



ST. ANTHONY – LAKE NEBAGAMON

February 8, 2026
THE FIFTH SUNDAY IN ORDINARY TIME



Mass Intentions

Sunday, February 8, 2029

11:00 a.m. Mass—+Bob Ronchi by Guy and Patty Peterson

Thursday, February 12, 2026

9:00 a.m. Mass—+Ron Markon Assembly 1208 4th Degree KC's

Sunday, February 15, 2029

11:00 a.m. Mass—+Bev Gheradi by Connie Toscano



Litururgical Ministers

Sunday, February 15, 2026 at 11:00 a.m.

Celebrant—Fr. Andrew

Sacristan—Rosalie

Greeters—Springers

Reader—Kacie M

Eucharistic Ministers—Randy M, Jay and Lance

Servers—Jake, Olivia and Sam

Wednesday, February 18, 2026 at 6:00 p.m. – Ash

Wednesday

Celebrant—Fr. Anthoni

Sacristan—Rosalie

Greeters—Volunteers

Reader—Jay

Eucharistic Ministers—Chris J and Cathy K

Servers—Volunteers

RECENTLY DECEASED

*May their souls and all the souls
of the faithful departed, rest in peace...*

Patricia Burgraff (11/8/25)

Robert Ronchi (9/12/25)

Ron Markon (8/20/25)

Elsie Schultz (8/10/2025)

Laraine Matushak (3/11/2025)

Mark Laskowski (3/5/25)

Ray Enright (5/22/24)

John Huray (3/30/24)

CATHEDRAL SCHOOL ASSESMENT



2025 – 2026 School Assessment

\$20,575.38

Monthly Payment: \$1,714.62

Balance Due: \$8,573.04

CATHOLIC SERVICES APPEAL



2025 – 2026 CSA

\$17,201.00

\$8,815.00 Pledged

\$8,386.00 Remaining Balance

NEW TO OUR PARISH?

If you would like to register as a member of our parish and receive contribution envelopes and other mailings, please contact the parish office at 715-374-3570 or go to <https://superiorcatholics.org> click on **Our parishes** then **Become a Member & Parish Census** and fill out the form for **St. Anthony – Lake Nebagamon**.

MASS ATTENDANCE

2/1/26	61
1/25/26	69
1/18/26	90
1/11/26	85
1/4/26	85
12/28/25	65
12/25/25 Christmas Day	88
12/21/25	123

SUNDAY ENVELOPES

February 1, 2026

Regular Envelopes—\$541.00

Loose—\$124.83

Building Fund—\$75.00

Online Giving—\$481.89

Total—\$1,222.72

ONLINE GIVING

If you would like to sign up for Online Giving, go to our website <https://superiorcatholics.org> scroll down, click **"Giving"** and then click **St. Anthony – Lake Nebagamon**, then fill out the form for our parish.



*Please
pray for*

Jane Dolter, Kathy Mock, Loretta Severson, Tristan Gunnell, Fr. Jim Tobolski. and Christopher Swenson

WEEKLY MEDITATION

Let's explore some of the themes in the Mass readings for the 5th Sunday of the Year.

1st Reading – Isaiah 58:7-10

- The prophet exhorts the people to corporal works of mercy: sharing food; sheltering the homeless, clothing the naked, responding to the needs of others.
- The Lord responds to us when we care for others, and the Lord's light shines upon us.

Psalms – 112:4-9

- "The just man is a light in darkness to the upright."
- Light shines upon those who care for the needs of others.

2nd Reading – 1st Corinthians 2:1-5

- Paul reminds the people that he came to them speaking of Christ crucified.
- He gave the message simply and without demonstrations of power, so that they would trust in God alone.

Gospel – Matthew 5:13-16

- Jesus teaches that we are salt and light, meant to use what we have been given for the good of others.
- When we let our light shine, we give glory to our heavenly Father.

Fr. Andrew

Question for Children: What can you do to bring the light of Jesus into the lives of your family, friends, and people you meet?

Question for Youth: How do you feel when Jesus says that YOU are the salt of the earth and that YOU are called to be the light for others?

Question for Adults: What specific efforts do you take to maintain your light? Do you let your light dim? Why?

READINGS FOR THE WEEK OF FEBRUARY 8, 2026

Sunday: Is 58:7-10/Ps 112:4-5, 6-7, 8-9/1 Cor 2:1-5/
Mt 5:13-16

Monday: 1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/Mk 6:53-56

Tuesday: 1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10, 11/
Mk 7:1-13

Wednesday: 1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/
Mk 7:14-23

Thursday: 1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and 40/
Mk 7:24-30

Friday: 1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13, 14-15/
Mk 7:31-37

Saturday: 1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab, 19-20, 21-22/Mk 8:1-10

Next Sunday: Sir 15:15-20/Ps 119:1-2, 4-5, 17-18, 33-34/
1 Cor 2:6-10/Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37

CATHEDRAL SCHOOL NEWS

IMPORTANT DATES:

- February 9th – No School Staff Development
- February 10th – All School Conferences 4-7:00pm
- February 17th - Mardi Gras Carnival 4:30-6:00pm
- February 18th – Ash Wednesday Mass

ST. VINCENT DE PAUL SOCIETY

The Need is Great



In the first quarter of our year - Oct-Dec our Society assisted 526 households with financial assistance, goods, or information and referral. We had 54 home visits and 194 visits with individuals in the community. 179 requests for assistance came from households experiencing homelessness. Next week we will share information about the monies and value of the goods distributed.

We are grateful to the volunteer members who speak with people over the phone and meet with people in their desperate hours to listen, comfort and provide material assistance. The heart of our Society is the face-to-face interaction - for in those in need we see the face of Christ and strive to bring the Love of Christ to them.

CLUSTER NEWS

EUCCHARISTIC ADORATION IN OUR CLUSTER:

St. Anthony, L.N – every Thursday from 8 – 9:00 a.m.

St. Anthony, Superior – 1st Tuesday from 8 – 8:30 a.m.

Cathedral – every Thursday from 1 – 3 p.m.

Holy Assumption – 1st Friday from 7:30 – 8:00 a.m.

St. William – 1st Saturday from 5:30 – 6 p.m.



CATHOLIC MEN'S GROUP

Catholic Men's Group will meet on Monday's at 7:00 p.m. once a month in Kress Hall. Men of all ages are invited for Catholic fellowship and discussion.

Catholic Men's Group 2025-2026: Into the Breach

Feb. 23rd – Bill Kovaleski presents on Suffering

Mar. 30th – Brad Montgomery presents on Masculinity

Apr. 27th – Tom Tracy presents on Prayer

The Cathedral Book Club 2025-2026

We meet in the Cathedral Parish Office at 6:30 pm.
All are welcome to join us.

March 11th - Hope: The Autobiography by Pope Francis

May 6th - Golden Doves by Martha Hall Kelly

Upcoming Event at St. Anthony – Superior

St. Anthony Church, 4315 E. 3rd. St. in Superior, will be serving our Annual Lenten Fish Dinner each Friday during Lent starting February 20th and continuing through April 3rd from 4:00 – 6:30 p.m. The dinner will be dine-in or take-out.

Meal includes: Fried or Baked Fish, Mashed or Baked Potato, Coleslaw, Vegetable, Pickled Beets, Roll, and Dessert (Beverage for dine-in). Adults – \$15.00, Students (12 and under) – \$7.00 and Preschool – Free.

We are handicapped accessible. Local deliveries will be available by calling **715-398-3261** Monday through Thursday each week. If there is no answer, please leave a message including name, address and phone number.

ST. WILLIAM'S FAMILY BINGO

Tuesday, March 3rd

Concessions will be available at 5:30 pm

Bingo starts at 6:30 pm

Come for a fun evening of Bingo, Food and Prizes.

\$200 in prizes to be given away and a 50/50 raffle.

Bring your family and friends. Bingo is free.

PRAYER GROUP MEETING

Monday, February 16, 2026

6:00 PM Cathedral – Kress Hall

All are welcome!

Any questions please call Anna Marie ~ 715-392-1673

SALAD BAR LUNCHEON

St. Francis Xavier Church, 2316 E 4th Street will hold a salad bar luncheon on Saturday February 14th at Noon. Featuring homemade salads, bread, desserts, and beverage. There will be door prizes and raffles. Tickets available at the door are \$12.00 for adults, \$7.00 for ages 6-12. Ages 5 and under are free.

MASSES AT ST. MARY'S HOSPITAL SUPERIOR

Masses are celebrated at St. Mary's Hospital, Superior, on Wednesdays at 11:15 a.m.

CATHOLIC DAUGHTERS MEETING

The Catholic Daughters will meet on Monday, February 9, 2026, at the Keyport Restaurant at 11:00 am. Lunch will be ordered from the menu.

Anyone interested in becoming a Catholic Daughter is welcome to attend our meetings.

SDCCW Mary Jane Morancyk Hennessy Scholarships

The Superior Diocesan Council of Catholic Women will award four (4) \$1000 scholarships to women **completing their second year of post high school education or continuing their education** for career advancement or returning to the work field.

Applications may be obtained by contacting the SDCCW Scholarship Committee, Mary Werner, W5490 County Road O, Medford WI 54451 – Telephone 715-748-4709, email werner@tds.net.

Applications are available from the SDCCW website:

<https://sdccw-wisconsin.weebly.com>

The Committee will notify the winners by phone or email. Applications will be accepted starting February 1st and all materials need to be available for the scholarship committee by May 15th.

Knights of Columbus Council 499 Scholarship Opportunity

The Albert Cardinal Meyer Council #499 of the Knights of Columbus is now accepting applications for its annual scholarship program.

Eligible applicants must be practical Catholics in good standing with the Church. Preference may be given to students from St. Francis Xavier Catholic Church, St. Anthony Catholic Church–Superior, or St. Anthony Catholic Church–Lake Nebagamon.

Applicants should include a letter of recommendation, a list of church involvement, a personal details form, a letter outlining career goals, and proof of enrollment at a college, university, technical school, or apprenticeship program.

Application Deadline: April 30, 2026, at 11:59 PM CST

Scholarship awards announced by June 30, 2026

For more information or to request an application, contact:
Kenneth Petersen (507) 350-9660.

Applications are available at Superior High School and Northwestern High School.

CLUSTER MASS SCHEDULE FOR ASH WEDNESDAY – FEBRUARY 18th

8:30am – Cathedral

8:30am – St. Anthony-Superior

10:00am – Holy Assumption

12:05pm – Cathedral (Ashes/Scripture)

6:00pm – St. Anthony-Lake Nebagamon

7:00pm - Cathedral

**Knights of Columbus Council 12738
BREAKFAST**

Sunday, February 15th
After 9:00am Mass
St. Michael Catholic Church
68105 S George St, Iron River, WI

***Free-will offering to benefit Fr. Joji's transition back
home to India***

LENTEN HOLY HOUR with Fr. Andrew Ricci

Join us on Thursdays during Lent for our Spiritual Bootcamp Series, designed to strengthen your faith through intentional planning, spiritual training, and faithful action. Each evening begins at 5:00 pm with Stations of the Cross, followed by the Lenten Bootcamp session. After Bootcamp, enjoy a soup supper sponsored by Knights of Columbus #16691, served downstairs in Kress Hall. Come grow, reflect, and journey together this Lent.

42nd ANNUAL KC GARBAGE OMELET BREAKFAST
(Sponsored by the Knights of Columbus Council 7106)

Sunday, February 22, 2026
Holy Assumption Church Hall - 5601 Tower Avenue
8:00 am to Noon

Adults: \$12.00: Children: 12 & under \$6.00

"Famous Three Egg – Garbage Omelet Breakfast"

Includes beverage (Orange Juice, Coffee or Milk), Toast and Hash Browns. Omelets are made from three eggs and are filled with your choice of fixings – ham, bacon, sausage, cheese, hash browns, onions, mushrooms, green peppers, tomatoes or olives,

**RITE OF ELECTION / CALL TO CONTINUING
CONVERSION (FIRST SUNDAY OF LENT)
SUNDAY, FEBRUARY 22nd**

The Rite of Election / Call to Continuing Conversion is always celebrated on the First Sunday of Lent. It will be celebrated on Sunday, February 22nd at Cathedral of Christ the King. The liturgy, which is not a Mass, begins at 3:00pm with Bishop Powers presiding.

Formed QR



Hallow QR



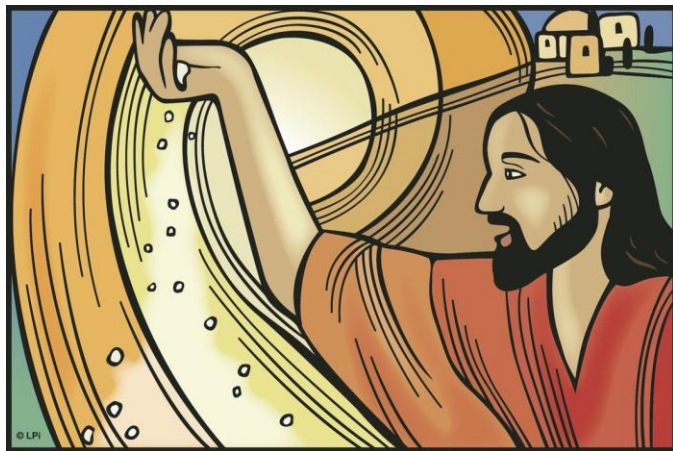
LAKE NEBAGAMON

Daily Mass Time Change:

Starting on Thursday, January 8th Mass will begin at 9 a.m.
Adoration will be from 8 a.m. till 9 a.m.
Confessions will be heard from 8:30 till 9 a.m.

Thursday Morning Bible Study and Rosary. All are welcome to join in discussion on the upcoming Sunday readings. The group meets every Thursday at 9:30 to pray the Rosary and 10 a.m. for Bible study in the Angel Room at St. Anthony, Lake Nebagamon! See Tammy B. for more Information.

FIFTH SUNDAY IN ORDINARY TIME



Jesus said to his disciples: "You are the salt of the earth.
But if salt loses its taste, with what can it be seasoned?
You are the light of the world. A city set on a mountain
cannot be hidden." — Mt 5:13a, 14

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



PLEASE VISIT OUR SUPERIOR CLUSTER WEBSITE AT:
<https://superiorcatholics.org->

Cenacle Prayer Group

Would you like to be part of a faith sharing small group? Are you looking for a weekly opportunity to pray and reflect on how God is working in your life, but in a way that respects your time and is both focused and positive? Our cluster is looking for people who want to grow together in faith through a Cenacle prayer group.

Cenacle – a faith sharing small group (it refers to the “Upper Room” where the disciples met.)

Cenacle Key Points

The group is ideally composed of 4-7 people.

Each week, a different person in the group leads the Cenacle.

The group meets weekly (with rare exceptions based on holidays and life situations).

The Cenacle lasts between 30-60 minutes; it never goes beyond an hour.

The group can meet in person or digitally

- If in person, do it at a regular time that suits everyone (after Mass, over coffee, at home, etc.)
- If online, use what works for your group (FaceTime, Google Meet, a Zoom call, etc.)

Cenacle Format – THIS IS WHAT YOU ACTUALLY DO

- **Opening Prayer** (1-2 minutes)
 - Led by whoever is leading the meeting that week; when in doubt, use the Our Father!
- **Check in with each other** (10-15 minutes)
 - Each person takes 2-4 minutes (never more than 5!) to share events from the past week
- **Reflection** (15-30 minutes)
 - Sunday Gospel Reading
 - The Gospel is read out loud
 - People share something (a word/phrase/image) that touched them from the reading
- **Goals for the coming week** (10-15 minutes)
 - Each person takes 2-3 minutes to share their goals and objectives for the coming week.
- **Closing Prayer**
 - Each person names any specific prayer intentions that they have.
 - The Leader offers a concluding prayer; if you're not sure what prayer to use, say the Hail Mary!

Hallmarks of a healthy Cenacle

- Positivity – the focus is always on personal growth when sharing struggles; “venting” is to be avoided.
- Vulnerability – requires participants to be real in their joys and burdens.
- Leadership – group is accountable: gossip, toxic behaviors, being present, not monopolizing time, etc.
- Investment – participants make the Cenacle a priority and are thoughtfully present and prepared.

Who can join?

- Anyone! What's required is someone who wants to make a weekly commitment to grow in faith.
- In fact, if you connect each week on a Zoom call, you can be anywhere in the world!
 - Note: the big thing is that people make this a priority in their lives.
 - Once a week, they come together to pray, reflect, and support each other.
 - It's not complicated, but over time we find ourselves growing closer to God and each other.

Choose a Group Leader and connect with Fr. Andrew to begin

- The Leader keeps the group organized and communicates with Fr. Andrew.
- This person emails Fr. Andrew at fatherandrew97@gmail.com to let him know the group has formed.