37	STORY OF FAITH	21
DAY 38	FASTING FRIDAY	21
DAY 39	SILENT SATURDAY	22
DAY 40	SUNDAY HOMILY	22

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PRAY40 BOOKS

Throughout Pray40, we will journey through some incredible books, *The Way* by St. Josemaría Escrivá, *A Song for Nagasaki* by Paul Glynn, S.M., and *The Power of Silence* by Cardinal Robert Sarah.

The Way is a collection of profound advice from St. Josemaría Escrivá compiled in 999 categorized “points”, or considerations. Select quotes associated with their day will be displayed throughout this study guide as an easy reference.

If you'd like to purchase your own copy of *The Way* to follow along with during Pray40, [click here](#).

The Power of Silence: Each Saturday during Lent, meditate in silence on scripture with guidance from Cardinal Robert Sarah using reflections from his book, *The Power of Silence*, to find peace amidst the noise of the world. [Purchase your copy here](#).

A Song for Nagasaki is a biography of Servant of God Takashi Nagai. Since this book is a straightforward narrative, we've included a reference for reading below for those who would like to follow along with the book.

Hallow partnered with Ignatius Press to create a special edition of *A Song for Nagasaki* for the Pray40 challenge, which you can [purchase here](#) for 20% off your order.

WEEK 1	THE WAY	Read chapters 1-5 in <i>A Song for Nagasaki</i>
WEEK 2	THE WAY OF PRAYER	Read chapters 5-9 in <i>A Song for Nagasaki</i>
WEEK 3	THE WAY OF LOVE	Read chapters 10-14 in <i>A Song for Nagasaki</i>
WEEK 4	THE WAY OF SUFFERING	Read chapters 15-22 in <i>A Song for Nagasaki</i>
WEEK 5	THE WAY OF SURRENDER	Read chapters 22-25 in <i>A Song for Nagasaki</i>
WEEK 6	THE WAY OF RESURRECTION	Read chapters 26-31 in <i>A Song for Nagasaki</i>

Week 1

■ DAY 1 ■

Ash Wednesday

What is one thing you are hoping to accomplish during this season of Lent? How can the Litany of Humility help you in this way?

■ DAY 2 ■

Ashes

What do you want this Lent? Think big. What do you want God to do in your life? How do you want Him to transform your heart?

■ DAY 1 ■

“Lord, I believe, help my unbelief.” (Mark 9:24)

■ DAY 2 ■

“Don’t let your life be sterile. Be useful. Blaze a trail. Shine forth with the light of your faith and of your love.... And light up all the ways of the earth with the fire of Christ that you carry in your heart.” (The Way, 1)

■ DAY 3 ■

Fasting Friday

Challenge: Fast from noise and distractions.

When was the last time you really disconnected? When was the last time you really rested in silence?

How will you fast from noise this week?

■ DAY 4 ■

Silent Saturday with Cardinal Sarah

Write down your thoughts from your time of silence today.

■ DAY 5 ■

Sunday Homily with Fr. Mike Schmitz

Write down your notes and thoughts from this day.

Week 2

■ DAY 6 ■

“Go to prayer: to become a blaze, a living flame giving heat and light.”
(The Way, 92)

■ DAY 7 ■

“You don’t know how to pray? Put yourself in the presence of God, and as soon as you have said, ‘Lord, I don’t know how to pray!’ you can be sure you’ve already begun”.
(The Way, 90)

■ DAY 6 ■

“26”

As we reflect on gratitude in your life, what has been good? What are you thankful for? Or maybe there are areas in life that are difficult right now. What challenges and obstacles are you facing?

■ DAY 7 ■

Christmas Eve

Is it challenging to talk with God about yourself? What holds you back from time in prayer?

■ DAY 11 ■

Silent Saturday with Cardinal Sarah

Write down your thoughts from your time of silence today.

■ DAY 12 ■

Sunday Homily with Fr. Mike Schmitz

Write down your notes and thoughts from this day.

■ DAY 18 ■

Silent Saturday with Cardinal Sarah

Write down your thoughts from your time of silence today.

■ DAY 19 ■

Sunday Homily with Fr. Mike Schmitz

Write down your notes and thoughts from this day.

Week 4

■ DAY 20 ■

“I want you to be happy on earth. But you won’t be if you don’t get rid of that fear of suffering. For as long as we are ‘wayfarers,’ it is precisely in suffering that our happiness lies.” (The Way, 217)

■ DAY 21 ■

“For others, death is a stumbling block, a source of terror. For us, death... is an encouragement and a stimulus. For them it is the end; for us the beginning.” (The Way, 738)

■ DAY 20 ■

The Cross

Consider your sufferings and the fear that your suffering might get worse or never end. What fears are holding you back from happiness? How can you give those fears to God?

■ DAY 21 ■

The Bomb

Today’s reflection was on Memento Mori, Latin for “remember you will die.” Have you ever considered this meditation practice before? How do you think reflecting “our death” can help us live better here on earth?

Week 5

■ DAY 27 ■

“We are stones—blocks of stone—that can move, can feel, that have completely free wills. God himself is the stonecutter who chips off the edges, shaping and modifying us as he desires, with blows of the hammer and chisel. Let us not try to draw aside, let us not try to evade his will, for in any case we won't be able to avoid the blows. We will suffer all the more, and uselessly. Instead of polished stone suitable for building, we will be a shapeless heap of gravel that people will trample on contemptuously” (The Way, 756)

■ DAY 28 ■

“Love for God invites us to take up the cross and feel on our own shoulders the weight of humanity... ‘Whoever does not bear his own cross and come after me, cannot be my disciple.’ Let us accept God's will and be firmly resolved to build all our life in accordance with what our faith teaches and demands. We can be sure this involves struggle and suffering and pain... In the midst of sorrow... we will experience a happiness which moves us to love others, to help them share in our supernatural joy.” (Christ Is Passing By, 97)

■ DAY 27 ■

Kolbe

Where do you need to be molded, shaped, and chiseled? What does God want you to be? What in your life needs to conform to His will?

■ DAY 28 ■

Speech

Consider your sufferings with God, what you face, the pain you feel, and the cross that you bear. Who can you offer these sufferings up for?

■ DAY 30 ■

Story of Faith

What stood out to you from the testimony shared? Write down your thoughts below.

■ DAY 31 ■

Fasting Friday

Challenge: Make the change.

What are the biggest obstacles between where you are now and where you're called to be?

What's your best guess at what God wants you to focus on?

■ DAY 32 ■

Silent Saturday with Cardinal Sarah

Write down your thoughts from your time of silence today.

■ DAY 33 ■

Sunday Homily with Fr. Mike Schmitz

Write down your notes and thoughts from this day.

Week 6

■ DAY 34 ■

“Praise God. Leap for joy in the Lord, our one and only help... Do you know what it is to be lifted up to the heart of God? Do you realise that a soul can face his Lord, open his heart to him and tell him his woes?... But my lament is one of trust” (Friends of God, 153).

■ DAY 35 ■

“In the moments of struggle and tribulation, when perhaps... your way [is filled] with obstacles, lift up your... heart: listen to Jesus as he speaks... And you'll feel the joy of contemplating the victory to come.” (The Way, 695)

■ DAY 36 ■

“Haven't you heard the mournful tone with which the worldly complain that 'each day that passes is a step nearer death'? It is. And I tell you: rejoice...for each day that passes brings you closer to Life” (The Way, 737).

■ DAY 34 ■

Bells

In the time of silence today, did you allow yourself to be lifted up to the heart of God? Is it challenging to trust him with your woes? What ways are you praising Him?

■ DAY 35 ■

Visitors

Today, we asked God how He might be preparing us to help others who are suffering. What is your mission? How can you have the courage to live it out?

■ DAY 36 ■

Funeral

Reflect on your experience in imaginative prayer with Sr. Miriam today. Did anything come to mind? What stood out to you?
