

FEBRUARY 15, 2026

6th SUNDAY IN ORDINARY TIME

Parish Web Site - www.superiorcatholics.org

Superior Diocese Web Site - www.catholicdos.org

In the event of an **Emergency after Business Hours**
Call Fr. Andrew at 715-392-8511

DAILY MASS INTENTIONS

TUESDAY, FEBRUARY 17, 2026

8:30 A.M. – Jim Plunkett-M
Jim & Larua Kremer



ASH WEDNESDAY, FEBRUARY 18, 2026

8:30 A.M. – The Spiritual & Temporal Welfare
of Cathedral Parishioners

12:05 P.M. – Scripture Service and Distribution of Ashes

7:00 P.M. – Kathy Dusek-M
David Dusek

THURSDAY, FEBRUARY 19, 2026

8:30 A.M. – Judy Lindberg-M
Patrick & Diane Ricci

FRIDAY, FEBRUARY 20, 2026

8:30 A.M. – Tim Braman-M
Don Carlson

WEEKEND INTENTIONS

SATURDAY, JANUARY 21, 2026

4:00 P.M. – Health & Well-being of Thomas Stanley
Joseph Stanley



SUNDAY, FEBRUARY 22, 2026

7:30 A.M. – Dom & Pat Moselle-M
Mike & Susan Collins

10:30 A.M. – The Spiritual and Temporal Welfare of
Cathedral Parishioners

VOCATIONS...The Lord has a plan for each one of us; we
have the ability to say yes or no. Don't be afraid to say
yes if the Lord is calling you to priesthood or religious life.
(1 Corinthians 2:6-10)

Cathedral Church Calendar

Mon. Feb. 16 – 6:00pm p.m. Prayer Group Meeting in KH
Tues. Feb. 17 – 6:00pm All Council Leadership Mtg. on Zoom
Wed. Feb. 18 – Ash Wednesday-No Religious Ed.
Thurs. Feb. 19 – 1:00-3:00pm Adoration
– 5:00pm Holy Hour
– 6:00pm Soup Supper
– 6:30pm OCIA

Sat/Sun. Feb. 21/22 – Black & Indian Missions Collection
Sun. Feb. 22 – 3:00pm Rite of Election

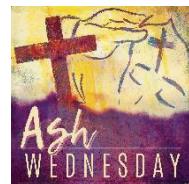
PRAYER MINISTRY – There are people in the parish
willing to share your needs and prayers. Please call
Mary Jo **218-341-2606** if you or a loved one is in need.

LITURGICAL ROLES for Feb. 18

ASH WEDNESDAY

READERS:

8:30 am	School Mass
12:05 pm	Irene Peterson
7:00 pm	David Dusek



EUCARISTIC MINISTERS:

8:30am	School Mass
12:05pm	Scripture & Ashes
7:00pm	Need Volunteers

SERVERS:

8:30am	School Mass
12:05pm	Scripture & Ashes
7:00pm	Need Volunteers

LITURGICAL ROLES for Feb. 21 & 22

READERS:

4:00	Dan Sherwood & Anna Marie Olsen
7:30	Greg Leszcynski & Jim Paine
10:30	Larry French & Anne Sims



EUCARISTIC MINISTERS:

4:00	Dcn. Arthur (F) & Jill Unterberger (B) Cup: Dean Hansen & Tom Unterberger
7:30	Louise Pope (F) & Celeste Plunkett (B) Cup: Vickie Owens, Need 1
10:30	Dcn. Tim Thom (F) & Kent Phillips (B) Cup: Rita Farchmin & Amber Nielsen



SERVERS:

4:00	Aria & Kiera Ramsey & Evan Soine
7:30	Tom Tracy & Grace Ripley
10:30	Marcus Farchmin & Theodore Seybold



USHERS:

4:00	Eric Williams (Lead) Bill Wildenberg Need 2
7:30	Bob Ahlborg (Lead) Jim Crawford Bruce Haraldson Kevin Peterson
10:30	Walt Tafelski (Lead) John Berchild Bonnie Thom Need 1



GREETERS:

4:00	Anna Marie Olsen
7:30	Erin Keeley & Mavis Moran
10:30	Anthony Farchmin & Larry French



STEWARSHIP OF TREASURE

Stewardship involves more than just the gift we bring to the altar. Today's readings say clearly that it is fidelity to God's law that makes our offering acceptable.

	Feb. 7/8	Last Year
Envelopes:	114	110
Collection:	\$4,858.65	\$5,790.00
On-Line Giving (59)	\$5,008.00	\$5,167.00
Loose:	\$ 739.00	\$ 547.00



Thank you for your generosity!

FROM THE RECTOR'S DESK

LENTEN HOLY HOUR with Fr. Andrew Ricci

Join us on Thursdays during Lent for our Spiritual Bootcamp Series, designed to strengthen your faith through intentional planning, spiritual training, and faithful action. Each evening begins at 5:00 pm with Stations of the Cross, followed by the Lenten Bootcamp session. After Bootcamp, enjoy a soup supper sponsored by Knights of Columbus #16691, served downstairs in Kress Hall. Come grow, reflect, and journey together this Lent.

WINTER SAFETY

Winter is here, and while we try to keep the sidewalks and steps free from snow/ice as best we can, Mother Nature doesn't always follow our schedule!



Please be careful when attending events by sticking to the main walkways. If the weather changes quickly, there are shovels and salt/grit bins at every entrance.

WEEKLY MEDITATION

Here are some of the themes in the readings for the 6th Sunday of the Year.

1st Reading - Sirach 15:15-20

- Trusting in God and following the commandments bring us life and salvation.
- God understands all our deeds and no one has license to sin.

Psalm - 119:1-2,4-5,17-18,33-34

- "Blessed are they who follow the law of the Lord!"
- Those who are blameless and observe the Lord's decrees will live.

2nd Reading - 1st Corinthians 2:6-10

- Paul preaches the wisdom of God as it has been revealed through the Spirit.

Gospel - Matthew 5:17-37

- Jesus teaches how his commandments far exceed the precepts of the law.
- The Lord speaks forcefully about killing, adultery, divorce and false oaths.

Fr. Andrew

Question for Children: Which rules cause you the most difficulty? Why?

Question for Youth: In your own words, describe what the spirit of God's law is.

Question for Adults: Have you considered that laws are made with love? Do you accept God's love through his laws?

Readings for the week of February 15, 2026

Sunday:	Sir 15:15-20/Ps 119:1-2,4-5,17-18,33-34 1 Cor 2:6-10/Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37
Monday:	Jas 1:1-11/Ps 119:67, 68, 71, 72, 75, 76 Mk 8:11-13
Tuesday:	Jas 1:12-18/Ps 94:12-13a, 14-15, 18-19 Mk 8:14-21
Wednesday:	Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17/2 Cor 5:20-6:2/Mt 6:1-6, 16-18
Thursday:	Dt 30:15-20/Ps 1:1-2, 3, 4 and 6 Lk 9:22-25
Friday:	Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19 Mt 9:14-15
Saturday:	Is 58:9b-14/Ps 86:1-2,3-4,5-6/Lk 5:27-32
Next Sunday:	Gn 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17 Rom 5:12-19 or 5:12, 17-19/Mt 4:1-11

CATHEDRAL NEWS



PRAYER GROUP MEETING

Monday, February 16, 2026

6:00 PM Cathedral – Kress Hall

All are welcome!

Any questions please call Anna Marie ~ 715-392-1673

CATHOLIC MEN'S GROUP

Catholic Men's Group will meet on Monday's at 7:00 p.m. once a month in Kress Hall. Men of all ages are invited for Catholic fellowship and discussion.

Catholic Men's Group 2025-2026: Into the Breach

Feb. 23 – Bill Kovaleski presents on Suffering

Mar. 30 – Brad Montgomery presents on Masculinity

Apr. 27 – Tom Tracy presents on Prayer

The Cathedral Book Club 2025-2026

We meet in the Cathedral Parish Office at 6:30 pm.

All are welcome to join us.



March 11 - Hope: The Autobiography by Pope Francis

May 6 - Golden Doves by Martha Hall Kelly

SOCIETY OF ST. VINCENT DE PAUL

Quarterly Assistance - October thru December

Our Society provided over \$30,000 in assistance over the first quarter. 68 households were assisted with over \$20,500 in housing assistance. Approximately \$4500 was provided in transportation assistance to 34 families and over \$5000 was provided in utility and other assistance. Operating expenses were about \$1700, so that 94 cents out of every dollar expended went directly to help our neighbors in need.

Thank you for your generosity in providing us with the funds to impact the lives of our brothers and sisters in need. God bless you.

Voice-mail: 715-398-4039

Mailing Address: SVDP P.O. Box 98 Superior, WI 54880

RELIGIOUS EDUCATION



RELIGIOUS EDUCATION CLASSES

No Classes Wednesday, February 18th
Ash Wednesday – Mass at 7:00pm



CATHEDRAL SCHOOL NEWS

IMPORTANT DATES:

- February 17th - Mardi Gras Carnival 4:30-6:00pm
- February 18th – Ash Wednesday Mass

CLUSTER NEWS

MASSES AT ST. MARY HOSPITAL-SUPERIOR

Masses are celebrated at St. Mary's Hospital, Superior, on Wednesdays at 11:15 A.M.

EUCARISTIC ADORATION IN OUR CLUSTER:

Cathedral – every Thursday from 1-3pm
St. Anthony, L.N. – every Thursday from 8-9am
St. William – 1st Saturday from 5:30-6pm
Holy Assumption – 1st Friday from 7:30-8:00am
St. Anthony, Sup. – 1st Tuesday from 8-8:30am



CLUSTER MASS SCHEDULE FOR ASH WEDNESDAY – FEBRUARY 18th

8:30am – Cathedral
8:30am – St. Anthony-Superior
10:00am – Holy Assumption
12:05pm – Cathedral (Ashes/Scripture)
6:00pm – St. Anthony-Lake Nebagamon
7:00pm - Cathedral



FISH DINNER

St. Anthony Church, 4315 E. 3rd St. in Superior, will be serving our Annual Lenten Fish Dinner each Friday during Lent starting February 20th and continuing through April 3rd from 4:00 – 6:30 p.m. The dinner will be dine-in or take-out.



Meal includes: Fried or Baked Fish, Mashed or Baked Potato, Coleslaw, Vegetable, Pickled Beets, Roll, and Dessert (Beverage for dine-in). Adults – \$15.00, Students (12 and under) – \$7.00 and Preschool – Free.

We are handicapped accessible. Local deliveries will be available by calling **715-398-3261** Monday through Thursday each week. If there is no answer, please leave a message including name, address and phone number.

42nd ANNUAL KC GARBAGE OMELET BREAKFAST

(Sponsored by the Knights of Columbus Council 7106)

Sunday, February 22, 2026

Holy Assumption Church Hall - 5601 Tower Avenue

8:00 am to Noon

Adults: \$12.00: Children: 12 & under \$6.00



“Famous Three Egg – Garbage Omelet Breakfast” Includes beverage (Orange Juice, Coffee or Milk), Toast and Hash Browns. Omelets are made from three eggs and are filled with your choice of fixings – ham, bacon, sausage, cheese, hash browns, onions, mushrooms, green peppers, tomatoes or olives,

RITE OF ELECTION / CALL TO CONTINUING

CONVERSION (FIRST SUNDAY OF LENT)

SUNDAY, FEBRUARY 22

The Rite of Election / Call to Continuing Conversion is always celebrated on the First Sunday of Lent. It will be celebrated on Sunday, February 22nd at Cathedral of Christ the King. The liturgy, which is not a Mass, begins at 3:00pm with Bishop Powers presiding.

ST. WILLIAM'S FAMILY BINGO

Tuesday, March 3rd

Concessions will be available at 5:30 pm

Bingo starts at 6:30 pm



Come for a fun evening of Bingo, Food and Prizes. \$200 in prizes to be given away and a 50/50 raffle. Bring your family and friends. Bingo is free.

Knights of Columbus Council 499

Scholarship Opportunity

The Albert Cardinal Meyer Council #499 of the Knights of Columbus is now accepting applications for its annual scholarship program.

Eligible applicants must be practical Catholics in good standing with the Church. Preference may be given to students from St. Francis Xavier Catholic Church, St. Anthony Catholic Church-Superior, or St. Anthony Catholic Church-Lake Nebagamon.

Applicants should include a letter of recommendation, a list of church involvement, a personal details form, a letter outlining career goals, and proof of enrollment at a college, university, technical school, or apprenticeship program.

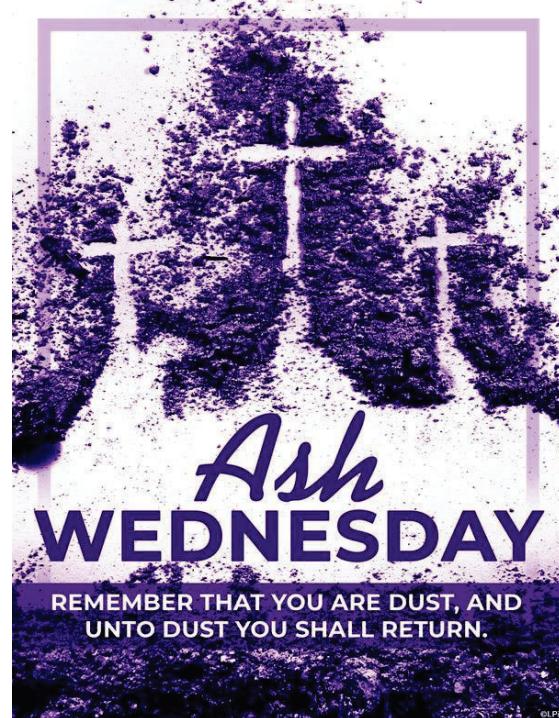
(Applications are available on the table at the back of the church)

Application Deadline: April 30, 2026, at 11:59 PM CST

Scholarship awards announced by June 30, 2026

For more information or to request an application, contact: Kenneth Petersen (507) 350-9660.

Applications are available at Superior High School and Northwestern High School.





DIocese of Superior

OFFICE OF THE BISHOP

February 2026

Dear Friends in Christ,

As we approach the holy season of Lent, we are invited once again into a time of prayer, fasting, and charitable love, a sacred opportunity to renew our hearts and draw closer to Christ. Lent reminds us that our faith is not lived in isolation, but in loving service to others, especially those most in need. Within the Diocese of Superior, we are blessed to share in two meaningful Lenten initiatives: **Operation Rice Bowl** and the **Black and Indian Mission Collection**.

Beginning on **Ash Wednesday, February 18, 2026**, **Operation Rice Bowl** offers a simple yet powerful way to unite our Lenten sacrifices with the suffering of our brothers and sisters around the world. Through your generosity, 75% of all contributions support hunger relief and development in more than 100 countries, while 25% remains here in our own diocese to serve those in need locally. I encourage you to pick up a Rice Bowl at your parish or visit crsricebowl.org to learn more about the lives you are touching through your prayerful giving. You will find inspiring stories and videos that beautifully show the difference your sacrifice makes.

On the **First Weekend of Lent, February 21–22**, we will also take up the **Black and Indian Mission Collection**. This important collection supports evangelization, Catholic education, and pastoral ministry among Indigenous communities across the United States, including within our own diocese. As baptized members of Christ's Church, we are all called to share in the Church's missionary mission. Because of your generosity last year, our Diocese received \$76,500.00 in grant funds, benefiting two schools and seven parishes. Your gifts truly change lives and strengthen our Church.

This Lent, I humbly ask you to prayerfully support both Operation Rice Bowl and the Black and Indian Mission Collection. Together, we can bring hope to those who face hunger and hardship throughout the world, while continuing to build up our local Church through evangelization and education.

May this Lenten season lead each of us to deeper conversion, greater compassion, and renewed joy in following Christ.

With gratitude and prayers, I remain

Gratefully yours in the Lord,

Most Rev. James P. Powers
Most Rev. James P. Powers
Bishop of Superior



Christ the King Council 16691
Superior WI
Knights of Columbus

40 Cans for Lent 2026

Our Christ the King Council 16691 of the Knights of Columbus is again helping the St. Vincent de Paul food shelf with this year's 40 Cans for Lent. Can you help us? As much as you are able, please consider 40 cans (or boxes or packages) for Lent. Here is a list of items requested by our St. Vincent de Paul food shelf for the 2026 Cathedral collection. Their needs are very great this year.

Please do not purchase or donate items in glass jars, as they could break and cause a big mess. Plastic jars (such as plastic peanut butter jars) are fine. Please do not provide fresh foods (such as bread and fresh vegetables and fruits) and items requiring refrigeration, and please do not donate expired or opened items. PLEASE: The Food Shelf DOES NOT NEED plain canned beans (like lima beans, pinto beans, garbanzo beans, etc.). Thank you!

Donations can be brought to Cathedral between now and Holy Thursday. We anticipate that items will be on display on the steps to the stage in Kress Hall. **THANK YOU FOR YOUR GENEROUS DONATION! VIVAT JESUS!**

Breakfast Foods

- Cereal
- Pancake Mix and syrup

Fruit and Vegetables

- Canned fruit
- Canned Vegetables

Beverages

- Coffee
- Hot Cocoa Packages
- Powdered milk
- Shelf stable milk

Ready-to-Eat Foods

- Cheese and Crackers
- Crackers (all kinds)
- Healthy Bars (such as granola or cereal bars)
- Jell-O or pudding cups

Miscellaneous

- Easy Snacks for kids

Easy Meals in a Box or a Can and Protein

- Baked Beans (like Bush's, etc.)
- Beef Ravioli
- Beef stew
- Canned meats (chicken, ham, salmon, Spam, tuna)
- Chili (Hormel with pop-top lids)
- Chili in a Bag
- Ground Beef (canned)
- Hearty Soups (not creamed soups) chunky, hearty (such as Progresso, etc.)
- Peanut Butter (and Jelly!)
- Spaghetti and meatballs
- Spaghetti-O's

Carbohydrates

- Instant potatoes
- Macaroni and Cheese bowls
- Ramen Noodles
- Scalloped Potatoes
- Spaghetti Sauce
- Stove Top Stuffing

Cenacle Prayer Group

Would you like to be part of a faith sharing small group? Are you looking for a weekly opportunity to pray and reflect on how God is working in your life, but in a way that respects your time and is both focused and positive? Our cluster is looking for people who want to grow together in faith through a Cenacle prayer group.

Cenacle – a faith sharing small group (it refers to the “Upper Room” where the disciples met.)

Cenacle Key Points

The group is ideally composed of 4-7 people.

Each week, a different person in the group leads the Cenacle.

The group meets weekly (with rare exceptions based on holidays and life situations).

The Cenacle lasts between 30-60 minutes; it never goes beyond an hour.

The group can meet in person or digitally

- If in person, do it at a regular time that suits everyone (after Mass, over coffee, at home, etc.)
- If online, use what works for your group (FaceTime, Google Meet, a Zoom call, etc.)

Cenacle Format – THIS IS WHAT YOU ACTUALLY DO

- Opening Prayer (1-2 minutes)
 - Led by whoever is leading the meeting that week; when in doubt, use the Our Father!
- Check in with each other (10-15 minutes)
 - Each person takes 2-4 minutes (never more than 5!) to share events from the past week
- Reflection (15-30 minutes)
 - Sunday Gospel Reading
 - The Gospel is read out loud
 - People share something (a word/phrase/image) that touched them from the reading
- Goals for the coming week (10-15 minutes)
 - Each person takes 2-3 minutes to share their goals and objectives for the coming week.
- Closing Prayer
 - Each person names any specific prayer intentions that they have.
 - The Leader offers a concluding prayer; if you’re not sure what prayer to use, say the Hail Mary!

Hallmarks of a healthy Cenacle

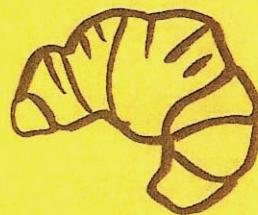
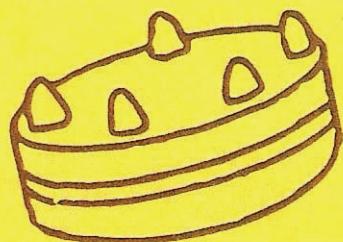
- Positivity – the focus is always on personal growth when sharing struggles; “venting” is to be avoided.
- Vulnerability – requires participants to be real in their joys and burdens.
- Leadership – group is accountable: gossip, toxic behaviors, being present, not monopolizing time, etc.
- Investment – participants make the Cenacle a priority and are thoughtfully present and prepared.

Who can join?

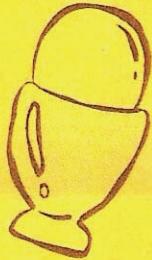
- Anyone! What’s required is someone who wants to make a weekly commitment to grow in faith.
- In fact, if you connect each week on a Zoom call, you can be anywhere in the world!
 - Note: the big thing is that people make this a priority in their lives.
 - Once a week, they come together to pray, reflect, and support each other.
 - It’s not complicated, but over time we find ourselves growing closer to God and each other.

Choose a Group Leader and connect with Fr. Andrew to begin

- The Leader keeps the group organized and communicates with Fr. Andrew.
- This person emails Fr. Andrew at fatherandrew97@gmail.com to let him know the group has formed.



Knights of Columbus Council 12738



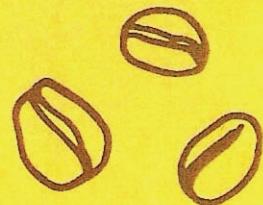
Breakfast



*Free-will offering to
benefit Fr. Joji's transition
back home to India.*

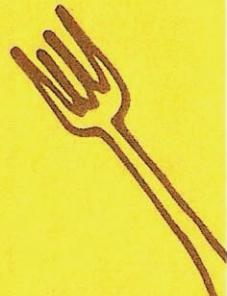
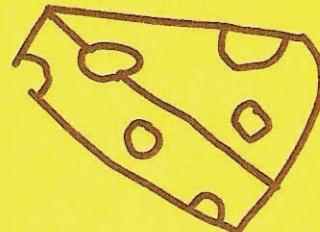
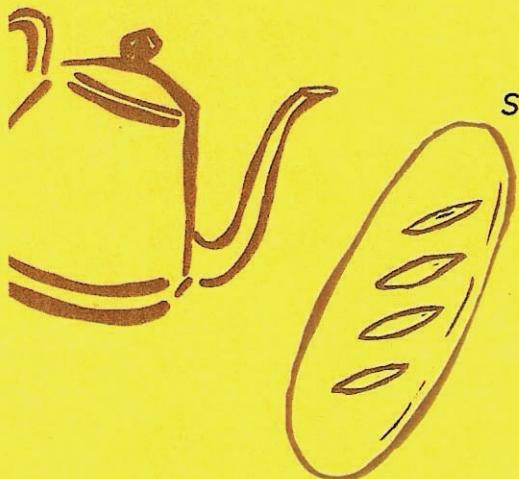


**Sunday, February 15th
after 9am Mass**



**St. Michael Catholic Church
68105 S George St
Iron River, WI**

*northwoodscatholics.org
stmichaelironriver@gmail.com
715-372-4756*





Dine-in or Take-out Lenten Fish Dinner

Each Friday during Lent,
February 20th through April 3rd, 2026

Serving from 4:00 — 6:30 p.m.

**St. Anthony Catholic Church
4315 E. 3rd. St. Superior, WI**

*Handicapped accessible. Local deliveries are available by calling
715-398-3261 Monday through Thursday. If no answer please leave a
message, including name, address and phone number.
Take-out orders will be available downstairs in the Parish Hall.*

Menu

**Fried or Baked Fish,
Mashed or Baked Potato,
Cole Slaw, Vegetable,
Pickled Beets, Roll, Dessert,
and Beverage.**

Cost

**Adults \$15.00
Students (12 & under) \$7.00
Pre-school (5 & under) Free**



**Serving great
Lenten
Fish Dinners
since 1991**



42nd Annual Garbage Omelet Breakfast

Sponsored by the
Knights of Columbus Council 7106

When: **SUNDAY, February 22, 2026**

Where: **Holy Assumption Church Hall
5601 Tower Avenue, Superior, WI**

Time: **8:00 am to NOON**

Cost: **Adults: \$12.00**

Children: **12 & Under \$6.00**



“FAMOUS THREE EGG – GARBAGE OMELET BREAKFAST”

Includes beverage (Orange Juice, Coffee or Milk) Toast and Hash Browns. Omelets are made from three eggs and are filled with your choice of fixings – ham, bacon, sausage, cheese, hash browns, onions, mushrooms, green peppers, tomatoes or olives.

Date	Notes	Parent/Special Events
09/24/25		Meeting for First Reconciliation/Communion/Confirmation families, 5:30pm
10/1/25	FIRST Class	
10/8/25	Class	
10/15/25	Class	Circle of Grace/Safe Environment
10/17/25		Confirmation Retreat
10/18/25		Kress Hall
10/22/25	Class	Family Dinner
10/29/25	Class	
11/5/25	Class	Vocations Week
11/12/25	Class	Confession & Adoration available
11/14/25		High School Discipleship Weekend
11/16/25		Crosswoods Camp, Mason, WI
11/19/25	Class	Family Dinner
11/26/25	NO CLASS	Thanksgiving Break
12/3/25	Class	
12/10/25	Class	Meeting for First Reconciliation Families
12/13/25		First Reconciliation, 11am
12/17/25	Class	Christmas Party! Baptismal Records Due!!!!
12/24/25	NO CLASS	Christmas Break
12/31/25	NO CLASS	New Year's Day
1/7/26	Class	
1/14/26	Class	
1/21/26	Class	Family Dinner
1/28/26	Class	
2/4/26	Class	
2/11/26	Class	Family Dinner and K-6 Service Project
2/18/26	NO CLASS	Ash Wednesday – Mass at 7pm
2/25/26	Class	
3/4/26	Class	24 hours for the Lord; Confession & Adoration available
3/11/26	NO CLASS	Spring Break
3/18/26	Class	Family Dinner
3/22/26		First Communion Retreat & Family Meeting, 12-3pm
3/25/26	Class	
4/1/26	Class	
4/5/26		EASTER
4/8/26	Class	
4/15/26	LAST Class	Pizza Party!
4/19/26		First Communion, 2pm
4/29/26		Confirmation Rehearsal, 7pm
5/1/26		Sacrament of Confirmation, 7pm

Youth Event Deadlines

	DEADLINE	FOR	NOTES
March for Life	October 1, 2025	Final Day for Discounted Price	Diocese must have Parish Registration Form & Deposits for discount
	October 17, 2025	Parish Registration Form & Deposits Due	Diocese must have Parish Registration Form & Deposits
	November 21, 2025	Online Registrations & Finals Balances Due	Diocese must have final payments, online registration needs to be done
Fall High School Discipleship	October 10, 2025	Parish Registration Form & ALL Payments Due	Diocese must have Parish Registration Form & Payments
	October 24, 2025	Online Registrations Due	Every student/their parents must have all forms completed
Spring High School Discipleship	March 6, 2026	Parish Registration Form & ALL Payments Due	Diocese must have Parish Registration Form & Payments
	March, 20 2026	Online Registrations Due	Every student/their parents must have all forms completed
Extreme Faith Camp	January 9, 2026	Initial Parish Registration Form & Deposits Due	Must have Parish Registration Form & Deposits
	April 1, 2026	Online Registrations, Final Balances, & Substitutions Due	Diocese must have final payments, online registration needs to be done

DIOCESE OF SUPERIOR

EVANGELIZATION & MISSIONARY DISCIPLESHIP



JOHN 13:5

HIGH SCHOOL DISCIPLESCHIP

Weekend



— FALL —

Nov. 14-16, 2025

CrossWoods | Mason, WI

— SPRING —

April 10-12, 2026

Crescent Lake | Rhinelander, WI

EXPERIENCE THE HEART OF GOD THROUGH

Mass & Sacraments
Formation

Personal Prayer Time
Outdoor Adventure
Community



REGISTRATION INFO

Parish Registration and \$125 per person
secures spots.

Due **October 10th, 2025** (for fall weekend)

Due **March 6th, 2026** (for spring weekend)



catholicdos.org/high-school-discipleship-weekend





DIOCESE OF
SUPERIOR

EXTREME FAITH CAMP 2026

CHECK ONLINE TO SEE WHICH WEEK YOUR PARISH ATTENDS!



Week 1 | CrossWoods

June 7 - 12, 2025



Week 2 | CrossWoods

June 14 - 19, 2025



Week 1 | Crescent Lake

June 14 - 19, 2025



Week 2 | Crescent Lake

June 21-26, 2025



Price
\$450



catholicdos.org/extreme-faith-camp



(715) 234-5044



Save the Date! Annual Salmon Dinner & Silent Auction

Benefit for the Star of the North Maternity Home

Friday, March 20, 2026

5:30 - 8:00 PM

St. James Catholic Church | 721 N. 57th Ave. W. | Duluth

Please Consider Sponsoring!



Purchase Tickets Here

Tickets at: www.starofthenorthmaternityhome.org/events

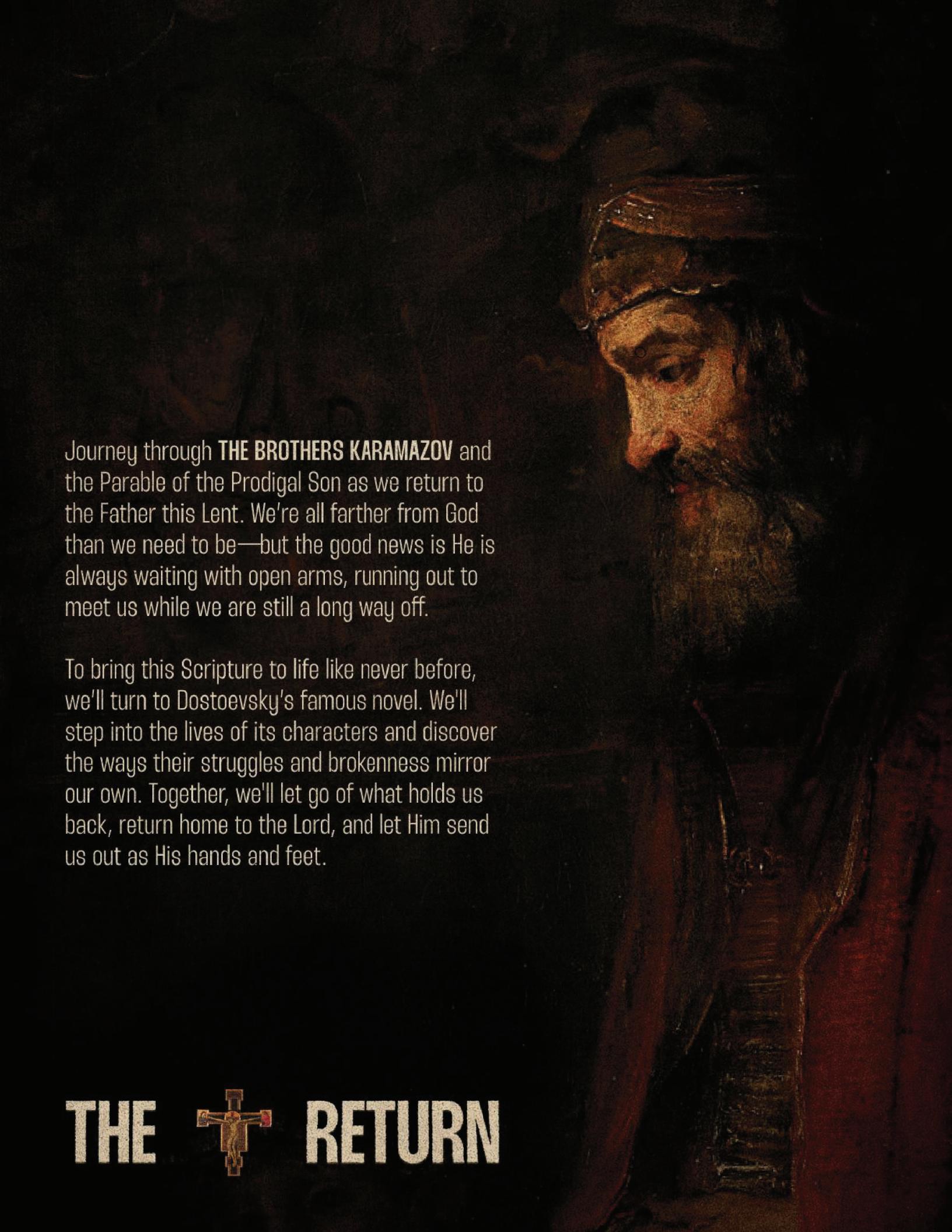


Maternity Home



THE RETURN

LENT PRAY40



Journey through **THE BROTHERS KARAMAZOV** and the Parable of the Prodigal Son as we return to the Father this Lent. We're all farther from God than we need to be—but the good news is He is always waiting with open arms, running out to meet us while we are still a long way off.

To bring this Scripture to life like never before, we'll turn to Dostoevsky's famous novel. We'll step into the lives of its characters and discover the ways their struggles and brokenness mirror our own. Together, we'll let go of what holds us back, return home to the Lord, and let Him send us out as His hands and feet.

THE RETURN



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WHAT DOES LOVE LOOK LIKE?

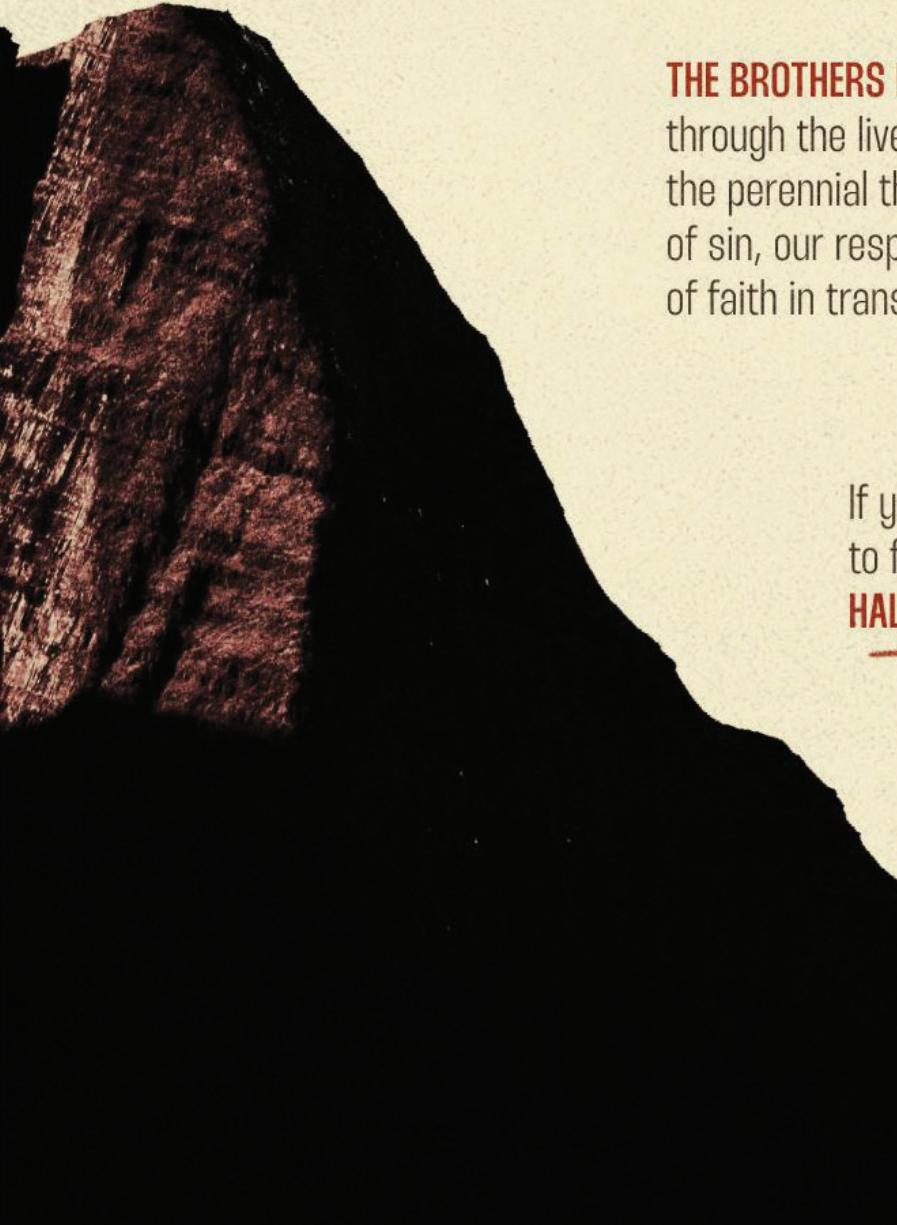
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Throughout Pray40, we will journey through the Parable of the Prodigal Son and the incredible book **THE BROTHERS KARAMAZOV** by Russian novelist Fyodor Dostoevsky.

THE BROTHERS KARAMAZOV is a literary classic that, through the lives of a father and his sons, explores the perennial themes of human nature, the power of sin, our responsibility to each other, and the role of faith in transforming how we see others.

If you'd like to purchase your own copy to follow along during Pray40, click here:
[HALLOW.COM/KARAMAZOV](https://www.hallow.com/the-brothers-karamazov)

**PRAY40
BOOKS**

RETURN

WEEK 01

DAY 1

"This is the journey we walk together this Lent: a journey home."

DAY 2

"Wherever you are, come out of the dark. **COME HOME.**"

DAY 1

TO DUST YOU SHALL RETURN

As you begin this journey home, where do you sense God inviting you to turn back toward Him with humility today?

DAY 2

THE PRODIGAL SON

As you enter the parable, where do you recognize yourself right now—in the younger son, the elder son, or somewhere in between?

RETURN

WEEK 01

DAY 3

"If you want God to move in, you've got to make space."

DAY 3

FASTING FRIDAY: DETACHMENT

Where is God inviting you to "die to yourself" this Lent—so He can make space in you to bear much fruit?

DAY 4

PRAY40 INTERVIEWS

What stood out to you from this conversation?

RETURN

WEEK 01

DAY 5

"One does not live on bread alone, but on every word that comes forth from the mouth of God."

DAY 5

SUNDAY HOMILY

What stood out to you from Fr. Mike's homily?



WHAT DO I OWE?

WEEK 02

DAY 6

"I can't come to God the Father as a son or a daughter without also coming to Him as a brother or a sister."

DAY 7

"No sin is private. Every failure... ripples outward."

DAY 6

THE ANSWER

As you pray the first words of the Lord's Prayer (i.e. "Our Father"), what does it change in you to remember you are never an only child—that you belong to God and to one another?

DAY 7

THE WAY HOME

Where do you see the "ripple outward" of sin in your own life—and what would it look like today to choose the honesty and humility that leads back to communion with God and with others?





WHAT DO I OWE?

WEEK 02

DAY 8

"I bowed yesterday to his great future suffering."

DAY 8

THE BOW

Where might God be inviting you to practice real, active love—not in ideals, but by stepping into someone's burden with humility today?

DAY 9

STORY OF RETURN

What stood out to you from this testimony?



WHAT DO I OWE?

WEEK 02

DAY 10

"Every time I judge others, I put myself in God's seat."

DAY 10

FASTING FRIDAY: EMPTY ME

Where have you been sitting on "the throne of your own mind," i.e. judging others—and how can you choose the lowest place instead?

DAY 11

PRAY40 INTERVIEWS

What stood out to you from this conversation?

WHAT DO I OWE?

WEEK 02

DAY 12

"From the shining cloud the Father's voice is heard: 'This is my beloved Son, hear him.'"

DAY 12

SUNDAY HOMILY

What stood out to you from Fr. Mike's homily?

CAN THERE BE BEAUTY IN SODOM?

IN SUNDAY

WEEK

03

DAY 13

"There are no private sins, not really."

DAY 14

"You are an heir of the Father."

DAY 13

MY MOST GRIEVOUS FAULT

Where do you see yourself excusing "small" sins—and what might God be revealing about the ways these sins ripple outward beyond what you can see?

DAY 14

OUR INHERITANCE

What have you inherited—good or broken—that you're tempted to believe defines you—and what would it look like to receive instead God's "imperishable" inheritance?

CAN THERE BE BEAUTY IN SODOM?

WEEK 03

DAY 8

"Right here, in this moment... that is the first step home."

DAY 15

THE PIGSTY

What is your "pigsty" right now—an attachment, habit, or pattern that's leading you away from life—and what would it look like to simply notice Jesus meeting you in this place?

DAY 16

STORY OF RETURN

What stood out to you from this testimony?

CAN THERE BE BEAUTY IN SODOM?

IN SIGHT

WEEK

03

DAY 17

"The world calls it freedom—but what comes of it is only slavery."

DAY 17

FASTING FRIDAY: LETTING GO

What "earthly" habit or attachment do you keep excusing—and what would it look like to put this attachment to death this week?

DAY 18

PRAY40 INTERVIEWS

What stood out to you from this conversation?

CAN THERE BE BEAUTY IN SODOM?

IN SIGHT

WEEK

03

DAY 19

SUNDAY HOMILY

What stood out to you from Fr. Mike's homily?

DAY 19

"Lord, you are truly the Savior of the world; give me living water, that I may never thirst again."



WHERE IS GOD?

WEEK 04

DAY 20

"It's not God that I do not accept ... it is this world of God's ... that I do not accept."

DAY 21

"God's answer is not an explanation. God's answer is love."

DAY 20

FAITH VS. REASON

Where are you most tempted to "return the ticket" to God—refusing His love because you can't reconcile it with suffering or with what feels fair?

DAY 21

LOVE IS A PERSON

When you're craving explanations, what would it look like today to bring your questions to Jesus and let His presence—rather than certainty—become your anchor?

WHERE IS GOD?

WEEK
04

DAY 22

"Everything I have is yours."

DAY 22

PRIDE & THE ELDER SON

Where has pride quietly built a wall between you and the Father's joy—and what is one small step you can take today to cross the threshold and let yourself be loved?

DAY 23

STORY OF RETURN

What stood out to you from this testimony?



WHERE IS GOD?

WEEK 04

DAY 24

"Humility isn't thinking less of yourself—it's looking beyond yourself."

DAY 24

FASTING FRIDAY: CHOOSE HUMILITY

What is one concrete way you can turn outward this week—choosing "them, not you"—to break pride's grip on your heart?

DAY 25

PRAY40 INTERVIEWS

What stood out to you from this conversation?



WHERE IS GOD? WEEK 04

DAY 26

"I am the light of the world, says the Lord; whoever follows me will have the light of life."

DAY 26

SUNDAY HOMILY

What stood out to you from Fr. Mike's homily?

WHAT DOES LOVE LOOK LIKE?

WEEK 05

DAY 27

"Seek happiness in sorrow.
Work, work tirelessly."

DAY 28

"You give them something to eat."

DAY 27

LOVE WHERE NO ONE SEES

Where is God asking you to leave the "safe, peaceful" place and practice active love today—showing up for the person right in front of you, even if no one notices and nothing gets fixed immediately?

DAY 28

LOAVES & FISHES

What are your "five loaves and two fish" right now—small, ordinary offerings you tend to dismiss—and how can you place them in Jesus' hands today instead of trying to be enough on your own?

WHAT DOES LOVE LOOK LIKE?

WEEK 05

DAY 29

"Love cannot stand still when the lost are on their way home."

DAY 29

BECOMING THE FATHER

Where has pride quietly built a wall between you and the Father's joy—and what is one small step you can take today to cross the threshold and let yourself be loved?

DAY 30

STORY OF RETURN

What stood out to you from this testimony?

WHAT DOES LOVE LOOK LIKE?

WEEK 05

DAY 31

FASTING FRIDAY: RECEIVE HIS LOVE

Where do you need to stop striving and simply receive—letting the Father's love fill what you can't fix?

DAY 32

PRAY40 INTERVIEWS

What stood out to you from this conversation?

DAY 31

"The whole point of emptying ourselves is so that we can be filled by God."

WHAT DOES LOVE
LOOK LIKE?

WEEK 05

DAY 33

SUNDAY HOMILY

What stood out to you from Fr. Mike's homily?

DAY 33

"I am the resurrection and the life, says the Lord; whoever believes in me, even if he dies, will never die."



COME HOME

WEEK

06

DAY 34

"I just gave you an onion, one little onion—that's all."

DAY 21

"It's for the 'wee one' that I will go."

DAY 34

WEDDING AT CANA

Where are you being invited to let God "fill you" right now—letting a small mercy (given or received) become the turning point that pulls you back toward love instead of isolation?

DAY 35

THIS RISEN MAN

Who are the "wee ones" in your world—and what is one concrete act of love (time, treasure, or attention) you can offer today so that someone's tears don't go unnoticed?



COME HOME

WEEK

06

DAY 36

"You don't have to have it all figured out ... You just have to say yes."

DAY 36

ENTER THE FEAST

Where is pride—or “common sense”—keeping you outside the joy of God’s house, and what would it look like to take one humble step toward confession, repair, or surrender today?

DAY 37

STORY OF RETURN

What stood out to you from this testimony?

COME HOME

WEEK

06

DAY 38

"Go home and love your family."

DAY 38

FASTING FRIDAY: USE ME

Who is the person right in front of you that God is asking you to love with real, concrete, humble love this week?

DAY 39

PRAY40 INTERVIEWS

What stood out to you from this conversation?



DAY 40

SUNDAY HOMILY

What stood out to you from Fr. Mike's homily?

DAY 40

"Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak."



DAY 41

WHERE GRACE ABOUNDS

Where is Christ inviting you to choose patient love instead of retaliation this week—so that grace can ripple farther than sin ever did?

DAY 42

SEEK HAPPINESS IN SORROW

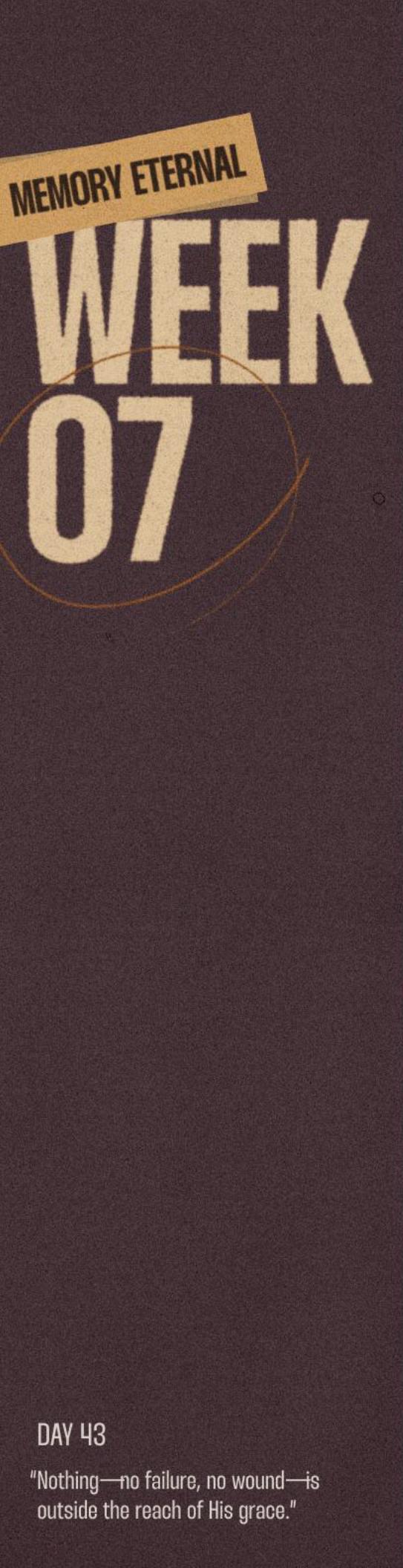
What "great sorrow" are you carrying right now—and what might it look like to let God meet you there instead of escaping it?

DAY 41

"Where sin abounds, grace abounds all the more."

DAY 42

"Seek happiness in sorrow."



DAY 43

HURRAH FOR KARAMAZOV

What "black stain" in your story do you most wish were different? In what ways do you feel God can step in and redeem it?

DAY 44

STORY OF RETURN

What stood out to you from this testimony?

DAY 43

"Nothing—no failure, no wound—is outside the reach of His grace."



DAY 45

FASTING FRIDAY: MOURN THE CROSS

If Lent can't be just a "chance moment," what is one specific plan you'll carry into Ordinary Time to keep letting God empty, fill, and use you?

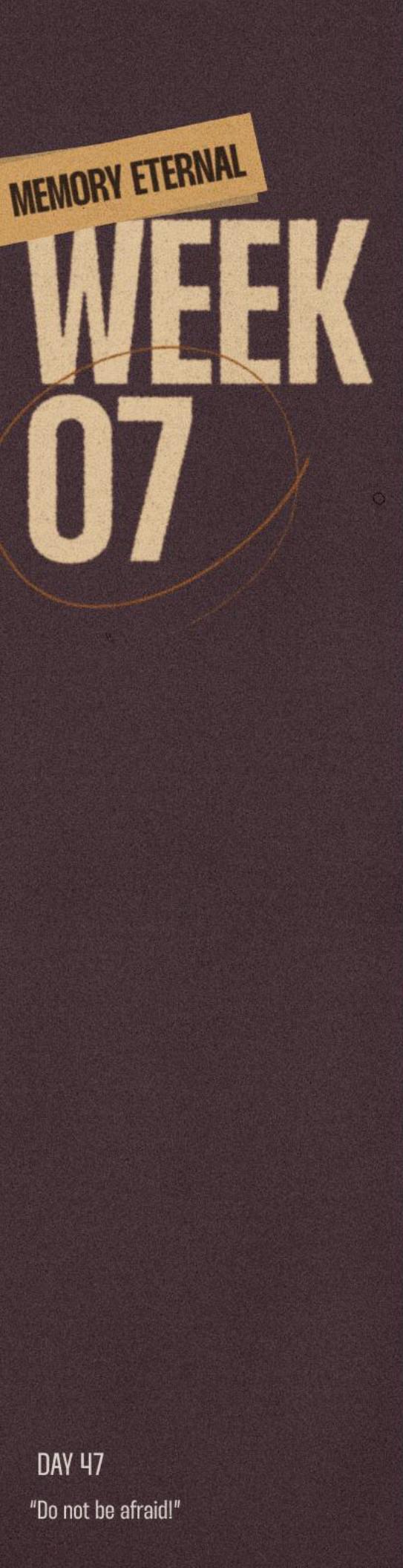
DAY 46

PRAY40 INTERVIEWS

What stood out to you from this conversation?

DAY 45

"Love is dearly bought—by long work, over a long time."



DAY 47

SUNDAY HOMILY

What stood out to you from Fr. Mike's homily?

DAY 47

"Do not be afraid!"