



ST. ANTHONY – LAKE NEBAGAMON

March 8, 2026
THIRD SUNDAY OF LENT



Mass Intentions

Sunday, March 8, 2026

11:00 a.m. Mass—+Jerry Rieckhoff by Mary Rieckhoff

Thursday, March 12, 2026

9:00 a.m. Mass—Health and Welfare of St. Anthony Parishioners's

Sunday, March 15, 2026

11:00 a.m. Mass—+Sandee Pease by Rosalie Gallagher



Liturgical Ministers

Sunday, March 15, 2026 at 11:00 a.m.

Celebrant—Fr. Anthoni

Sacristan—Janell

Greeters—Chaney's

Reader—Chris J

Eucharistic Ministers—Greg N, Donna L and Greg M

Servers—Olivia and Jay

RECENTLY DECEASED

*May their souls and all the souls
of the faithful departed, rest in peace...*

Patricia Burgraff (11/8/25)

Robert Ronchi (9/12/25)

Ron Markon (8/20/25)

Elsie Schultz (8/10/2025)

Laraine Matushak (3/11/2025)

Mark Laskowski (3/5/25)

Ray Enright (5/22/24)

John Huray (3/30/24)

CATHEDRAL SCHOOL ASSESMENT



2025 – 2026 School Assessment

\$20,575.38

Monthly Payment: \$1,714.62

Balance Due: \$6,858.42

CATHOLIC SERVICES APPEAL



2025 – 2026 CSA

\$17,201.00

\$10,740.00 Pledged

\$6,461.00 Remaining Balance

NEW TO OUR PARISH?



If you would like to register as a member of our parish and receive contribution envelopes and other mailings, please contact the parish office at 715-374-3570 or go to

<https://superiorcatholics.org> click on **Our**

parishes then **Become a Member & Parish Census** and fill out the form for **St. Anthony – Lake Nebagamon**.

MASS ATTENDANCE

3/1/26	80
2/22/26	94
2/15/26	77
2/8/26	92
2/1/26	61
1/25/26	69
1/18/26	90
1/11/26	85

SUNDAY ENVELOPES

March 1, 2026

Regular Envelopes—\$550.00

Loose—\$240.00

Building Fund—\$50.00

Online Giving—\$1,107.14

Total—\$1,947.14

ONLINE GIVING

If you would like to sign up for Online Giving, go to our website <https://superiorcatholics.org> scroll down, click "Giving" and then click **St. Anthony – Lake Nebagamon**, then fill out the form for our parish.



Jane Dolter, Kathy Mock, Loretta Severson, Tristan Gunnel, Fr. Jim Tobolski. and Christopher Swenson

WEEKLY MEDITATION

Here are some of the themes that we find in the Mass readings for the 3rd Sunday of Lent.

1st Reading – Exodus 17:3-7

- In their thirst for water, the people grumble against Moses.
- At the Lord's command, Moses takes his staff and strikes a rock, from which water flows and the people are able to drink.

Psalm – 95:1-2,6-9

- "If today you hear his voice, harden not your hearts."
- Unlike the Israelites who grumbled, we are exhorted to come before the Lord in joyful worship with thanksgiving.

2nd Reading – Romans 5:1-2,5-8

- Having been justified by faith, we have peace with God through our Lord Jesus Christ.
- God proves his love for us in that while we were still sinners Christ died for us.

Gospel – John 4:5-42

- Jesus, sitting at a well in the town of Sychar in Samaria, encounters a woman and converses with her.
- Jesus announces that he is the Christ, and the woman tells others about Jesus...and they come to believe that he is the savior of the world.

Fr. Andrew

Question for Children: How do you experience Jesus helping and loving you?

Question for Youth: Jesus revealed himself to an outcast of society. How can you be "living water" to the outcasts of your school? Society? The world?

Question for Adults: When you are tempted to try to satisfy your "thirst for meaning" through some other means, what keeps you coming back to the living water of intimacy with Christ? Through what means do you experience Christ's power in your life: Sacraments? Scripture? Prayer? Others?

READINGS FOR THE WEEK OF MARCH 8, 2026

Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9/Rom 5:1-2, 5-8/
Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

Monday: 2 Kgs 5:1-15ab/Ps 42:2, 3; 42:3, 4/Lk 4:24-30

Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/
Mt 18:21-35

Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/
Mt 5:17-19

Thursday: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

Friday: Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17/
Mk 12:28-34

Saturday: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14

Next Sunday: 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6/
Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

CATHEDRAL SCHOOL NEWS

NO SCHOOL – March 9th – 13th ~Spring Break

IMPORTANT DATES:

- March 24th - Christ Mass @ 12:00

Cathedral School Registration. Cathedral School Registration for the 2026-2027 School Year is available for Preschool through 8th grade. Cathedral School continues its tradition of 3-year-old and 4-year-old Preschool. Preschool classes are 5 days a week with half-day or full day options available. Before and after school care is available for Preschool through 8th grade for our students through our Extended Care program. For more information, please contact us at 715-392-2976.

ST. VINCENT DE PAUL SOCIETY



EASTER CANDY BASKETS

Would you like to donate some individually wrapped Easter candy?

We will be purchasing hams again this year and delivering them and other food to shelters and homes with children on Good Friday.

Cathedral School middle school students will be putting together customized Easter baskets for the children in these families - with candy and other age-appropriate items.

Candy can be placed in the SVDP bin in the entryway of the Cathedral now until Palm Sunday. 40 Cans for Lent items should be placed outside the bin if items are heavy.

Thank you for your generosity this Lent. Monetary donations can be mailed to: SVDP P.O. Box 98 Superior, WI 54880

Our next meeting is on Tuesday, March 10th at 6pm in Kress Hall at the Cathedral. All are welcome.

Voicemail: 715-398-4039

KofC 40 CANS FOR LENT



Starting on Ash Wednesday, Council 499 of the Knights of Columbus is again helping the St. Vincent de Paul and the Rural Care and Share food shelves with this year's 40 Cans for Lent. Can you help us? As much as you are able, please consider 40 cans (or boxes or packages) for Lent. Their needs are very great this year. Boxes are at the entrances of each church.

CLUSTER NEWS

MASSES AT ST. MARY'S HOSPITAL SUPERIOR

Masses are celebrated at St. Mary's Hospital, Superior, on Wednesdays at 11:15 a.m.

EUCCHARISTIC ADORATION IN OUR CLUSTER:

St. Anthony, L.N – every Thursday from 8 – 9:00 a.m.
St. Anthony, Superior – 1st Tuesday from 8 – 8:30 a.m.
Cathedral – every Thursday from 1 – 3 p.m.
Holy Assumption – 1st Friday from 7:30 – 8:00 a.m.
St. William – 1st Saturday from 5:30 – 6 p.m.



CATHOLIC MEN'S GROUP

Catholic Men's Group will meet on Monday's at 7:00 p.m. once a month in Kress Hall. Men of all ages are invited for Catholic fellowship and discussion.

Catholic Men's Group 2025-2026: Into the Breach

Mar. 30th – Brad Montgomery presents on Masculinity
Apr. 27th – Tom Tracy presents on Prayer

The Cathedral Book Club 2025-2026

We meet in the Cathedral Parish Office at 6:30 pm.
All are welcome to join us.

March 11th - Hope: The Autobiography by Pope Francis
May 6th - Golden Doves by Martha Hall Kelly

Upcoming Event at St. Anthony – Superior

St. Anthony Church, 4315 E. 3rd. St. in Superior, will be serving our Annual Lenten Fish Dinner each Friday during Lent starting February 20th and continuing through April 3rd from 4:00 – 6:30 p.m. The dinner will be dine-in or take-out.

Meal includes: Fried or Baked Fish, Mashed or Baked Potato, Coleslaw, Vegetable, Pickled Beets, Roll, and Dessert (Beverage for dine-in). Adults – \$15.00, Students (12 and under) – \$7.00 and Preschool – Free.

We are handicapped accessible. Local deliveries will be available by calling **715-398-3261** Monday through Thursday each week. If there is no answer, please leave a message including name, address and phone number.

LENTEN HOLY HOUR with Fr. Andrew Ricci

Join us on Thursdays during Lent for our Spiritual Bootcamp Series, designed to strengthen your faith through intentional planning, spiritual training, and faithful action. Each evening begins at 5:00 pm with Stations of the Cross, followed by the Lenten Bootcamp session. After Bootcamp, enjoy a soup supper sponsored by Knights of Columbus #16691, served downstairs in Kress Hall. Come grow, reflect, and journey together this Lent.

PRAYER GROUP MEETING

Monday, March 16, 2026

6:00 PM Cathedral – Kress Hall

All are welcome!

Any questions please call Anna Marie ~ 715-392-1673

CATHOLIC DAUGHTERS

The Catholic Daughters will meet on Monday, March 9, 2026, at Cathedral of Christ the King Church, 1111 Belknap St. at 4:00 pm. This will be a Lenten reflection while praying the Stations of the Cross. A light meal will be served. The elevator will be available.

Anyone interested in becoming a Catholic Daughter is welcome to attend our meetings.

We will be hosting our spring Bethany Brunch for young adult women (ages 18 to 40) on March 21st at St. Joseph in Hayward. This time around we are welcoming the Dominican Sisters of St. Cecilia, also known as the Nashville Dominicans. They are coming to us from Stillwater, MN. Ladies have until March 17th to register at [this link](#).

Women ages 18-40 are invited to a

Bethany
BRUNCH

with the Dominican Sisters of St. Cecilia

March 21, 2026 | St. Joseph, Hayward

- RSVP by March 17 -

Formed QR



Hallow QR



LAKE NEBAGAMON

Daily Mass Time Change:

Starting on Thursday, January 8th Mass will begin at 9 a.m.
Adoration will be from 8 a.m. till 9 a.m.
Confessions will be heard from 8:30 till 9 a.m.

Thursday Morning Bible Study and Rosary. All are welcome to join in discussion on the upcoming Sunday readings. The group meets every Thursday at 9:30 to pray the Rosary and 10 a.m. for Bible study in the Angel Room at St. Anthony, Lake Nebagamon! See Tammy B. for more Information.

March 8TH Evening of Prayer 6:30-8PM

The church will be open for anyone to come and pray, stay for the entire time or drop in for a shorter period. Materials will be available for silent Stations of the Cross and Rosary. There will be a guided reflection at 7PM and silent prayer again after that.

Craft Day March 14th, 11AM-4PM at St Anthony Lake Nebagamon

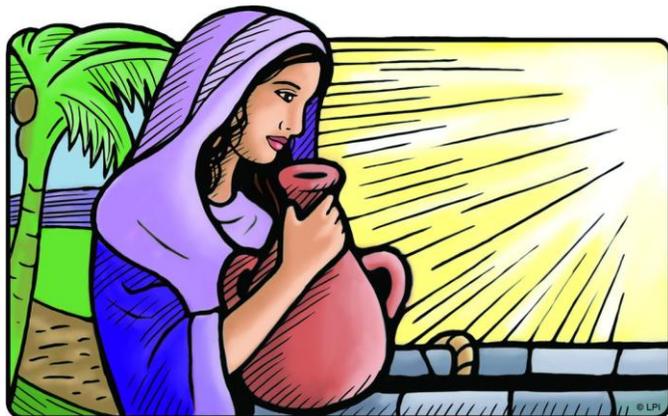
All crafters and want-to-be crafters are invited to a craft day to stitch, sew, draw, etc. Relax and visit with others and/or learn a new activity. Bring whatever project you are working on or start something new, if you need help with a project or are interested in learning, please come someone is almost sure to be able to help, contact Audrey Markon 715-363-2454 for more information. Soup lunch will be served.

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THIRD SUNDAY OF LENT



T*he Samaritan woman said to him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?" Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water."*

— Jn 4:9a, 10

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



PLEASE VISIT OUR SUPERIOR CLUSTER WEBSITE AT:
<https://superiorcatholics.org->



DIOCESE OF SUPERIOR

OFFICE OF THE BISHOP

March 2026

Dear Friends in Christ,

As we journey together through the sacred season of Lent, the Church invites us to prepare our hearts for the joy of Easter and the Resurrection of our Lord Jesus Christ. Lent is a time of prayer, sacrifice, and generosity, and it is inspiring to see how God continues to work through the faithful people of the Diocese of Superior.

On the Fourth Weekend of Lent, March 15, 2026, parishes throughout our Diocese will take up the **World Concern Collection**. Through your generous support and prayers, this collection brings hope and tangible assistance to people in great need around the world, including those suffering from the ongoing war in Ukraine. Your gifts also support special initiatives that ease suffering and promote peace and human dignity.

For many parishes, it will be an **International Priests Collection**. Parishes blessed to be served by one of our more than 25 International Priests should know that 100% of the funds collected in their parish will be sent directly to the priest's home diocese, helping to support the Church and its ministries where resources are often limited.

Parishes without an International Priest have the option to support several worldwide-based initiatives:

- **The Collection to Aid the Catholic Church in Eastern Europe**, recommended by the U.S. Bishops, provides vital humanitarian and pastoral assistance while helping rebuild churches, schools, and seminaries and support faith formation for the laity.
- **The Catholic Relief Services Collection** brings life-saving assistance to some of the poorest communities in the world. As a global leader in disaster response and humanitarian aid, Catholic Relief Services offers help, hope, and compassion when it is needed most.
- **The Church in Latin America Collection** supports pastoral and evangelization efforts in a region facing deep challenges from poverty, injustice, and social instability.
- **The Solidarity Fund for the Church in Africa** strengthens a rapidly growing Church by supporting Catholic schools, vocational training, education, and employment opportunities.
- **The Collection for the Holy Father (Peter's Pence)** allows Pope Leo to respond directly to urgent appeals for assistance around the world.

As we continue our Lenten journey, thank you for your faith, your prayers, and your generosity. Please be assured of my gratitude and my prayers for you and your families.

Gratefully yours in Christ,


Most Rev. James P. Powers
Bishop of Superior



DIOCESE OF SUPERIOR
INVITATION TO THE MASS OF CHRISM

To the Faithful of the Diocese of Superior

As Diocesan Bishop, I cordially invite you
to join me and the entire presbyterate
in the blessing of the Oil of Catechumens,
in the blessing of the Oil of the Sick,
and in the consecration of Chrism
at the celebration of the MASS OF CHRISM
on Tuesday, the 24th day of March, 2026, at 12:00
noon, at Cathedral of Christ the King, Superior,
Wisconsin.

If you cannot be present for this celebration,
I invite you to be with us in prayer as we bless
these Oils and pray for those who will receive them.

A handwritten signature in black ink, which reads "Most Reverend James P. Powers". The signature is written in a cursive style.

Most Reverend James P. Powers
Bishop of Superior

Cenacle Prayer Group

Would you like to be part of a faith sharing small group? Are you looking for a weekly opportunity to pray and reflect on how God is working in your life, but in a way that respects your time and is both focused and positive? Our cluster is looking for people who want to grow together in faith through a Cenacle prayer group.

Cenacle – a faith sharing small group (it refers to the “Upper Room” where the disciples met.)

Cenacle Key Points

The group is ideally composed of 4-7 people.

Each week, a different person in the group leads the Cenacle.

The group meets weekly (with rare exceptions based on holidays and life situations).

The Cenacle lasts between 30-60 minutes; it never goes beyond an hour.

The group can meet in person or digitally

- If in person, do it at a regular time that suits everyone (after Mass, over coffee, at home, etc.)
- If online, use what works for your group (FaceTime, Google Meet, a Zoom call, etc.)

Cenacle Format – THIS IS WHAT YOU ACTUALLY DO

- **Opening Prayer** (1-2 minutes)
 - Led by whoever is leading the meeting that week; when in doubt, use the Our Father!
- **Check in with each other** (10-15 minutes)
 - Each person takes 2-4 minutes (never more than 5!) to share events from the past week
- **Reflection** (15-30 minutes)
 - Sunday Gospel Reading
 - The Gospel is read out loud
 - People share something (a word/phrase/image) that touched them from the reading
- **Goals for the coming week** (10-15 minutes)
 - Each person takes 2-3 minutes to share their goals and objectives for the coming week.
- **Closing Prayer**
 - Each person names any specific prayer intentions that they have.
 - The Leader offers a concluding prayer; if you're not sure what prayer to use, say the Hail Mary!

Hallmarks of a healthy Cenacle

- Positivity – the focus is always on personal growth when sharing struggles; “venting” is to be avoided.
- Vulnerability – requires participants to be real in their joys and burdens.
- Leadership – group is accountable: gossip, toxic behaviors, being present, not monopolizing time, etc.
- Investment – participants make the Cenacle a priority and are thoughtfully present and prepared.

Who can join?

- Anyone! What's required is someone who wants to make a weekly commitment to grow in faith.
- In fact, if you connect each week on a Zoom call, you can be anywhere in the world!
 - Note: the big thing is that people make this a priority in their lives.
 - Once a week, they come together to pray, reflect, and support each other.
 - It's not complicated, but over time we find ourselves growing closer to God and each other.

Choose a Group Leader and connect with Fr. Andrew to begin

- The Leader keeps the group organized and communicates with Fr. Andrew.
- This person emails Fr. Andrew at fatherandrew97@gmail.com to let him know the group has formed.