

MAY 3, 2026 5th SUNDAY OF EASTER

Parish Web Site - www.superiorcatholics.org
 Superior Diocese Web Site - www.catholicdos.org
 In the event of an **Emergency after Business Hours**
 Call Fr. Andrew at 715-392-8511



SERVERS:
 4:00 Adelyn Tyson
 7:30 Tom Tracy
 10:30 Anna, Stella & Tommy Tenerelli

USHERS:
 4:00 Eric Williams (Lead)
 Irene Peterson
 Need 2
 7:30 Bob Ahlborg (Lead)
 Jim Crawford
 Bruce Haraldson
 Daniel Parkinson
 10:30 Walt Tafelski (Lead)
 John Berchild
 Jim Ronchak
 Steve Tanko



DAILY MASS INTENTIONS

TUESDAY, MAY 5, 2026

8:30 A.M. – In memory of the Edge, Kontrim, Ketchum, Pelletier & Pitzen Families-M
 Mary Jo Edge

WEDNESDAY, MAY 6, 2026

8:30 A.M. – Nick Doyle, Jr.-M
 Vickie & Greg Owens

THURSDAY, MAY 7, 2026

8:30 A.M. – Kathy Dusek-M
 David Dusek

FRIDAY, MAY 8, 2026

8:30 A.M. – Greg Carlson-M
 Mom & Dad



GREETERS:

4:00 Anna Marie Olsen
 7:30 Greg Leszczynski & Rose Kidd
 10:30 Larry French & Jeanine Buck



WEEKEND INTENTIONS

SATURDAY, MAY 9, 2026

4:00 P.M. – June Roeben-M
 Joe & Sherry Mackiewicz

SUNDAY, MAY 10, 2026

7:30 A.M. – The Spiritual and Temporal Welfare of
 Cathedral Parishioners

10:30 A.M. – Rosemary & Ray McNamee-M
 Rita LaVenture



STEWARDSHIP OF TREASURE

“The one who has faith in me will do the works I do, and far greater than these,” Jesus tells his disciples. That’s quite an assignment for us as Christian stewards!

	Apr. 25/26	Last Year
Envelopes:	93	104
Collection:	\$3,931.00	\$5,398.00
On-Line Giving (41)	\$2,608.74	\$2,647.00
Loose:	\$ 975.00	\$ 623.00

Thank you for your generosity!



VOCATIONS...*Don't let your hearts be troubled.* The Lord shows the way, just ask him. (John 14:1-12)

Cathedral Church Calendar

Mon. May 4 – 6:00pm – Prayer Group in KH
 Wed. May 6 – 6:30pm – Book Club
 Thurs. May 7 – 1:00-3:00pm – Adoration
 Fri. May 8 – 6:30pm – Life in the Spirit Seminar
 Sat. May 9 – 8:00am – Life in the Spirit Seminar
 Sunday, May 10 – *Mother's Day!*

PRAYER MINISTRY – There are people in the parish willing to share your needs and prayers. Please call Mary Jo **218-341-2606** if you or a loved one is in need.



FROM THE RECTOR'S DESK

VOLUNTEER APPRECIATION MASS AND DINNER WEDNESDAY, MAY 13TH

MASS AT 5:00 P.M. WITH DINNER TO FOLLOW

The dinner is for anyone who volunteers at Cathedral. If you are a Reader, Communion Minister, Altar Server, Usher, Greeter, Cantor, Teacher, Assistant, on any Committee, Funeral Luncheon Worker, Parish Office Volunteer, Gardner, Decorator, or any other volunteer, this is for you! **Please RSVP by Thursday, May 7th by calling the Parish Office - 715-392-8511 or there is a sign-up sheet on the table in the back of the Church.**

GIVE THANKS! GOOD FOOD! GOOD COMPANY

LITURGICAL ROLES for May 9 & 10

READERS:

4:00 Ryan Bayless & Irene Peterson
 7:30 Greg Leszczynski & Jim Paine
 10:30 Sean Tenerelli & Tom Markee



EUCCHARISTIC MINISTERS:

4:00 Tom Unterberger (F) & Jill Unterberger (B)
Cup: Susan Paine, Need 1
 7:30 Susan Collins (F) & Renee Wachter (B)
Cup: Need 2
 10:30 Dcn. Tim Thom (F) & Bonnie Thom (B)
Cup: Sean Tenerelli & Mary Davis



JOB OPENINGS

The Cathedral of Christ the King is looking for a **Coordinator of Religious Education**. The position is part-time and a job description is available in the parish office. Those interested in the position should send a cover letter and completed job application to Fr. Andrew by Monday, May 18th.

The Cathedral of Christ the King is looking for a **Bookkeeper**. The position is part-time and a job description is available in the parish office. Those interested in the position should send a cover letter and completed job application to Fr. Andrew by Monday, May 18th.

WEEKLY MEDITATION

Here are some of the key themes that surface in the readings for the 5th Sunday of Easter.

1st Reading - Acts of the Apostles 6:1-7

- Seven reputable men are appointed to assist with the daily distribution as the Christian community grows.
- Freed from these tasks, the Apostles continue to focus their efforts on prayer and the ministry of the word.

Psalm - 33:1-2,4-5,18-19

- "Lord, let your mercy be on us, as we place our trust in you."
- We rejoice in the kindness and justice of the Lord, who preserves those who fear him.

2nd Reading - 1st Peter 2:4-9

- Christ "the stone that the builders rejected, has become the cornerstone" calls us to become living stones that are built up into God's spiritual house.
- We are chosen by God, called to offer our lives by the one who leads us out of darkness into his wonderful light.

Gospel - John 14:1-12

- Jesus is "the way and the truth and the life" who prepares a place for us in heaven.
- Christ, united to the Father, invites us to believe in him and carry out his work in the world.

Fr. Andrew



Question for Children: What are some ways that you can act like Jesus would if he were in your situation?

Question for Youth: Jesus is "the way, the truth, the life" and he asks us to do as he does. How do you try to follow Jesus' way?

Question for Adults: How are the promises of this Gospel passage made real in your own life? How do you experience yourself doing greater works than even Jesus did?

Readings for the week of May 3, 2026

Sunday:	Acts 6:1-7/Ps 33:1-2, 4-5, 18-19/1 Pt 2:4-9 Jn 14:1-12
Monday:	Acts 14:5-18/ Ps 115:1-2, 3-4, 15-16 Jn 14:21-26
Tuesday:	Acts 14:19-28/ Ps 145:10-11, 12-13ab, 21 Jn 14:27-31a
Wednesday:	Acts 15:1-6/ Ps 122:1-2, 3-4ab, 4cd-5 Jn 15:1-8
Thursday:	Acts 15:7-21/ Ps 96:1-2a, 2b-3, 10 Jn 15:9-11
Friday:	Acts 15:22-31/ Ps 57:8-9, 10 and 12 Jn 15:12-17
Saturday:	Acts 16:1-10/ Ps 100:1b-2,3,5/Jn 15:18-21
Next Sunday:	Acts 8:5-8, 14-17/Ps 66:1-3, 4-5, 6-7, 16 and 20/1 Pt 3:15-18/Jn 14:15-21

CATHEDRAL NEWS



PRAYER GROUP MEETING

Monday, May 4, 2026

6:00 PM Cathedral – Kress Hall

All are welcome!

Any questions please call Anna Marie ~ 715-392-1673

The Cathedral Book Club 2025-2026

We meet in the Cathedral Parish Office at 6:30 pm.
All are welcome to join us.



May 6 - Golden Doves by Martha Hall Kelly

CHICKEN DINNER

YOU ALL DID IT!!

Cathedral's Annual Chicken Dinner is always considered to be a success,
simply because of your continued generosity and participation!

To all of you that showed up to enjoy the dinner and filled the hall with conversation and laughter, THANK YOU!

To all the exceptional volunteers and staff that do what's necessary to ensure that the space is prepared and the event runs as smoothly as possible,
THANK YOU!

To all of you who sponsored the majority of the costs involved and provided the beautiful array of desserts to fill the table with delectable treats,
THANK YOU!

Our apologies go out to those who couldn't get through on the phone line to request delivery.

As fate would have it, that phone line was inoperable on the day of the dinner.

Our gratitude to UPPER LAKES FOODS for their accommodations with the grocery order, including the 50 lbs. of fresh frozen cranberries that were converted into sauce to mitigate changes in the supply chain.

Blessings to all of you who make this event possible.

Respectfully, your Chicken Dinner Committee

SOCIETY OF ST. VINCENT DE PAUL

Society of St. Vincent de Paul

In the Gospel today, Jesus says "...whoever believes in me will do the works that I do, and will do greater ones than these, because I am going to the Father." Would you like to join us in bringing Christ's love and compassion to the poor and help us in our mission to prevent homelessness?

Join us for our Ozanam Orientation - for all members and those interested in membership

St. William Parish

Saturday, May 9th 9am to 4pm

To register for this free day-long instructional meeting (including a delicious lasagna lunch!) please call and leave a message for us to answer any questions and reserve a place for you by Thursday, May 7th. 715-398-4039 (voicemail)

Mailing Address: SVDP PO. Box 98 Superior, WI 54880

CATHEDRAL SCHOOL NEWS



May 5th - 3K & 4K Preschool Preview Night - 4:30-6:00pm

May 6th - Crowning of Mary Mass - 8:30am

May 13th - Sacramental Mass - 8:30am

Enroll Now: Cathedral School 3K & 4K (2026–2027)

Give your child a faith-based foundation at Cathedral School. Registration is now open for our 3K and 4K programs, focusing on **academic, social, and emotional growth**.

Our Programs

- ~ **5 Days a Week:** Choose between **Full-Day** or **Half-Day** sessions.
- ~ **Extended Care:** Before and afterschool programs available for your convenience.
- ~ **Holistic Learning:** A nurturing environment where students thrive in a values-driven community.

Secure your child's spot for the upcoming school year!

Contact us at 715.392.2976

Cathedral School Registration

Cathedral School Registration for the 2026-2027 School Year is available for Preschool through 8th grade. Cathedral School continues its tradition of 3-year-old and 4 year-old Preschool. Preschool classes are 5 days a week with half-day or full day options available. Before and after school care is available for Preschool through 8th grade for our students through our Extended Care program. For more information, please contact us at 715-392-2976.

CLUSTER NEWS

MASSES AT ST. MARY HOSPITAL-SUPERIOR

Masses are celebrated at St. Mary's Hospital, Superior, on Wednesdays at 11:15 A.M.

EUCCHARISTIC ADORATION IN OUR CLUSTER:

Cathedral – every Thursday from 1-3pm
St. Anthony, L.N. – every Thursday from 8-9am
St. William – 1st Saturday from 5:30-6pm
Holy Assumption – 1st Friday from 7:30-8:00am
St. Anthony, Sup. – 1st Tuesday from 8-8:30am



ST. WILLIAM'S FAMILY BINGO

Tuesday, May 5th

Concessions will be available at 5:30 pm
Bingo starts at 6:30 pm

Come for a fun evening of Bingo, Food and Prizes.
\$200 in prizes to be given away and a 50/50 raffle.
Bring your family and friends. Bingo is free.



REAL PRESENCE RADIO SPRING LIVE DRIVE

Join us May 5-7 for Real Presence Radio's spring live drive!
Tune in 7 AM - 7 PM CT to hear real stories from people whose lives have been transformed by Catholic radio.

Tune in on 88.1 FM in Duluth/Superior or listen online at RealPresenceRadio.com.



BABY BOTTLE CAMPAIGN

As was done the last two years, the Catholic Daughters in collaboration with the Superior Area Knights of Columbus are promoting a Baby Bottle Campaign with the proceeds being donated to the Lake Superior Life Care Center. Baby bottles will be distributed at all Masses on Mothers Day weekend and collected at the Masses on Fathers Day weekend. All Superior Cluster parishes and St. Francis Church are participating. Last year's campaign resulted in a total donation of \$8,600 for the Lake Superior Life Care Center.



April was Autism Awareness Month, reminding us that every member of our parish is a valued part of the Body of Christ.

For some children, the sights and sounds of Mass can be overwhelming. What may appear as disruptive behavior is often a response to sensory overload, not a lack of reverence or discipline.

How you can help:

- ~ Practice patience during moments of noise or movement
- ~ Avoid judgment—every family's situation is unique
- ~ Offer encouragement to parents, who deeply appreciate your understanding

By responding with compassion, we help create a welcoming space where all families can encounter Christ. Thank you for being a parish that leads with love.

LOOKING FOR BUD VASES

My cousin works with special education students where she teaches in North Dakota. Throughout the year, she has different lessons and activities that lead up to the students arranging flowers in bud vases and delivering them to area nursing homes. This project is called "Operation Giving Circle".

Bud vases can be brought to church and placed in the marked container.

Thank you for your Support!
Lucy Nielsen – St. William



Life in the Spirit



Invite the Holy Spirit to work more actively in your life.

**Friday, May 8th
6:30 – 9:00 pm**

**Saturday, May 9th
8:00 am – 3:45 pm; (optional 4:00 p.m. Mass)**

Cathedral of Christ the King-Kress Hall

Donation: \$20 payable at the door (covers snacks, lunch and materials)

Speakers: Father Andrew Ricci, Deacon Arthur Gil de Lamadrid, Deacon Kevin Feind, Deacon Timothy Thom, and David Dusek

Topics Include: Salvation history, God's love for us, receiving God's gifts, release of the Spirit, small group discussions, and prayer.

Register by calling the Cathedral Parish Office
715-392-8511.

Space limited to 40. Must sign-up in advance by
Sunday, May 3rd

Cenacle Prayer Group

Would you like to be part of a faith sharing small group? Are you looking for a weekly opportunity to pray and reflect on how God is working in your life, but in a way that respects your time and is both focused and positive? Our cluster is looking for people who want to grow together in faith through a Cenacle prayer group.

Cenacle – a faith sharing small group (it refers to the “Upper Room” where the disciples met.)

Cenacle Key Points

The group is ideally composed of 4-7 people.

Each week, a different person in the group leads the Cenacle.

The group meets weekly (with rare exceptions based on holidays and life situations).

The Cenacle lasts between 30-60 minutes; it never goes beyond an hour.

The group can meet in person or digitally

- If in person, do it at a regular time that suits everyone (after Mass, over coffee, at home, etc.)
- If online, use what works for your group (FaceTime, Google Meet, a Zoom call, etc.)

Cenacle Format – THIS IS WHAT YOU ACTUALLY DO

- Opening Prayer (1-2 minutes)
 - Led by whoever is leading the meeting that week; when in doubt, use the Our Father!
- Check in with each other (10-15 minutes)
 - Each person takes 2-4 minutes (never more than 5!) to share events from the past week
- Reflection (15-30 minutes)
 - Sunday Gospel Reading
 - The Gospel is read out loud
 - People share something (a word/phrase/image) that touched them from the reading
- Goals for the coming week (10-15 minutes)
 - Each person takes 2-3 minutes to share their goals and objectives for the coming week.
- Closing Prayer
 - Each person names any specific prayer intentions that they have.
 - The Leader offers a concluding prayer; if you're not sure what prayer to use, say the Hail Mary!

Hallmarks of a healthy Cenacle

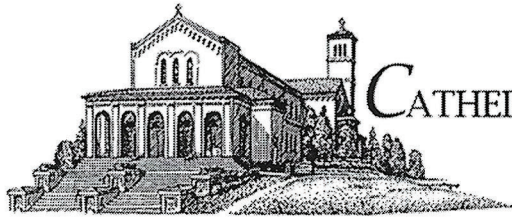
- **Positivity** – the focus is always on personal growth when sharing struggles; “venting” is to be avoided.
- **Vulnerability** – requires participants to be real in their joys and burdens.
- **Leadership** – group is accountable: gossip, toxic behaviors, being present, not monopolizing time, etc.
- **Investment** – participants make the Cenacle a priority and are thoughtfully present and prepared.

Who can join?

- **Anyone!** What's required is someone who wants to make a weekly commitment to grow in faith.
- **In fact, if you connect each week on a Zoom call, you can be anywhere in the world!**
 - Note: the big thing is that people make this a priority in their lives.
 - Once a week, they come together to pray, reflect, and support each other.
 - It's not complicated, but over time we find ourselves growing closer to God and each other.

Choose a Group Leader and connect with Fr. Andrew to begin

- The Leader keeps the group organized and communicates with Fr. Andrew.
- This person emails Fr. Andrew at fatherandrew97@gmail.com to let him know the group has formed.



CATHEDRAL OF CHRIST THE KING

1410 Baxter Avenue, Superior, WI 54880

Office (715) 392-8511 Fax (715) 392-3457

www.superiorcathedral.org

Father Andrew's Summer Challenge!

This is an excerpt from an article published by Eyesafe Nielsen Estimates...

Recent reports from Nielsen suggest that media consumption has increased 60% due to COVID-19 and home confinement during March, 2020. Given already high screen time hours, this increase is significant. Eyesafe analyzed the current Nielsen Audience Report numbers to develop the "Screen Time Report" which excludes Radio, to understand the actual amount of time the population is in front of devices on a daily basis.

Nielsen has found that in previous times of crisis requiring forced time spent home can lead to a 60% increase in media use. Additional surveying from Nielsen has found that working from home results in increased screen time with worker in the office spending more than 21 hours per week, and workers from home spending 25 hours per week, on work devices.

With a 60% increase in TV and Game Console Media use, and 14% increase in Mobile and Work-Related Device Use, Eyesafe estimates U.S. screen time per person 18+ has increased to 13:28 hours per day in March 2020, up from 10:09 hours per day in Q3 2019.

The Eyesafe estimated per day use of screens for March 2020 in the U.S. includes:

- Live TV: **5:31**
- Time-Shifted TV: **:46**
- Game Console: **:20**
- Internet Connected Device: **:43**
- Internet on a Computer: **:36**
- App/Web on a Smartphone: **4:31**
- App/Web on a Tablet: **:59**
- Total Screen Time Per Day: **13:28**

This shift in screen time is resulting in increased high-energy blue light exposure, concerning for children and adults. Further analysis will review this continued trend in screen time consumption globally and exposure to high-energy blue light in our new reality.

Source: <https://eyesafe.com/covid-19-screen-time-spike-to-over-13-hours-per-day/>
Date Verified: March 28, 2021

"We unite our hearts to Jesus Christ through study, prayer, and service."

I look at these statistics and I believe that we can do better!

Now while I admit that there is good programming on television and on the web, I suggest that at times it is difficult to find. **Therefore, I propose a challenge: Take time during the month of May to talk about the role of television, internet, and video games in your house, and consider one of the following for the three great summer months of June, July, and August:**

1. **Cold Turkey.** That's right! Dump the screens and fill your life with 1001 activities that are good for your mind and your body. Unplug the set(s), stop the video games, and shut down the internet wherever possible. Take back your life and CHOOSE for yourself what kind and type of entertainment and recreation is good for you. And if you need "screen time" by all means take it... but only when YOU CHOOSE what and when you watch. If you can't handle this.....

2. **Cut the time.** The average American now watches 38+ hours of television a week (that's 5 hours and 31 minutes a day). Decide for yourselves what you choose to watch and set a goal for each person in the house to watch no more than 10 hours a week (about 1 ½ hours a day). If this is still too much for your electronic addiction then.....

3. **Have a household discussion.** Sit down and discuss what you are watching and come up with a plan. How much TV is too much? What kind of programming is being viewed? How much "surfing" on the web is really useful? What are some alternatives to the mind-numbing effects of the tube? Set limits for yourself.

Talk about the challenge and decide if you would be willing to follow through for 3 months. Some people think that I am crazy to even suggest this, but do we really want our lives completely wrapped around a screen? Do we really want to open our minds and hearts to programming, images, and ideas that are contrary to the Gospel?

This can be an incredible opportunity for all of us to rediscover the beauty and power of summer. In the coming weeks I will suggest different activities and ideas.

Now, if you want to really do your homework and learn more (I warn you it will make you rethink the role of TV/internet in your life!) the web does offer a wealth of information in seconds. If you are looking for some solid sources for information about television and movies there is hope!

Common Sense Media

<https://www.common sense media.org/>

Parents Television and Media Council

<https://www.parentstv.org/>

US Conference of Catholic Bishops
(Catholic News Service)

<https://www.catholicnews.com/movie-reviews/>

REMEMBER: COVID-19 is done, let's dump the screens and personally connect with people we love!

"We unite our hearts to Jesus Christ through study, prayer, and service."

Cathedral School's 16th Annual
Lumen Christi Award Dinner



5:30pm Social Hour

7:00pm Dinner

8:00pm Dessert & Award Presentation

The cost for the event is \$100 per person and all proceeds directly benefit Cathedral School.

If you would like to attend this event, please complete and return the form below marked "Lumen Christi Award Dinner" with your contribution to the school or parish office before May 12th

.....
Please detach and return to Cathedral School Office by Tuesday, May 12th

Name(s) _____ Address _____

_____ Will attend (\$100 per person is enclosed)
_____ Cannot attend, please accept this contribution.



The recipient of the **Lumen Christi Award** this year is **Patricia ‘Pat’ Wildenberg**.

The award is presented to a member of our community who lives the values that our School strives to instill in our students. The award is called “Lumen Christi” which means “the Light of Christ,” and it refers to Christ as the source of truth, faith, knowledge, and character. Pat’s involvement at Cathedral School, her passion for youth ministry and her dedication to the Diocese of Superior are inspiring and make it easy to honor her.

Patricia Wildenberg was born in Appleton, Wisconsin to Bob and Jane Baumann. She grew up on a farm with six siblings in a family that valued faith, hard work, and Catholic education. Her parents believed deeply in the importance of a Catholic education and instilled that same conviction in their children. Pat was especially grateful for the sacrifices her parents made to send all seven of their children through 12 years of Catholic school. It was during her years at St. John Catholic High School in Little Chute that she met her husband, Bill Wildenberg.

Pat and Bill were married in 1973. In 1987, they moved to Superior when the paper mill opened in Duluth. Together they raised their four children in Superior, proudly sending each of them to Cathedral School. Pat quickly became an active volunteer, serving as CHASA president, coordinating the magazine sale, running the hot lunch program one day each week, and leading her daughter’s Girl Scout troop.

When her daughter Julie was in third grade, Pat was volunteering many hours each week when a friend encouraged her to apply for a position with the Diocese of Superior. She began what would become a 25-year career of dedicated service. Pat worked closely with Richard Lyons and Msgr. Philip Heslin, and later served as Administrative Assistant to three bishops: Bishop Fliss, Bishop Christensen, and Bishop Powers.

Pat holds especially fond memories of her involvement with Superior Area Youth Ministry. She helped organize and support Ski Blast, NET retreats, confirmation retreats, NCYC, TEC retreats, and the Diocesan Youth Rally. She also helped coordinate youth trips to World Youth Day in Denver, where participants saw Pope John Paul II, as well as a service trip for flood relief in Grand Forks and a Chicago mission trip through Young Neighbors in Action.

Pat continued her volunteer service at St. Anthony Catholic Church and later at Cathedral of Christ the King. She has generously shared her time as a confirmation teacher, religious education teacher, Development Committee member, lector, Eucharistic minister, tour guide, and by assisting with funeral luncheons.

Through her lifelong dedication to faith, family, and community, Pat has left a lasting impact on Catholic education and youth ministry in the Superior area.

If you have questions about the event, please call the school at 715-392-2976.



Cathedral School

Extraordinary Education - Small School Environment
Endless Possibilities

Impact

Bring faith to life. Find life in faith.

COME, HOLY SPIRIT

Come, Holy Spirit, come! And from your celestial home shed a ray of light divine!

When we pray, "Come, Holy Spirit!" it is not as though the Spirit is not already with us. Rather, asking the Holy Spirit to come is a way of inviting God to give us an increased sense of God's holy presence, to draw close to us, recognizing what we need even if we cannot put our hopes and longing into words. When we ask the Spirit to come, we open ourselves to the Spirit's life and work within and among us, now, in this time and place. If there were ever a moment in which we need to invite the Holy Spirit to come, it is now, in our time and place, as we long for God's mercy, healing, protection, and peace for ourselves and all in our world.

RENEW US

Lord, send out your Spirit, and renew the face of the earth.

Jesus promised his disciples an Advocate, one who would be with us always. In times when we are dismayed and troubled, it is good for us to remember that the Holy Spirit is always with us. In this season, we may echo the words of the psalmist who cried out, "Lord, send out your Spirit, and renew the face of the earth." Who among us does not need to be renewed at this time? As temples of the Holy Spirit, we must be ready to invite the Spirit to renew us in mind, heart, spirit, and faith, to be built into a spiritual house that witnesses and shares this new life of Christ with others.



INSPIRE US

May the God of our Lord Jesus Christ, the Father of glory, give you a Spirit of wisdom and revelation.

To be inspired is to have the breath of God flowing through us. Through the Holy Spirit, God is revealed, and God's life, love, and wisdom is poured into our minds and hearts, giving us ideas, creativity, and the insight that is needed at this very moment in time.

FILL US WITH THE FIRE OF YOUR LOVE

Fill the hearts of your faithful and kindle in them the fire of your love.

The Holy Spirit is at once gentle and powerful, ready to instill in us the courage we need when we are called to act in Christ's name, and at the same time giving us peace when we are troubled. We may often think of the Holy Spirit as the quiet, inner presence of God within us, and so the Spirit is. Yet, ancient Celtic people saw the Holy Spirit not only as a calm dove, but as a wild goose, unpredictable and untamable. The Pentecost narrative speaks of a driving wind and tongues of fire that descended as those who were gathered were filled with the Holy Spirit. Wild, untamable, strong, fire. Perhaps we sometimes minimize these qualities of the Holy Spirit, uncertain if we are ready for an outpouring of *that* Spirit upon us! And yet this powerful presence of the Lord may be just what our world needs. The Spirit of the Lord is always with us, the quiet, subtle Spirit and the strong and powerful Spirit. Let us this day invite the Holy Spirit to come, renew, and inspire us. Come, Holy Spirit, fill the hearts of your faithful and kindle in us the fire of your love!

Impact this month

This month, ask the Holy Spirit to guide your heart and life in God's love. Invite the Spirit of the Lord to renew you in spirit and strengthen you to be all God desires. Use the prayer below from St. Augustine if you find it helpful.

Breathe into me, Holy Spirit, that my thoughts may all be holy. Move in me, Holy Spirit, that my work, too, may be holy. Attract my heart, Holy Spirit, that I may love only what is holy. Strengthen me, Holy Spirit, that I may defend all that is holy. Protect me, Holy Spirit, that I may always be holy.

Each of us has only so many hours in a day, and we do not know when our last day on earth will be. We make many choices in the course of our days and weeks, months and years. How will we use our time? What needs our attention? Who needs our presence and care? We may build something that matters, or waste the opportunities we have in favor of passing things. **Through our decisions and actions, we build a life, the total sum of all that we are and do.**

Jesus shows us that there is more to life than the focus on ourselves and those closest to us that often consumes our time and attention. That life that you're building? Make it about more than your narrow concerns. Let yourself build something that has much greater impact. In the second reading for May 3, St. Peter says, "like living stones, let yourselves be built into a spiritual house to be a holy

priesthood to offer spiritual sacrifices acceptable to God through Jesus Christ." (1 Pet 2: 4-5)



What we build and how we build it is an expression of what is most important to us. When we turn to Christ, the living stone, our priorities change. In faith, we grow in a desire to give for the sake of

others, to sacrifice beyond what we think we can, trusting that God will take our offering and build something wonderful. In the words of Blessed Theresa Gerhardinger, God's cause becomes the only concern of our hearts. Christ calls us to build up the reign of God through our actions and interactions, in what we say and what we do. We may choose to give our time and resources to help others build a better life. We may contribute to parish ministries and Church initiatives to serve the poor, promote peace and advocate for justice.

If we pour ourselves out, our hearts will be filled. If we resolve to build the reign of God, the reign of selfishness, material wealth, and need for security dissolve into the promise of a brighter tomorrow. **We have but one life in which to make a difference. Build something for lasting impact.**

AWAKE. AWARE. ALERT.

Even in the most troubling of times, there is much to be grateful for.

Benedictine Brother David Steindl-Rast points to the importance of gratitude even in (or especially in) the most difficult of times. He offers three steps for practicing gratitude that seem especially appropriate today.

Step One: Wake Up: What surprises you, what helps you to not take life and goodness for granted? "Surprise may provide a jolt, enough to wake us up and to stop taking everything for granted. But we may not at all like that surprise. 'How can I be grateful for something like

this?' we may howl in the midst of a sudden calamity. And why? Because we are not aware of the real gift in this given situation: opportunity."

Step Two: Be Aware of Opportunities: As we wake up to the many blessings in our lives, we realize that these gifts offer us opportunities to find God's grace in our midst.

Step Three: Respond Alertly: Aware of the gifts we have been given, we must be alert to opportunities to respond by sharing the goodness and grace with others.

"This recipe for grateful living sounds simple - because it is. But simple does not mean easy," writes Brother David. Nurturing a grateful heart requires us to



intentionally be awake to the grace of God in our lives and to be committed to living differently as a result.

How are you awake, aware, and alert to your gifts? How might these gifts give you opportunities to show and to share Christ's life and love?

For more: <https://gratefulness.org/>

Life in the Spirit



Invite the Holy Spirit to work more actively in your life.

Friday, May 8th

6:30 – 9:00 pm

Saturday, May 9th

8:00 am – 3:45 pm; (optional 4:00 p.m. Mass)

Cathedral of Christ the King-Kress Hall

Donation: \$20 payable at the door (covers snacks, lunch and materials)

Speakers: Father Andrew Ricci, Deacon Arthur Gil de Lamadrid, Deacon Kevin Feind, Deacon Timothy Thom, and David Dusek

Topics Include: Salvation history, God's love for us, receiving God's gifts, release of the Spirit, small group discussions, and prayer.

Register by calling the Cathedral Parish Office 715-392-8511.

Space limited to 40. Must sign-up in advance by Sunday, May 3rd



CATHOLIC CAMPUS MINISTRIES

BIBLE STUDY



Abby Landwehr
515.571.0844

Gianna Hopke
ghopke1@uwsuper.edu





Cathedral School

Extraordinary Education - Small School Environment
Endless Possibilities

3k & 4k Preschool Preview Night

Faith Based Preschool Program

Tuesday, May 5, 2026
4:30-6pm

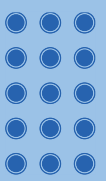
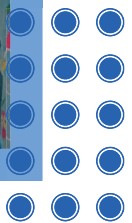


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Step inside our classrooms,
meet our staff, and get
admissions guidance—all in
one visit!

Contact us
at 715.392.2976

Join us today—we can't wait to
welcome you into
our Cathedral family!"





ST ANDREW

Dinner

*An evening of opportunity to
Discern God's call in your life*

Talks, Dinner, Evening Prayer

Open to Young Men:

- **Middle School**
- **High School**
- **College**
- **Young Adults**



and their parents

WEDNESDAY, MAY 20, 2026

5:00 PM – 8:00 PM

ST ANNE PARISH, SOMMERSET WI

***To register:
contact your pastor or
Fr. David Neuschwander***

**dneuschwander@catholicdos.org
651.300.9739**

Superior Catholic Moms

Superior Catholic Mom's Group is a mix of casual gatherings and structured nights of fellowship with other moms.

One Tuesday night per month

7:00PM-8:30PM

Cathedral of Christ the King Catholic Church- Kress Hall

*All Superior Catholic Mom's group events are child free

September: Meet & Greet

-Learn about what Superior Mom's group entails for the year, raffle, door prizes.

October: Wine & Chocolate Night

-Guest Speaker on: Developing a Prayer Life

November: Service Night

-Creating and filling care packages

December: Bunco Night

January: Craft Night

February: Wine & Chocolate Night

-Bring a Friend Night!

-Guest Speaker on: Encountering Christ

March: Mini Lenten Retreat

April: Yearly Wrap up

Event dates will be posted July 2026

Corinne Steele, Coordinator superiorcatholicmoms@gmail.com



Cathedral of Christ the King



Cathedral of Christ the King ([superiorcatholics](#))

CATHEDRAL OF CHRIST THE KING
CATHOLIC CHURCH
1410 BAXTER AVE
SUPERIOR, WI 54880

Catholic Moms Group



WHAT IS A CATHOLIC MOMS GROUP?

A Catholic moms group is where women discover a ministry which offers friendship and support to women as we live out our vocation as mothers from all walks of life. If you are a mom in search of friendship and support, please join us.

WHEN IS MOMS GROUP?

-All Mom Group Events are from 7PM-8:30PM one Tuesday evening per month

WHO CAN ATTEND?

- Moms in the Superior diocese who have a child 5 years old or younger*
- All moms group events are child free*

HOW DO I JOIN?

- Moms in the Superior diocese will be able to join all Mom Group Events*
- Events will be posted in parish bulletin and on social media pages*
- All events are free*



BE PART OF THE MISSION DURING OUR SPRING LIVE DRIVE

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