



ST. ANTHONY – LAKE NEBAGAMON

May 10, 2026
SIXTH SUNDAY OF EASTER



Mass Intentions

Sunday, May 10, 2026

11:00 a.m. Mass—50th Wedding Anniversary of Rick and Susan Matlack by Susan Matlack

Thursday, May 14, 2026

9:00 a.m. Mass—+Pricilla Wilbert by Ken and Cathy Ketola

Sunday, May 17, 2026

11:00 a.m. Mass—+Mary Lu Gallagher by Jay and Rosalie Gallagher



Liturgical Ministers

Sunday, May 17, 2026 at 11:00 a.m.

Celebrant—Fr. Andrew

Sacristan—Rosalie G

Greeters—Paul and Laurie Voigt

Reader—Greg N

Eucharistic Ministers—Chris J, Randy M and Jay G

Servers—Olivia and Marshall

RECENTLY DECEASED

*May their souls and all the souls
of the faithful departed, rest in peace...*

Patricia Burgraff (11/8/25)

Robert Ronchi (9/12/25)

Ron Markon (8/20/25)

Elsie Schultz (8/10/2025)

Laraine Matushak (3/11/2025)

Mark Laskowski (3/5/25)

Ray Enright (5/22/24)

John Huray (3/30/24)

CATHEDRAL SCHOOL ASSESMENT



2025 – 2026 School Assessment

\$20,575.38

Monthly Payment: \$1,714.62

Balance Due: \$1,714.62

CATHOLIC SERVICES APPEAL



2025 – 2026 CSA

\$17,201.00

\$12,040.00 Pledged

\$5,161.00 Remaining Balance

NEW TO OUR PARISH?



If you would like to register as a member of our parish and receive contribution envelopes and other mailings, please contact the parish office at 715-374-3570 or go to

<https://superiorcatholics.org> click on **Our parishes** then **Become a Member & Parish Census** and fill out the form for **St. Anthony – Lake Nebagamon**.

MASS ATTENDANCE

5/3/26	162
4/26/26	85
4/19/26	77
4/12/26	114
4/5/26	131
3/29/26	74
3/22/26	54
3/15/26	40

SUNDAY ENVELOPES

May 3, 2026

Regular Envelopes—\$885.00

Loose—\$460.00

Building Fund—\$90.00

Online Giving—\$486.89

Total—\$1,921.89

ONLINE GIVING

If you would like to sign up for Online Giving, go to our website <https://superiorcatholics.org> scroll down, click “Giving” and then click **St. Anthony – Lake Nebagamon**, then fill out the form for our parish.



Jane Dolter, Kathy Mock, Loretta Severson, Tristan Gunnel, Fr. Jim Tobolski. and Christopher Swenson

WEEKLY MEDITATION

Let's explore some of the themes in the readings for the 6th Sunday of Easter.

1st Reading – Acts of the Apostles 8:5-8,14-17

- Philip continues the ministry of Jesus in Samaria, driving out evil and performing mighty acts of healing.
- The Apostles, hearing about Philip's ministry, send Peter and John to pray over the people that they might receive the Holy Spirit.

Psalm 66:1-7,16,20

- "Let all the earth cry out to God with joy."
- Nature itself gives praise and glory to the tremendous deeds that God has done.

2nd Reading – 1st Peter 3:15-18

- This passage readily applies to our modern world, inspiring us to "be ready to give an explanation to anyone who asks you for a reason for your hope."
- The practical, spiritual advice reminds us to be reverent and gentle, keeping our focus on Christ.

Gospel – John 14:15-21

- Out of love for the Lord, we keep the commandments of Christ.
- Jesus will ask the Father to send us the Advocate – the Spirit of truth – to remain with us.

Fr. Andrew

Question for Children: Jesus promises to be our friend forever. How do friends treat each other?

Question for Youth: Jesus promised us that the Holy Spirit (the Advocate) would remain with us always. When have you experienced the Spirit?

Question for Adults: Which one of the promises in today's Gospel gives you the most hope?

READINGS FOR THE WEEK OF MAY 10, 2026

Sunday: Acts 8:5-8, 14-17/Ps 66:1-3, 4-5, 6-7, 16 and 20/
1 Pt 3:15-18/Jn 14:15-21

Monday: Acts 16:11-15/Ps 149:1b-2, 3-4, 5-6a and 9b/
Jn 15:26-16:4a

Tuesday: Acts 16:22-34/Ps 138: 1-2ab, 2cde-3, 7c-8/Jn 16:5-11

Wednesday: Acts 17:15, 22-18:1/Ps 148: 1-2, 11-12, 13, 14/
Jn 16:12-15

Thursday: Acts 1:15-17, 20-26/Ps 113: 1-2, 3-4, 5-6, 7-8/Jn 15:9-17

Friday: Acts 18:9-18/Ps 47:2-3, 4-5, 6-7/Jn 16:20-23

Saturday: Acts 18:23-28/Ps 47: 2-3, 8-9, 10/Jn 16:23b-28

Next Sunday: Acts 1:1-11/Ps 47: 2-3, 6-7, 8-9/Eph 1:17-23/
Mt 28:16-20

CATHEDRAL SCHOOL NEWS

May 13th - Sacramental Mass - 8:30am

May 21st - Middle School Concert - 5:30pm in the
Gymnasium

May 22nd - Preschool Concert - 10am in the Gymnasium

May 22nd - Elementary Concert - 1:00pm in the
Gymnasium

May 22nd - Lumen Christi Dinner - 5:30pm at UWS

May 25th - No School

May 28th - Middle School Retreat - All day at St. Williams
Church

May 29th - 2nd Grade Poetry Cafe - 1:00pm in Kress Hall

Enroll Now: Cathedral School 3K & 4K (2026-2027)

Give your child a faith-based foundation at Cathedral School. Registration is now open for our 3K and 4K programs, focusing on **academic, social, and emotional growth.**

Our Programs

~ **5 Days a Week:** Choose between **Full-Day** or **Half-Day** sessions.

~ **Extended Care:** Before and afterschool programs available for your convenience.

~ **Holistic Learning:** A nurturing environment where students thrive in a values-driven community.

Secure your child's spot for the upcoming school year!

Contact us at 715.392.2976

Cathedral School Registration. Cathedral School Registration for the 2026-2027 School Year is available for Preschool through 8th grade. Cathedral School continues its tradition of 3-year-old and 4-year-old Preschool. Preschool classes are 5 days a week with half-day or full day options available. Before and after school care is available for Preschool through 8th grade for our students through our Extended Care program. For more information, please contact us at **715-392-2976.**

ST. VINCENT DE PAUL SOCIETY



Feast of St. Louise de Marillac - May 9th (1591-1660)

Along with St. Vincent de Paul, St. Louise de Marillac co-founded the Daughters of Charity (are you old enough to remember the Flying Nun television series?).

They continue to dedicate themselves to service of the poor. St. Louise became a single mother and widow at the age 34 after the death of her husband. She has been proclaimed as the patron saint of all Christian social workers.

“Above all, be very gentle and courteous toward your poor. You know that they are our masters and that we much love them tenderly and respect them deeply. It is not enough for these maxims to be in our minds; we must bear witness to them by our gentle and charitable care.” -St. Louise de Marillac

Voicemail: 715-398-4039

Mailing Address: SVDP P.O. Box 98 Superior, WI 54880

KofC BABY BOTTLE CAMPAIGN



As was done the last two years, the Catholic Daughters in collaboration with the Superior Area Knights of Columbus are promoting a Baby Bottle Campaign with the proceeds being donated to the Lake Superior Life Care Center. Baby bottles will be distributed at all Masses on Mother's Day weekend and collected at the Masses on Father's Day weekend. All Superior Cluster parishes and St. Francis Church are participating. Last year's campaign resulted in a total donation of \$8,600 for the Lake Superior Life Care Center.

CLUSTER NEWS

MASSES AT ST. MARY'S HOSPITAL SUPERIOR

Masses are celebrated at St. Mary's Hospital, Superior, on Wednesdays at 11:15 a.m.

EUCCHARISTIC ADORATION IN OUR CLUSTER:

St. Athony, L.N – every Thursday from 8 – 9:00 a.m.

St. Anthony, Superior – 1st Tuesday from 8 – 8:30 a.m.

Cathedral – every Thursday from 1 – 3 p.m.

Holy Assumption – 1st Friday from 7:30 – 8:00 a.m.

St. William – 1st Saturday from 5:30 – 6 p.m.



JOB OPENINGS

The Cathedral of Christ the King is looking for a **Coordinator of Religious Education**. The position is part-time and a job description is available in the parish office. Those interested in the position should send a cover letter and completed job application to Fr. Andrew by Monday, May 18th.

The Cathedral of Christ the King is looking for a **Bookkeeper**. The position is part-time and a job description is available in the parish office. Those interested in the position should send a cover letter and completed job application to Fr. Andrew by Monday, May 18th.

PRAYER GROUP MEETING

Monday, May 18, 2026

6:00 PM Cathedral – Kress Hall

All are welcome!

LOOKING FOR BUD VASES

My cousin works with special education students where she teaches in North Dakota. Throughout the year, she has different lessons and activities that lead up to the students arranging flowers in bud vases and delivering them to area nursing homes. This project is called “Operation Giving Circle”.

Bud vases can be brought to church and placed in the marked container.

Thank you for your Support!
Lucy Nielsen – St. William

Formed QR



Hallow QR



LAKE NEBAGAMON

Thursday Morning Bible Study and Rosary. All are welcome to join in discussion on the upcoming Sunday readings. The group meets every Thursday at 9:30 to pray the Rosary and 10 a.m. for Bible study in the Angel Room at St. Anthony, Lake Nebagamon! See Tammy B. for more Information.

Mass Intentions. We have openings for Mass Intentions. Mass Intentions are a powerful way to honor the memory of a loved one and to offer prayers. There is a suggested donation of \$20 for each intention. Please contact the parish office to request a Mass Intention.

Craft Day SALN May 16th from 11:00 a.m. to 4:00 p.m. Bring whatever crafts you are working on and your own lunch. Contact Audrey Markon with any questions **715-363-2454**.

SIXTH SUNDAY OF EASTER



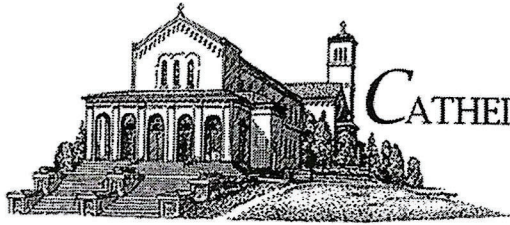
“If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate to be with you always, the Spirit of truth, whom the world cannot accept, because it neither sees nor knows him.

But you know him, because he remains with you, and will be in you.” — Jn 14:15-17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



PLEASE VISIT OUR SUPERIOR CLUSTER WEBSITE AT:
<https://superiorcatholics.org>



CATHEDRAL OF CHRIST THE KING

1410 Baxter Avenue, Superior, WI 54880

Office (715) 392-8511 Fax (715) 392-3457

www.superiorcathedral.org

Father Andrew's Summer Challenge!

Part II - What's the point?

Oh, have I received comments in the last week! And I have gotten "the look" from a number of people, ranging from sheepish grin to skin scorching stare!

Many people have started talking about my challenge, which is ultimately what I hope for from this annual event. The fact is, I want us to THINK about what we watch and when we watch it. Do we stop and choose to view a show, or are we so programmed that we automatically turn on the tube whenever we feel like it?

It is the unthinking, automatic, unfiltered approach that concerns me. Just because something is on doesn't mean that we have to view it. Consider the following:

- Do I turn on the TV for comfort or background noise?
- Do I watch TV because I can't think of anything else relaxing to do?
- Do I watch TV programming that I'm not interested in, only because I'm bored?
- Do I watch TV late into the night, losing sleep and gaining nothing in return?
- Does the content of my TV viewing conflict with my morality, integrity, and beliefs?
- Is TV keeping me from a relationship with: spouse, kids, family, friends, faith, or life?
- Am I constantly checking social media?
- Do I text spontaneously? Can I live without my phone for longer than one hour?
- Do I surf the web mindlessly? Do I find myself online even when it is not necessary?
- Am I using the web as a tool or an escape? Have I lost the ability to entertain myself?

Now, if you are looking for an excellent source for information about television and movies there is hope!

Common Sense Media

<https://www.common sense media.org/>

Parents Television and Media Council

<https://www.parentstv.org/>

US Conference of Catholic Bishops
(Catholic News Service)

<https://www.catholicnews.com/movie-reviews/>

"We unite our hearts to Jesus Christ through study, prayer, and service."

Next week I will offer some ideas for life apart from television. Now, for those who missed last week, here's the challenge:

1. Cold Turkey. That's right! Dump the screens and fill your life with 1001 activities that are good for your mind and your body. Unplug the set(s), stop the video games, and shut down the internet wherever possible. Take back your life and CHOOSE for yourself what kind and type of entertainment and recreation is good for you. And if you need "screen time," rent a movie (or check one out at the library), but only when YOU CHOOSE what and when you watch. If you can't handle this.....

2. Cut the time. The average American now watches 38+ hours of television a week (that's 5 hours and 31 minutes a day). Decide for yourselves what you choose to watch and set a goal for each person in the house to watch no more than 10 hours a week (about 1 ½ hours a day). If this is still too much for your electronic addiction then.....

3. Have a household discussion. Sit down and discuss what you are watching and come up with a plan. How much TV is too much? What kind of programming is being viewed? How much "surfing" on the web is really useful? What are some alternatives to the mind-numbing effects of the tube? Set limits for yourself.

Talk about the challenge and decide if you would be willing to follow through for 3 months. Some people think that I am crazy to even suggest this, but do we really want our lives completely wrapped around a screen? Do we really want to open our minds and hearts to programming, images, and ideas that are contrary to the Gospel?

This can be an incredible opportunity for all of us to rediscover the beauty and power of summer. In the coming weeks I will suggest different activities and ideas.

Another thought for concern: TV & Violence

In a position paper citing research statistics, the American Academy of Family Physicians sites the following:

- The average American youth will witness 200,000 violent acts on television before the age of 18
- Cartoons are now available on demand and frequently have between 20-25 violent acts an hour, about five times the average prime-time program
- 46% of all violence on TV now comes from cartoons
- 91% of all movies on TV contain violence

Taken from: Violence in the Media and Entertainment (Position Paper)
<https://www.aafp.org/about/policies/all/violence-media-entertainment.html>
December 2020

“We unite our hearts to Jesus Christ through study, prayer, and service.”

Cenacle Prayer Group

Would you like to be part of a faith sharing small group? Are you looking for a weekly opportunity to pray and reflect on how God is working in your life, but in a way that respects your time and is both focused and positive? Our cluster is looking for people who want to grow together in faith through a Cenacle prayer group.

Cenacle – a faith sharing small group (it refers to the “Upper Room” where the disciples met.)

Cenacle Key Points

The group is ideally composed of 4-7 people.

Each week, a different person in the group leads the Cenacle.

The group meets weekly (with rare exceptions based on holidays and life situations).

The Cenacle lasts between 30-60 minutes; it never goes beyond an hour.

The group can meet in person or digitally

- If in person, do it at a regular time that suits everyone (after Mass, over coffee, at home, etc.)
- If online, use what works for your group (FaceTime, Google Meet, a Zoom call, etc.)

Cenacle Format – THIS IS WHAT YOU ACTUALLY DO

- Opening Prayer (1-2 minutes)
 - Led by whoever is leading the meeting that week; when in doubt, use the Our Father!
- Check in with each other (10-15 minutes)
 - Each person takes 2-4 minutes (never more than 5!) to share events from the past week
- Reflection (15-30 minutes)
 - Sunday Gospel Reading
 - The Gospel is read out loud
 - People share something (a word/phrase/image) that touched them from the reading
- Goals for the coming week (10-15 minutes)
 - Each person takes 2-3 minutes to share their goals and objectives for the coming week.
- Closing Prayer
 - Each person names any specific prayer intentions that they have.
 - The Leader offers a concluding prayer; if you're not sure what prayer to use, say the Hail Mary!

Hallmarks of a healthy Cenacle

- Positivity – the focus is always on personal growth when sharing struggles; “venting” is to be avoided.
- Vulnerability – requires participants to be real in their joys and burdens.
- Leadership – group is accountable: gossip, toxic behaviors, being present, not monopolizing time, etc.
- Investment – participants make the Cenacle a priority and are thoughtfully present and prepared.

Who can join?

- Anyone! What's required is someone who wants to make a weekly commitment to grow in faith.
- In fact, if you connect each week on a Zoom call, you can be anywhere in the world!
 - Note: the big thing is that people make this a priority in their lives.
 - Once a week, they come together to pray, reflect, and support each other.
 - It's not complicated, but over time we find ourselves growing closer to God and each other.

Choose a Group Leader and connect with Fr. Andrew to begin

- The Leader keeps the group organized and communicates with Fr. Andrew.
- This person emails Fr. Andrew at fatherandrew97@gmail.com to let him know the group has formed.