



ST. ANTHONY – LAKE NEBAGAMON

May 3, 2026
FIFTH SUNDAY OF EASTER



Mass Intentions

Sunday, May 3, 2026

11:00 a.m. Mass— +Harlan Mussman by Greg and Janell Mussman

Thursday, May 7, 2026

9:00 a.m. Mass—+Tom Thoresen by Al & Colleen Klein

Sunday, May 10, 2026

11:00 a.m. Mass—50th Wedding Anniversary of Rick and Susan Matlack by Susan Matlack



Liturgical Ministers

Sunday, May 10, 2026 at 11:00 a.m.

Celebrant—Fr. Anthoni

Sacristan—Cathy K

Greeters—Sue E and Audrey M

Reader—Kacie M

Eucharistic Ministers—Cathy K, Lance R and Greg N

Servers—Jaylee and Axel

RECENTLY DECEASED

*May their souls and all the souls
of the faithful departed, rest in peace...*

Patricia Burgraff (11/8/25)

Robert Ronchi (9/12/25)

Ron Markon (8/20/25)

Elsie Schultz (8/10/2025)

Laraine Matushak (3/11/2025)

Mark Laskowski (3/5/25)

Ray Enright (5/22/24)

John Huray (3/30/24)

CATHEDRAL SCHOOL ASSESMENT



2025 – 2026 School Assessment
\$20,575.38

Monthly Payment: \$1,714.62

Balance Due: \$5,143.80

CATHOLIC SERVICES APPEAL



2025 – 2026 CSA
\$17,201.00

\$12,040.00 Pledged

\$5,161.00 Remaining Balance

NEW TO OUR PARISH?



If you would like to register as a member of our parish and receive contribution envelopes and other mailings, please contact the parish office at 715-374-3570 or go to

<https://superiorcatholics.org> click on **Our parishes** then **Become a Member & Parish Census** and fill out the form for **St. Anthony – Lake Nebagamon**.

MASS ATTENDANCE

4/26/26	85
4/19/26	77
4/12/26	114
4/5/26	131
3/29/26	74
3/22/26	54
3/15/26	40
2/8/26	83

SUNDAY ENVELOPES

April 26, 2026

Regular Envelopes—\$495.00

Loose—\$378.00

Hall Rental—\$22.50

Fellowship—\$30.00

Home Missions—\$475.00

Building Fund—\$20.00

Online Giving—\$1,074.19

Total—\$2,494.69

ONLINE GIVING

If you would like to sign up for Online Giving, go to our website <https://superiorcatholics.org> scroll down, click “Giving” and then click **St. Anthony – Lake Nebagamon**, then fill out the form for our parish.



Please pray for
Jane Dolter, Kathy Mock, Loretta Severson, Tristan Gunnel, Fr. Jim Tobolski. and Christopher Swenson

WEEKLY MEDITATION

Here are some of the key themes that surface in the readings for the 5th Sunday of Easter.

1st Reading – Acts of the Apostles 6:1-7

- Seven reputable men are appointed to assist with the daily distribution as the Christian community grows.
- Freed from these tasks, the Apostles continue to focus their efforts on prayer and the ministry of the word.

Psalm – 33:1-2,4-5,18-19

- “Lord, let your mercy be on us, as we place our trust in you.”
- We rejoice in the kindness and justice of the Lord, who preserves those who fear him.

2nd Reading – 1st Peter 2:4-9

- Christ “the stone that the builders rejected, has become the cornerstone” calls us to become living stones that are built up into God’s spiritual house.
- We are chosen by God, called to offer our lives by the one who leads us out of darkness into his wonderful light.

Gospel – John 14:1-12

- Jesus is “the way and the truth and the life” who prepares a place for us in heaven.
- Christ, united to the Father, invites us to believe in him and carry out his work in the world.

Fr. Andrew

Question for Children: What are some ways that you can act like Jesus would if he were in your situation?

Question for Youth: Jesus is “the way, the truth, the life” and he asks us to do as he does. How do you try to follow Jesus’ way?

Question for Adults: How are the promises of this Gospel passage made real in your own life? How do you experience yourself doing greater works than even Jesus did?

READINGS FOR THE WEEK OF MAY 3, 2026

Sunday: Acts 6:1-7/Ps 33:1-2, 4-5, 18-19/1 Pt 2:4-9/
Jn 14:1-12

Monday: Acts 14:5-18/ Ps 115:1-2, 3-4, 15-16/Jn 14:21-26
Tuesday: Acts 14:19-28/ Ps 145:10-11, 12-13ab, 21/
Jn 14:27-31a

Wednesday: Acts 15:1-6/ Ps 122:1-2, 3-4ab, 4cd-5/Jn 15:1-8

Thursday: Acts 15:7-21/ Ps 96:1-2a, 2b-3, 10/Jn 15:9-11

Friday: Acts 15:22-31/ Ps 57:8-9, 10 and 12/Jn 15:12-17

Saturday: Acts 16:1-10/ Ps 100:1b-2, 3, 5/Jn 15:18-21

Next Sunday: Acts 8:5-8, 14-17/Ps 66:1-3, 4-5, 6-7, 16 and 20/1 Pt 3:15-18/Jn 14:15-21

CATHEDRAL SCHOOL NEWS

May 5th - 3K & 4K Preschool Preview Night - 4:30-6:00pm

May 6th - Crowning of Mary Mass - 8:30am

May 13th - Sacramental Mass - 8:30am

Enroll Now: Cathedral School 3K & 4K (2026–2027)

Give your child a faith-based foundation at Cathedral School. Registration is now open for our 3K and 4K programs, focusing on **academic, social, and emotional growth.**

Our Programs

~ **5 Days a Week:** Choose between **Full-Day** or **Half-Day** sessions.

~ **Extended Care:** Before and afterschool programs available for your convenience.

~ **Holistic Learning:** A nurturing environment where students thrive in a values-driven community.

Secure your child’s spot for the upcoming school year!

Contact us at 715.392.2976

Cathedral School Registration. Cathedral School Registration for the 2026-2027 School Year is available for Preschool through 8th grade. Cathedral School continues its tradition of 3-year-old and 4-year-old Preschool. Preschool classes are 5 days a week with half-day or full day options available. Before and after school care is available for Preschool through 8th grade for our students through our Extended Care program. For more information, please contact us at **715-392-2976.**

ST. VINCENT DE PAUL SOCIETY



In the Gospel today, Jesus says “...whoever believes in me will do the works that I do, and will do greater ones than these, because I am going to the Father.” Would you like to join us in bringing Christ’s love and compassion to the poor and help us in our mission to prevent homelessness?

Join us for our Ozanam Orientation - for all members and those interested in membership

St. William Parish

Saturday, May 9th. 9:00 a.m. to 4:00 p.m.

To register for this free day-long instructional meeting (including a delicious lasagna lunch!) please call and leave a message for us to answer any questions and reserve a place for you by Thursday, May 7th. **715-398-4039** (voicemail)

Mailing Address: SVDP PO. Box 98 Superior, WI 54880

K OF C COUNCIL 499



The Knights of Columbus, Superior Council 499 will hold their monthly meeting at St. Anthony, Superior in the Parish Hall on Tuesday, May 5th, with a Rosary at 6:30 p.m. and a business meeting to follow at 7:00 p.m.

KofC BABY BOTTLE CAMPAIGN



As was done the last two years, the Catholic Daughters in collaboration with the Superior Area Knights of Columbus are promoting a Baby Bottle Campaign with the proceeds being donated to the Lake Superior Life Care Center. Baby bottles will be distributed at all Masses on Mother's Day weekend and collected at the Masses on Father's Day weekend. All Superior Cluster parishes and St. Francis Church are participating. Last year's campaign resulted in a total donation of \$8,600 for the Lake Superior Life Care Center.

CLUSTER NEWS

MASSES AT ST. MARY'S HOSPITAL SUPERIOR

Masses are celebrated at St. Mary's Hospital, Superior, on Wednesdays at 11:15 a.m.

EUCCHARISTIC ADORATION IN OUR CLUSTER:

St. Anthony, L.N – every Thursday from 8 – 9:00 a.m.
St. Anthony, Superior – 1st Tuesday from 8 – 8:30 a.m.
Cathedral – every Thursday from 1 – 3 p.m.
Holy Assumption – 1st Friday from 7:30 – 8:00 a.m.
St. William – 1st Saturday from 5:30 – 6 p.m.



PRAYER GROUP MEETING

Monday, May 4, 2026
6:00 PM Cathedral – Kress Hall
All are welcome!

Any questions please call Anna Marie ~ 715-392-1673

The Cathedral Book Club 2025-2026

We meet in the Cathedral Parish Office at 6:30 pm.
All are welcome to join us.

May 6th - Golden Doves by Martha Hall Kelly

ST. WILLIAM'S FAMILY BINGO

Tuesday, May 5th

Concessions will be available at 5:30 pm
Bingo starts at 6:30 pm
Come for a fun evening of Bingo, Food and Prizes.
\$200 in prizes to be given away and a 50/50 raffle.
Bring your family and friends. Bingo is free.

JOB OPENINGS

The Cathedral of Christ the King is looking for a **Coordinator of Religious Education**. The position is part-time and a job description is available in the parish office. Those interested in the position should send a cover letter and completed job application to Fr. Andrew by Monday, May 18th.

The Cathedral of Christ the King is looking for a **Bookkeeper**. The position is part-time and a job description is available in the parish office. Those interested in the position should send a cover letter and completed job application to Fr. Andrew by Monday, May 18th.

Life in the Spirit



Invite the Holy Spirit to work more actively in your life.

Friday, May 8th
6:30 – 9:00 pm

Saturday, May 9th
8:00 am – 3:45 pm; (optional 4:00 p.m. Mass)

Cathedral of Christ the King-Kress Hall

Donation: \$20 payable at the door (covers snacks, lunch and materials)

Speakers: Father Andrew Ricci, Deacon Arthur Gil de Lamadrid, Deacon Kevin Feind, Deacon Timothy Thom, and David Dusek

Topics Include: Salvation history, God's love for us, receiving God's gifts, release of the Spirit, small group discussions, and prayer.

Register by calling the
Cathedral Parish Office **715-392-8511**.
Space limited to 40. Must sign-up in advance by
Sunday, May 3rd

LOOKING FOR BUD VASES

My cousin works with special education students where she teaches in North Dakota. Throughout the year, she has different lessons and activities that lead up to the students arranging flowers in bud vases and delivering them to area nursing homes. This project is called "Operation Giving Circle".

Bud vases can be brought to church and placed in the marked container.

Thank you for your Support!
Lucy Nielsen – St. William

Formed QR



Hallow QR



COMMUNITY NEWS

REAL PRESENCE RADIO SPRING LIVE DRIVE

Join us May 5th – 7th for Real Presence Radio's Spring live drive! Tune in 7 AM - 7 PM CT to hear real stories from people whose lives have been transformed by Catholic radio.

Tune in on 88.1 FM in Duluth/Superior or listen online at RealPresenceRadio.com.

LAKE NEBAGAMON

Thursday Morning Bible Study and Rosary. All are welcome to join in discussion on the upcoming Sunday readings. The group meets every Thursday at 9:30 to pray the Rosary and 10 a.m. for Bible study in the Angel Room at St. Anthony, Lake Nebagamon! See Tammy B. for more Information.

Mass Intentions. We have openings for Mass Intentions. Mass Intentions are a powerful way to honor the memory of a loved one and to offer prayers. There is a suggested donation of \$20 for each intention. Please contact the parish office to request a Mass Intention.

FIFTH SUNDAY OF EASTER

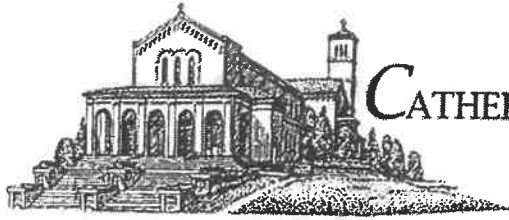


“In my Father’s house there are many dwelling places. If there were not, would I have told you that I am going to prepare a place for you? And if I go and prepare a place for you, I will come back again and take you to myself, so that where I am you also may be.” — Jn 14:2-3

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



PLEASE VISIT OUR SUPERIOR CLUSTER WEBSITE AT:
<https://superiorcatholics.org->



CATHEDRAL OF CHRIST THE KING

1410 Baxter Avenue, Superior, WI 54880

Office (715) 392-8511 Fax (715) 392-3457

www.superiorcathedral.org

Father Andrew's Summer Challenge!

This is an excerpt from an article published by Eyesafe Nielsen Estimates...

Recent reports from Nielsen suggest that media consumption has increased 60% due to COVID-19 and home confinement during March, 2020. Given already high screen time hours, this increase is significant. Eyesafe analyzed the current Nielsen Audience Report numbers to develop the "Screen Time Report" which excludes Radio, to understand the actual amount of time the population is in front of devices on a daily basis.

Nielsen has found that in previous times of crisis requiring forced time spent home can lead to a 60% increase in media use. Additional surveying from Nielsen has found that working from home results in increased screen time with worker in the office spending more than 21 hours per week, and workers from home spending 25 hours per week, on work devices.

With a 60% increase in TV and Game Console Media use, and 14% increase in Mobile and Work-Related Device Use, Eyesafe estimates U.S. screen time per person 18+ has increased to 13:28 hours per day in March 2020, up from 10:09 hours per day in Q3 2019.

The Eyesafe estimated per day use of screens for March 2020 in the U.S. includes:

- Live TV: **5:31**
- Time-Shifted TV: **:46**
- Game Console: **:20**
- Internet Connected Device: **:43**
- Internet on a Computer: **:36**
- App/Web on a Smartphone: **4:31**
- App/Web on a Tablet: **:59**
- Total Screen Time Per Day: **13:28**

This shift in screen time is resulting in increased high-energy blue light exposure, concerning for children and adults. Further analysis will review this continued trend in screen time consumption globally and exposure to high-energy blue light in our new reality.

Source: <https://eyesafe.com/covid-19-screen-time-spike-to-over-13-hours-per-day/>
Date Verified: March 28, 2021

"We unite our hearts to Jesus Christ through study, prayer, and service."

I look at these statistics and I believe that we can do better!

Now while I admit that there is good programming on television and on the web, I suggest that at times it is difficult to find. **Therefore, I propose a challenge: Take time during the month of May to talk about the role of television, internet, and video games in your house, and consider one of the following for the three great summer months of June, July, and August:**

1. **Cold Turkey.** That's right! Dump the screens and fill your life with 1001 activities that are good for your mind and your body. Unplug the set(s), stop the video games, and shut down the internet wherever possible. **Take back your life and CHOOSE for yourself what kind and type of entertainment and recreation is good for you.** And if you need "screen time" by all means take it... but only when YOU CHOOSE what and when you watch. If you can't handle this.....

2. **Cut the time.** The average American now watches 38+ hours of television a week (that's 5 hours and 31 minutes a day). Decide for yourselves what you choose to watch and set a goal for each person in the house to watch no more than 10 hours a week (about 1 ½ hours a day). If this is still too much for your electronic addiction then.....

3. **Have a household discussion.** Sit down and discuss what you are watching and come up with a plan. How much TV is too much? What kind of programming is being viewed? How much "surfing" on the web is really useful? What are some alternatives to the mind-numbing effects of the tube? Set limits for yourself.

Talk about the challenge and decide if you would be willing to follow through for 3 months. Some people think that I am crazy to even suggest this, but do we really want our lives completely wrapped around a screen? Do we really want to open our minds and hearts to programming, images, and ideas that are contrary to the Gospel?

This can be an incredible opportunity for all of us to rediscover the beauty and power of summer. In the coming weeks I will suggest different activities and ideas.

Now, if you want to really do your homework and learn more (I warn you it will make you rethink the role of TV/internet in your life!) the web does offer a wealth of information in seconds. If you are looking for some solid sources for information about television and movies there is hope!

Common Sense Media

<https://www.common sense media.org/>

Parents Television and Media Council

<https://www.parentstv.org/>

US Conference of Catholic Bishops
(Catholic News Service)

<https://www.catholicnews.com/movie-reviews/>

REMEMBER: COVID-19 is done, let's dump the screens and personally connect with people we love!

"We unite our hearts to Jesus Christ through study, prayer, and service."