



# ST. ANTHONY – LAKE NEBAGAMON

June 28, 2026

THIRTEENTH SUNDAY IN ORDINARY TIME



## Mass Intentions

### Sunday, June 28, 2026

11:00 a.m. Mass—Health and Welfare of Frances Noller by Rick and Sue Matlack

### Thursday, July 2, 2026

9:00 a.m. Mass—+Helvie TePoel by Al and Colleen Klein

### Sunday, July 5, 2026

11:00 a.m. Mass—+Milt Maki by Ken and Cathy Ketola



## Liturgical Ministers

### Sunday, July 5, 2026 at 11:00 a.m.

Celebrant— Fr. Andrew

Sacristan—Cathy K

Greeters—Paul and Laurie Voigt

Reader—Peg Brinig

Eucharistic Ministers—Greg N, Lance and Kacie

Servers—Marshall and Jaylee

## RECENTLY DECEASED

*May their souls and all the souls of the faithful departed, rest in peace...*

Marjorie Best (5/29/26)

John (Jack) Mizinski (5/17/26)

Helvie TePoel (11/7/25)

Patricia Burgraff (11/8/25)

Robert Ronchi (9/12/25)

Ron Markon (8/20/25)

Elsie Schultz (8/10/2025)

Laraine Matushak (3/11/2025)

## CATHEDRAL SCHOOL ASSESMENT



2025 – 2026 School Assessment

\$20,575.38

Monthly Payment: \$1,714.62

Balance Due: \$0.00

## CATHOLIC SERVICES APPEAL



2025 – 2026 CSA

\$17,201.00

\$12,340.00 Pledged

\$0.00 Remaining Balance

## NEW TO OUR PARISH?



If you would like to register as a member of our parish and receive contribution envelopes and other mailings, please contact the parish office at 715-374-3570 or go to

<https://superiorcatholics.org> click on **Our**

**parishes** then **Become a Member & Parish Census** and fill out the form for **St. Anthony – Lake Nebagamon**.

## MASS ATTENDANCE

6/21/26 96

6/14/26 89

6/7/26 78

5/31/26 87

5/24/26 82

5/17/26 85

5/10/26 99

5/3/26 162

## SUNDAY ENVELOPES

### June 21, 2026

Regular Envelopes—\$815.00

Loose—\$152.00

Cathedral School—\$45.00

National Concern—\$315.00

Online Giving—\$848.51

**Total—\$2,175.51**

*Thank you for your financial support to our Parish.*

## ONLINE GIVING

If you would like to sign up for Online Giving, go to our website <https://superiorcatholics.org> scroll down, click “Giving” and then click **St. Anthony – Lake Nebagamon**, then fill out the form for our parish.



Jane Dolter, Kathy Mock, Loretta Severson, Tristan Gunnell, Fr. Jim Tobolski. and Christopher Swenson

## WEEKLY MEDITATION

Let's explore some of the main themes in the Mass readings for the 13<sup>th</sup> Sunday of the Year.

### 1<sup>st</sup> Reading – 2nd Kings 4:8-11,14-16a

- Elisha is befriended by a childless couple who make a place for him to stay in their home.
- The prophet foretells that she will be holding her own baby in the following year.

### Psalm – 89:2-3,16-19

- "For ever I will sing the goodness of the Lord."
- The people rejoice and proclaim the blessings that they have received from God.

### 2<sup>nd</sup> Reading – Romans 6:3-4,8-11

- Baptized into Christ Jesus, we have been baptized into his death on the Cross.
- Having died with Christ, we also believe that we will rise with him.

### Gospel – Matthew 10:37-42

- Whoever loves anything in this life more than Jesus, will lose everything.
- Whoever receives a disciple of Jesus, receives Jesus, and will receive a reward from the Lord.

Fr. Andrew

**Question for Children:** How can you live as a follower of Jesus?

**Question for Youth:** What does Jesus demand of his followers?

**Question for Adults:** What does this Gospel teach you about the cost of discipleship and how does it relate to your experience so far?

### READINGS FOR THE WEEK OF JUNE 28, 2026

**Sunday:** 2 Kgs 4:8-11, 14-16a/Ps 89:2-3, 16-17, 18-19/  
Rom 6:3-4, 8-11/Mt 10:37-42

**Monday:** Vigil: Acts 3:1-10/Ps 19:2-3, 4-5/Gal 1:11-20/Jn 21:15-19  
Day: Acts 12:1-11/ Ps 34:2-3, 4-5, 6-7, 8-9/2 Tm 4:6-8, 17-18/  
Mt 16:13-19

**Tuesday:** Am 3:1-8; 4:11-12/Ps 5:4b-6a, 6b-7, 8/Mt 8:23-27

**Wednesday:** Am 5:14-15, 21-24/Ps 50:7, 8-9, 10-11, 12-13, 16bc-17/Mt 8:28-34

**Thursday:** Am 7:10-17/Ps 19:8, 9, 10, 11/Mt 9:1-8

**Friday:** Eph 2:19-22/Ps 117:1bc, 2/Jn 20:24-29

**Saturday:** Am 9:11-15/Ps 85:9ab and 10, 11-12, 13-14/Mt 9:14-17

**Next Sunday:** Zec 9:9-10/Ps 145:1-2, 8-9, 10-11, 13-14/  
Rom 8:9, 11-13/Mt 11:25-30

## CATHEDRAL SCHOOL NEWS

### SCHOOL OFFICE SUMMER HOURS

The summer hours for the school will be Tuesday, Wednesday, and Thursday 10:00am to 1:00pm. Please call (715-392-2976) ahead to make sure someone is in the office.

**Cathedral School Registration.** Cathedral School Registration for the 2026-2027 School Year is available for Preschool through 8<sup>th</sup> grade. Cathedral School continues its tradition of 3-year-old and 4-year-old Preschool. Preschool classes are 5 days a week with half-day or full day options available. Before and after school care is available for Preschool through 8<sup>th</sup> grade for our students through our Extended Care program. For more information, please contact us at 715-392-2976.

## ST. VINCENT DE PAUL SOCIETY



In today's Gospel hear Jesus tell us: "Whoever gives only a cup of cold water to one of these little ones to drink because the little one is a disciple—Amen, I say to you, he will surely not lose his reward."

There are many ways to give - pray for us and those we serve, assist financially or offer your time in service.

If you have questions, or if you or someone you know is in need - leave us a message.

Voicemail: 715-398-4039

Mailing Address: SVDP P.O. Box 98 Superior, WI 54880

## CLUSTER NEWS

### MASSES AT ST. MARY'S HOSPITAL SUPERIOR

Masses are celebrated at St. Mary's Hospital, Superior, on Wednesdays at 11:15 a.m.

### EUCCHARISTIC ADORATION IN OUR CLUSTER:

**St. Athony, L.N** – every Thursday from 8 – 9:00 a.m.

**St. Athony, Superior** – 1<sup>st</sup> Tuesday from 8 – 8:30 a.m.

**Cathedral** – every Thursday from 1 – 3 p.m.

**Holy Assumption** – 1<sup>st</sup> Friday from 7:30 – 8:00 a.m.

**St. William** – 1<sup>st</sup> Saturday from 5:30 – 6 p.m.



### PRAYER GROUP MEETING

Monday, July 6, 2026

6:00 PM Cathedral – Kress Hall

All are welcome!

**EMBER - Young Adults** is a new community for adults ages 21–39 seeking authentic friendships, meaningful connections, and a place to belong. Our mission is to gather young adults in the Superior area and create opportunities to explore faith, community, and life together in a welcoming environment. Whether you're a practicing Catholic, returning to faith, curious about Christianity, or simply looking for wholesome community, you are welcome here. Ember focuses on building genuine relationships first, with faith naturally woven into the experience. Join us for our kickoff event, **Not Your Dad's BBQ**, on July 16<sup>th</sup> at Holy Assumption Catholic Church. Enjoy food, yard games, fellowship, and a relaxed evening with other young adults. Know someone who may enjoy this event? Invite a friend and help us spread the word!

Formed QR



Hallow QR



## LAKE NEBAGAMON

### ST. ANTHONY LAKE NEBAGAMON ANNUAL PORK DINNER

Our **Pork Dinner** is coming up! **August 16<sup>th</sup>** from 12-2pm. So, save the date and mark your calendars.

Since this is our parish's major fund raiser, we need everyone's help with their time, talents, and treasures.

In the next couple of weeks, we will have signup sheets for grocery donations, weber grills and turkey fryers.

We greatly appreciate monetary donations to defray expenses of the dinner. Please forward donations to the Parish Office. If you will be writing a check, please make it out to SALN with a notation "Pork Dinner".

### SALN KITCHEN NEWS

In preparation for the upcoming pork dinner, we have done a large purge of the refrigerators and freezer. Moving forward please make sure to **label items you place in the refrigerator and/or freezer with date, identification, and name**. Otherwise, the "kitchen police" will discard it. As an example, this last weekend we thought we had 2 gallons of chocolate ice cream for hospitality, it ended up being sausage gravy! OOPS!

If you have leftovers from hospitality or events, please take them home and share them with your family and friends. Please check availability of condiments before opening new ones so we can avoid multiple open containers. Thank you for all the blessings you bestow on this parish.

### **Blessed, Beautiful, and Bodacious** **Celebrating the Gift of Catholic Womanhood**

Book study for women only! Bring your girlfriends, your sister, your mother, your (adult) daughter, etc.

Unlock the feminine genius that is within you, as God created women with unique talents that are so very necessary for the Kingdom!

Wednesday evenings at 7PM, St Anthony Lake Nebagamon

July 8<sup>th</sup> Introduction

July 22<sup>th</sup> Part 1

July 29<sup>th</sup> Part 2

Aug 5<sup>th</sup> Part 3

7 books available at church or order your own from your favorite bookseller. Contact Tammy B for more info: 218-590-0757

Author- Pat Gohn

Publisher- Ave Maria Press

**Thursday Morning Bible Study and Rosary.** All are welcome to join in discussion on the upcoming Sunday readings. The group meets every Thursday at 9:30 to pray the Rosary and 10 a.m. for Bible study in the Angel Room at St. Anthony, Lake Nebagamon! See Tammy B. for more Information.

**Mass Intentions.** We have openings for Mass Intentions. Mass Intentions are a powerful way to honor the memory of a loved one and to offer prayers. There is a suggested donation of \$20 for each intention. Please contact the parish office to request a Mass Intention.



Save the Date



THE ANNUAL DIOCESAN WEDDING  
ANNIVERSARY CELEBRATION  
for couples celebrating anniversaries ending in 0 or 5  
Cathedral of Christ the King, Superior  
Saturday, July 18, 2026 | 11:00am  
WEDDING ANNIVERSARY CELEBRATION 2026  
kindly register by July 1st  
Inauertz@catholicdos.org | 715.234.5044

Therefore, what God has  
joined together let  
not man separate.  
- Mark 10:9



**THIRTEENTH SUNDAY IN  
ORDINARY TIME**



*“Whoever gives only a cup of cold water to one of these little ones to drink because the little one is a disciple—amen, I say to you, he will surely not lose his reward.” — Mt 10:42*

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD



**PLEASE VISIT OUR SUPERIOR CLUSTER WEBSITE AT:**  
<https://superiorcatholics.org>



# Cenacle Prayer Group

Would you like to be part of a faith sharing small group? Are you looking for a weekly opportunity to pray and reflect on how God is working in your life, but in a way that respects your time and is both focused and positive? Our cluster is looking for people who want to grow together in faith through a Cenacle prayer group.

**Cenacle – a faith sharing small group (it refers to the “Upper Room” where the disciples met.)**

## Cenacle Key Points

The group is ideally composed of 4-7 people.

Each week, a different person in the group leads the Cenacle.

The group meets weekly (with rare exceptions based on holidays and life situations).

The Cenacle lasts between 30-60 minutes; it never goes beyond an hour.

The group can meet in person or digitally

- If in person, do it at a regular time that suits everyone (after Mass, over coffee, at home, etc.)
- If online, use what works for your group (FaceTime, Google Meet, a Zoom call, etc.)

## Cenacle Format – THIS IS WHAT YOU ACTUALLY DO

- Opening Prayer (1-2 minutes)
  - Led by whoever is leading the meeting that week; when in doubt, use the Our Father!
- Check in with each other (10-15 minutes)
  - Each person takes 2-4 minutes (never more than 5!) to share events from the past week
- Reflection (15-30 minutes)
  - Sunday Gospel Reading
    - The Gospel is read out loud
    - People share something (a word/phrase/image) that touched them from the reading
- Goals for the coming week (10-15 minutes)
  - Each person takes 2-3 minutes to share their goals and objectives for the coming week.
- Closing Prayer
  - Each person names any specific prayer intentions that they have.
  - The Leader offers a concluding prayer; if you're not sure what prayer to use, say the Hail Mary!

## Hallmarks of a healthy Cenacle

- Positivity – the focus is always on personal growth when sharing struggles; “venting” is to be avoided.
- Vulnerability – requires participants to be real in their joys and burdens.
- Leadership – group is accountable: gossip, toxic behaviors, being present, not monopolizing time, etc.
- Investment – participants make the Cenacle a priority and are thoughtfully present and prepared.

## Who can join?

- Anyone! What's required is someone who wants to make a weekly commitment to grow in faith.
- In fact, if you connect each week on a Zoom call, you can be anywhere in the world!
  - Note: the big thing is that people make this a priority in their lives.
  - Once a week, they come together to pray, reflect, and support each other.
  - It's not complicated, but over time we find ourselves growing closer to God and each other.

## Choose a Group Leader and connect with Fr. Andrew to begin

- The Leader keeps the group organized and communicates with Fr. Andrew.
- This person emails Fr. Andrew at [fatherandrew97@gmail.com](mailto:fatherandrew97@gmail.com) to let him know the group has formed.



EMBER PRESENTS

# Not Your Dad's BBQ

Come connect with other 21–39 year olds for a relaxed evening of food, fellowship, yard games, and prayer. Please note that this is a child-free gathering.

JULY | **16** | 2026

**6:00 - 8:00 PM**

**HOLY ASSUMPTION CATHOLIC CHURCH**  
5601 Tower Ave, Superior, WI 54880



Please RSVP  
via Google Form