



# ST. ANTHONY – LAKE NEBAGAMON

February 22, 2026  
FIRST SUNDAY OF LENT



## Mass Intentions

### Sunday, February 22, 2029

11:00 a.m. Mass—Health and Welfare of St. Anthony Parishioners

### Thursday, February 26, 2026

9:00 a.m. Mass—Health and Welfare of St. Anthony Parishioners's

### Sunday, March 1, 2029

11:00 a.m. Mass—+Roger Gherardi by Connie Toscano



## Liturgical Ministers

### Sunday, March 1, 2026 at 11:00 a.m.

Celebrant—Fr. Andrew

Sacristan—Cathy K

Greeters—Sue E and Audrey M

Reader—Judith C

Eucharistic Ministers—Cathy K, Jay and Lance

Servers—Mary Catherine and Corbin

## RECENTLY DECEASED

*May their souls and all the souls  
of the faithful departed, rest in peace...*

Patricia Burgraff (11/8/25)

Robert Ronchi (9/12/25)

Ron Markon (8/20/25)

Elsie Schultz (8/10/2025)

Laraine Matushak (3/11/2025)

Mark Laskowski (3/5/25)

Ray Enright (5/22/24)

John Huray (3/30/24)

## CATHEDRAL SCHOOL ASSESMENT



2025 – 2026 School Assessment

\$20,575.38

Monthly Payment: \$1,714.62

Balance Due: \$8,573.04

## CATHOLIC SERVICES APPEAL



2025 – 2026 CSA

\$17,201.00

\$8,815.00 Pledged

\$8,386.00 Remaining Balance

## NEW TO OUR PARISH?



If you would like to register as a member of our parish and receive contribution envelopes and other mailings, please contact the parish office at 715-374-3570 or go to

<https://superiorcatholics.org> click on **Our parishes** then **Become a Member & Parish Census** and fill out the form for **St. Anthony – Lake Nebagamon**.

## MASS ATTENDANCE

2/15/26	77
2/8/26	92
2/1/26	61
1/25/26	69
1/18/26	90
1/11/26	85
1/4/26	85
12/28/25	65

## SUNDAY ENVELOPES

### February 15, 2026

Regular Envelopes—\$785.00

Loose—\$329.00

Online Giving—\$491.33

**Total—\$1,605.33**

## ONLINE GIVING

If you would like to sign up for Online Giving, go to our website <https://superiorcatholics.org> scroll down, click “Giving” and then click **St. Anthony – Lake Nebagamon**, then fill out the form for our parish.



Jane Dolter, Kathy Mock, Loretta Severson, Tristan Gunnel, Fr. Jim Tobolski. and Christopher Swenson

## WEEKLY MEDITATION

Here are some of the powerful themes that surface in the Mass Readings for the 1<sup>st</sup> Sunday of Lent.

### 1<sup>st</sup> Reading – Genesis 2:7-9, 3:1-7

- God breathes life into the man who is formed from the clay.
- In the garden in Eden, God plants many trees, including the tree of the knowledge of good and evil.
- The serpent tempts Eve to eat the forbidden fruit, and she and Adam eat it.

### Psalm – 51:3-6, 12-13, 17

- “Be merciful, O Lord, for we have sinned.”
- Acknowledging our sins, we call upon the Lord for mercy and ask for a clean heart and a steadfast spirit.

### 2<sup>nd</sup> Reading – Romans 5:12-19

- Through the transgression of one man (Adam) condemnation came upon all, so, through one righteous act (Jesus) acquittal and life came to all.
- Through the disobedience of the one man (Adam) the many were made sinners, so, through the obedience of the one (Jesus), the many will be made righteous.

### Gospel – Matthew 4:1-11

- Jesus is led by the Spirit into the desert, where he fasts for forty days and nights and is then tempted by the devil.
- The first temptation: command stones to become bread. Jesus rejects this, citing Deuteronomy 8:3.
- The second temptation: jump off the parapet of the temple. Jesus rejects this, citing Deuteronomy 6:16.
- The third temptation: worship Satan and receive the kingdoms of the world. Jesus rejects this, citing Deuteronomy 6:13.

Fr. Andrew

### READINGS FOR THE WEEK OF FEBRUARY 22, 2026

**Sunday:** Gn 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17/  
Rom 5:12-19 or 5:12, 17-19/Mt 4:1-11

**Monday:** Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/  
Mt 25:31-46

**Tuesday:** Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/  
Mt 6:7-15

**Wednesday:** Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/  
Lk 11:29-32

**Thursday:** Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8/  
Mt 7:7-12

**Friday:** Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/  
Mt 5:20-26

**Saturday:** Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48

**Next Sunday:** Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22/2 Tm 1:8b-  
10/Mt 17:1-9

**Question for Children:** What do you plan to do during Lent this year as a way of showing you want to grow closer to Jesus?

**Question for Youth:** Jesus was tempted by the devil. How are you tempted? What helps you resist these temptations?

**Question for Adults:** When you yourself pause to be alone with God, what distracts and prevents you from dwelling in that? Busyness? The demands of life? TV? The internet?

## CATHEDRAL SCHOOL NEWS

### IMPORTANT DATES:

- March 6<sup>th</sup> - MS Retreat
- March 6<sup>th</sup> – Reconciliation @ 1:00pm
- March 24<sup>th</sup> - Christ Mass @ 12:00

**Cathedral School Registration.** Cathedral School Registration for the 2026-2027 School Year is available for Preschool through 8<sup>th</sup> grade. Cathedral School continues its tradition of 3-year-old and 4-year-old Preschool. Preschool classes are 5 days a week with half-day or full day options available. Before and after school care is available for Preschool through 8<sup>th</sup> grade for our students through our Extended Care program. For more information, please contact us at 715-392-2976.

## ST. VINCENT DE PAUL SOCIETY

### WORKS OF MERCY



The works of mercy are charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities. Instructing, advising, consoling, comforting are spiritual works of mercy.... The corporal works of mercy consist especially in feeding the hungry, sheltering the homeless, clothing the naked, visiting the sick and imprisoned, and burying the dead. Among all these, giving alms to the poor is one of the chief witnesses to fraternal charity: it is also a work of justice pleasing to God. - Catechism of the Catholic Church.

Consider works of mercy this Lent.

Our next meeting is in Kress Hall at 6pm on Tuesday, February 24<sup>th</sup>. Join us!

Voicemail: 715-398-4039

Mailing Address: SVDP P.O. Box 98 Superior, WI 54880

## KofC 40 CANS FOR LENT



Starting on Ash Wednesday, Council 499 of the Knights of Columbus is again helping the St. Vincent de Paul and the Rural Care and Share food shelves with this year's 40 Cans for Lent. Can you help us? As much as you are able,

please consider 40 cans (or boxes or packages) for Lent. Their needs are very great this year. Boxes are at the entrances of each church.

## CLUSTER NEWS

### MASSES AT ST. MARY'S HOSPITAL SUPERIOR

Masses are celebrated at St. Mary's Hospital, Superior, on Wednesdays at 11:15 a.m.

### EUCCHARISTIC ADORATION IN OUR CLUSTER:

**St. Anthony, L.N** – every Thursday from 8 – 9:00 a.m.

**St. Anthony, Superior** – 1<sup>st</sup> Tuesday from 8 – 8:30 a.m.

**Cathedral** – every Thursday from 1 – 3 p.m.

**Holy Assumption** – 1<sup>st</sup> Friday from 7:30 – 8:00 a.m.

**St. William** – 1<sup>st</sup> Saturday from 5:30 – 6 p.m.



### CATHOLIC MEN'S GROUP

Catholic Men's Group will meet on Monday's at 7:00 p.m. once a month in Kress Hall. Men of all ages are invited for Catholic fellowship and discussion.

### Catholic Men's Group 2025-2026: Into the Breach

Feb. 23<sup>rd</sup> – Bill Kovaleski presents on Suffering

Mar. 30<sup>th</sup> – Brad Montgomery presents on Masculinity

Apr. 27<sup>th</sup> – Tom Tracy presents on Prayer

### The Cathedral Book Club 2025-2026

We meet in the Cathedral Parish Office at 6:30 pm. All are welcome to join us.

March 11<sup>th</sup> - Hope: The Autobiography by Pope Francis

May 6<sup>th</sup> - Golden Doves by Martha Hall Kelly

### Upcoming Event at St. Anthony – Superior

St. Anthony Church, 4315 E. 3<sup>rd</sup>. St. in Superior, will be serving our Annual Lenten Fish Dinner each Friday during Lent starting February 20<sup>th</sup> and continuing through April 3<sup>rd</sup> from 4:00 – 6:30 p.m. The dinner will be dine-in or take-out.

Meal includes: Fried or Baked Fish, Mashed or Baked Potato, Coleslaw, Vegetable, Pickled Beets, Roll, and Dessert (Beverage for dine-in). Adults – \$15.00, Students (12 and under) – \$7.00 and Preschool – Free.

We are handicapped accessible. Local deliveries will be available by calling **715-398-3261** Monday through Thursday each week. If there is no answer, please leave a message including name, address and phone number.

### PRAYER GROUP MEETING

Monday, March 2, 2026

**6:00 PM** Cathedral – Kress Hall

All are welcome!

Any questions please call Anna Marie ~ 715-392-1673

### LENTEN HOLY HOUR with Fr. Andrew Ricci

Join us on Thursdays during Lent for our Spiritual Bootcamp Series, designed to strengthen your faith through intentional planning, spiritual training, and faithful action. Each evening begins at 5:00 pm with Stations of the Cross, followed by the Lenten Bootcamp session. After Bootcamp, enjoy a soup supper sponsored by Knights of Columbus #16691, served downstairs in Kress Hall. Come grow, reflect, and journey together this Lent.

### SDCCW Mary Jane Morancyk Hennessy Scholarships

The Superior Diocesan Council of Catholic Women will award four (4) \$1000 scholarships to women **completing their second year of post high school education or continuing their education** for career advancement or returning to the work field.

Applications may be obtained by contacting the SDCCW Scholarship Committee, Mary Werner, W5490 County Road O, Medford WI 54451 – Telephone 715-748-4709, email [werner@tds.net](mailto:werner@tds.net).

Applications are available from the SDCCW website:

<https://sdccw-wisconsin.weebly.com>

**The Committee will notify the winners by phone or email. Applications will be accepted starting February 1<sup>st</sup> and all materials need to be available for the scholarship committee by May 15<sup>th</sup>.**

### Knights of Columbus Council 499 Scholarship Opportunity

The Albert Cardinal Meyer Council #499 of the Knights of Columbus is now accepting applications for its annual scholarship program.

Eligible applicants must be practical Catholics in good standing with the Church. Preference may be given to students from St. Francis Xavier Catholic Church, St. Anthony Catholic Church–Superior, or St. Anthony Catholic Church–Lake Nebagamon.

Applicants should include a letter of recommendation, a list of church involvement, a personal details form, a letter outlining career goals, and proof of enrollment at a college, university, technical school, or apprenticeship program.

Application Deadline: April 30, 2026, at 11:59 PM CST

Scholarship awards announced by June 30, 2026

For more information or to request an application, contact:  
Kenneth Petersen (507) 350-9660.

Applications are available at Superior High School and Northwestern High School.

**ST. WILLIAM'S FAMILY BINGO**

**Tuesday, March 3<sup>rd</sup>**

Concessions will be available at 5:30 pm

Bingo starts at 6:30 pm

Come for a fun evening of Bingo, Food and Prizes.

\$200 in prizes to be given away and a 50/50 raffle.

Bring your family and friends. Bingo is free.

**Formed QR**



**Hallow QR**



**LAKE NEBAGAMON**

**Daily Mass Time Change:**

Starting on Thursday, January 8<sup>th</sup> Mass will begin at 9 a.m.

Adoration will be from 8 a.m. till 9 a.m.

Confessions will be heard from 8:30 till 9 a.m.

**Thursday Morning Bible Study and Rosary.** All are welcome to join in discussion on the upcoming Sunday readings. The group meets every Thursday at 9:30 to pray the Rosary and 10 a.m. for Bible study in the Angel Room at St. Anthony, Lake Nebagamon! See Tammy B. for more Information.

**FIRST SUNDAY OF LENT**



*Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." At this, Jesus said to him, "Get away, Satan!"*

— Mt 4:8-10a

Excerpts from the Lectionary for Mass ©2001, 1998, 1979 CCD.



**PLEASE VISIT OUR SUPERIOR CLUSTER WEBSITE AT:**  
<https://superiorcatholics.org>

# Cenacle Prayer Group

Would you like to be part of a faith sharing small group? Are you looking for a weekly opportunity to pray and reflect on how God is working in your life, but in a way that respects your time and is both focused and positive? Our cluster is looking for people who want to grow together in faith through a Cenacle prayer group.

**Cenacle – a faith sharing small group (it refers to the “Upper Room” where the disciples met.)**

## Cenacle Key Points

The group is ideally composed of 4-7 people.

Each week, a different person in the group leads the Cenacle.

The group meets weekly (with rare exceptions based on holidays and life situations).

The Cenacle lasts between 30-60 minutes; it never goes beyond an hour.

The group can meet in person or digitally

- If in person, do it at a regular time that suits everyone (after Mass, over coffee, at home, etc.)
- If online, use what works for your group (FaceTime, Google Meet, a Zoom call, etc.)

## Cenacle Format – THIS IS WHAT YOU ACTUALLY DO

- Opening Prayer (1-2 minutes)
  - Led by whoever is leading the meeting that week; when in doubt, use the Our Father!
- Check in with each other (10-15 minutes)
  - Each person takes 2-4 minutes (never more than 5!) to share events from the past week
- Reflection (15-30 minutes)
  - Sunday Gospel Reading
    - The Gospel is read out loud
    - People share something (a word/phrase/image) that touched them from the reading
- Goals for the coming week (10-15 minutes)
  - Each person takes 2-3 minutes to share their goals and objectives for the coming week.
- Closing Prayer
  - Each person names any specific prayer intentions that they have.
  - The Leader offers a concluding prayer; if you're not sure what prayer to use, say the Hail Mary!

## Hallmarks of a healthy Cenacle

- Positivity – the focus is always on personal growth when sharing struggles; “venting” is to be avoided.
- Vulnerability – requires participants to be real in their joys and burdens.
- Leadership – group is accountable: gossip, toxic behaviors, being present, not monopolizing time, etc.
- Investment – participants make the Cenacle a priority and are thoughtfully present and prepared.

## Who can join?

- Anyone! What's required is someone who wants to make a weekly commitment to grow in faith.
- In fact, if you connect each week on a Zoom call, you can be anywhere in the world!
  - Note: the big thing is that people make this a priority in their lives.
  - Once a week, they come together to pray, reflect, and support each other.
  - It's not complicated, but over time we find ourselves growing closer to God and each other.

## Choose a Group Leader and connect with Fr. Andrew to begin

- The Leader keeps the group organized and communicates with Fr. Andrew.
- This person emails Fr. Andrew at [fatherandrew97@gmail.com](mailto:fatherandrew97@gmail.com) to let him know the group has formed.



**Albert Cardinal Meyer Council 499  
Superior WI  
Knights of Columbus**

**40 Cans for Lent 2026**

The Knights of Columbus are again promoting 40 Cans for Lent at the two St Anthony Churches. The idea is for each family to donate one canned good for each day of Lent from Ash Wednesday thru Good Friday. Donations received at Superior will go to St Vincent de Paul. Donation at Lake Nebagamon will go to the Rural care and Share Food shelf. Please make this part of your Easter preparation. Note: the list is a little different than last years.

***Please do not purchase or donate items in glass jars, as they could break and cause a big mess. Plastic jars (such as plastic peanut butter jars) are fine. Please do not provide fresh foods (such as bread and fresh vegetables and fruits) and items requiring refrigeration, and please do not donate expired or opened items. PLEASE: The Food Shelf DOES NOT NEED plain canned beans (like lima beans, pinto beans, garbanzo beans, etc.). Thank you!***

Donations can be brought to both St. Anthony churches on Sundays We will be collecting between now and Holy Week. **THANK YOU FOR YOUR GENEROUS DONATION! VIVAT JESUS!**

**Breakfast Foods**

- 🏆 Cereal
- 🏆 Pancake Mix and syrup

**Fruit and Vegetables**

- 🏆 Canned fruit
- 🏆 Canned Vegetables

**Beverages**

- 🏆 Coffee
- 🏆 Hot Cocoa Packages
- 🏆 Powdered milk
- 🏆 Shelf stable milk

**Ready-to-Eat Foods**

- 🏆 Cheese and Crackers
- 🏆 Crackers (all kinds)
- 🏆 Healthy Bars (such as granola or cereal bars)
- 🏆 Jell-O or pudding cups

**Miscellaneous**

- 🏆 Easy Snacks for kids

**Easy Meals in a Box or a Can and Protein**

- 🏆 Baked Beans (like Bush's, etc.)
- 🏆 Beef Ravioli
- 🏆 Beef stew
- 🏆 Canned meats (chicken, ham, salmon, Spam, tuna)
- 🏆 Chili (Hormel with pop-top lids)
- 🏆 Chili in a Bag
- 🏆 Ground Beef (canned)
- 🏆 Hearty Soups (not creamed soups) chunky, hearty (such as Progresso, etc.)
- 🏆 Peanut Butter (and Jelly!)
- 🏆 Spaghetti and meatballs
- 🏆 Spaghetti-O's

**Carbohydrates**

- 🏆 Instant potatoes
- 🏆 Macaroni and Cheese bowls
- 🏆 Ramen Noodles
- 🏆 Scalloped Potatoes
- 🏆 Spaghetti Sauce
- 🏆 Stove Top Stuffing